CHIROPRACTIC REGISTRATION AND HEALTH HISTORY FORM

PATIENT INFORMATION

Patient Name:_____
Date:_____
Social security #:_____
Address:_____
_____
E-mail:_____
Birthdate:_____
( ) Married ( ) Single ( ) Divorced
( ) Widowed ( ) Minor
( ) Partnered for ____ years
Employer/school_____
Employer address_____
_____
Employer phone #_____
Spouse's name:_____
Spouse's employer:_____
Whom may we thank for referring you?_____

INSURANCE INFORMATION

Who is responsible for this account?
_____
SS# of insured _____
Birthdate of insured_____
Relationship to patient _____
Insurance Co. _____
Group #_____ Policy # _____

Assignment and release:

I certify that I, and/or my dependents, have insurance coverage with _____ and assign directly CIMW all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I authorize the use for my signature on all insurance submissions.

The above named doctor may use my health care information and may disclose such information to the above named insurance company and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. This consent will end when my current treatment plan is completed.

X_____
Date:_____

PHONE NUMBERS

Cell _____ Home_____
Best time to reach you_____
Emergency Contact:
Name:_____
Number:_____

ACCIDENT INFORMATION

Is this condition due to an accident?
( ) Yes ( ) No
If yes, please complete personal injury form

PATIENT CONDITION

Reason for visit_____
When did your symptoms appear?_____
Is your condition getting worse over time?_____
Have you seen other doctors for this complaint?_____ Name:_____
Please rate the severity of your pain from 1-10 (10 is the worst pain)_____
Is it constant or does it come and go?_____
How often do you have this pain?_____
Does it interfere with your: ( ) work ( ) sleep ( ) daily routines ( ) recreation
Activities which are painful: ( ) standing ( ) sitting ( ) lying down ( ) walking ( ) bending

HEALTH HISTORY

Date of last: Physical Exam_____ Spinal Exam_____
Spinal X-ray_____ Blood/Urine test_____
MRI/CT/bone scan_____

Mark with an X to indicate if you have/had any of the following. Please also mark any that apply to immediate family, and indicate the relationship to you.

AIDS/HIV ( )	Hepatitis ( )
Alcoholism ( )	Hernia ( )
Allergy Shots ( )	Herniated Disc ( )
Anemia ( )	High Cholesterol ( )
Anorexia ( )	Kidney disease ( )
Appendicitis ( )	Liver disease ( )
Arthritis ( )	Migraines ( )
Asthma ( )	Miscarriage ( )
Bleeding disorders ( )	Multiple Sclerosis ( )
Breast Lump ( )	Osteoporosis ( )
Bronchitis ( )	Pacemaker ( )
Bulimia ( )	Parkinsons ( )
Cancer ( )	Polio ( )
Cataracts ( )	Prostate problems ( )
Chemical dependency ( )	Prosthesis ( )
Diabetes ( )	Psychiatric Care ( )
Emphysema ( )	Stroke ( )
Epilepsy ( )	STD ( )
Fractures ( )	Suicide attempts ( )
Goiter ( )	Thyroid problem ( )
Gout ( )	Tonsillitis ( )
Heart Disease ( )	TB ( )
	Tumors ( )
	Ulcers ( )
	Other ( )

Exercise:	**Work Habits:**	**Other Habits:**
( ) none	( ) sitting	( ) smoking quantity_____
( ) mild	( ) standing	( ) drinking quantity_____
( ) moderate	( ) light labor	( ) coffee/caffeine quantity_____
( ) heavy	( ) heavy labor	( ) stress reason_____

Pregnancy history: # of pregnancies_____ # of live births_____
# of miscarriages_____ vaginal/C-section?_____ are you pregnant now?_____
If yes, due date?_____

Injuries/Surgeries- Please describe major injuries and any surgical procedures performed: _____
_____

MEDICATIONS	***ALLERGIES***	***SUPPLEMENTS***
Please list medications, what they are for, and how long you have been taking them: 1- 2- 3- 4-	_____ _____ _____ _____ _____ _____ _____ _____	Please list supplements you are currently taking, where you purchased them, and the dose (if known): 1- 2- 3- 4-

PATIENT GOALS/EXPECTATIONS

Please tell us what your goals/expectations of your care are-

( ) relief care- primary goal is to relieve your symptoms
( ) corrective care- complete the correction begun in the relief care
( ) stabilization- stabilize structures supporting the spine to prevent future episodes
( ) wellness- promotion of optimal functioning of all bodily systems
( ) other: _____

QUADRUPLE VISUAL ANALOGUE SCALE

INSTRUCTIONS: Please circle the number that best describes the question being asked.
NOTE: If you have more than one complaint, please answer each question for each individual complaint and indicate the score for each complaint. Please indicate your average pain levels and pain at minimum / maximum using the last 3 months as your reference. If you have completed this form before, indicate you average pain level since the last time you completed this form.

1. What is your pain RIGHT NOW?

no pain _____ **worst possible pain**

0 1 2 3 4 5 6 7 8 9 10

2. What is your TYPICAL or AVERAGE pain?

no pain _____ **worst possible pain**

0 1 2 3 4 5 6 7 8 9 10

3. What is your pain level AT ITS BEST (How close to "0" does your pain get at its best)?

no pain _____ **worst possible pain**

0 1 2 3 4 5 6 7 8 9 10

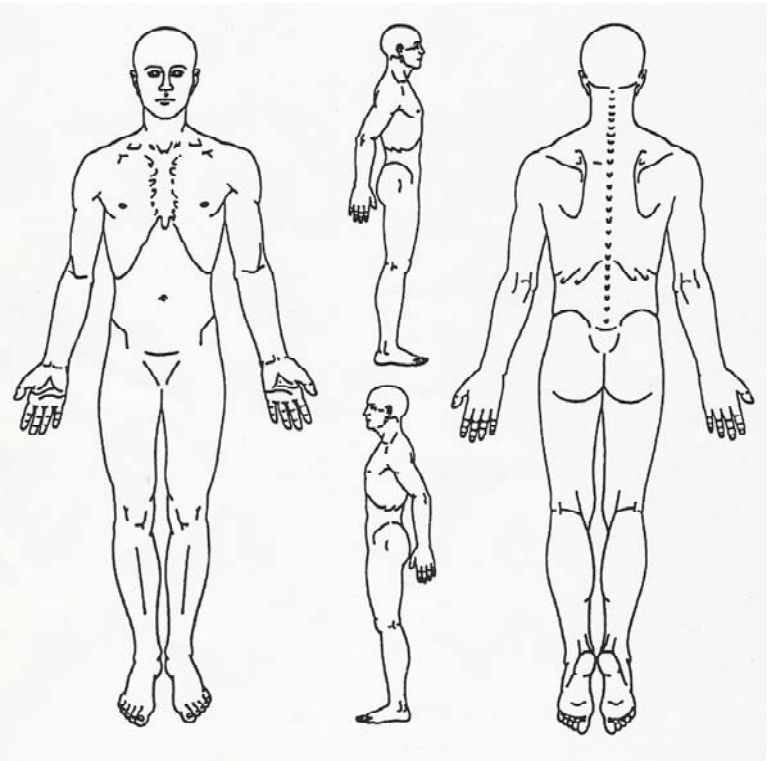
What percentage of your awake hours is your pain at its best? _____%

4. What is your pain level AT ITS WORST (How close to "10" does your pain get at its worst)?

no pain _____ **worst possible pain**

0 1 2 3 4 5 6 7 8 9 10

What percentage of your awake hours is your pain at its worst? _____%



A= Ache
B= Burning
D= Dullness
N= Numbness
P= Pins & Needles
R= Radiation
S= Stabbing

NAME _____ **DATE**_____

BACK BOURNEMOUTH QUESTIONNAIRE

Patient Name _____ Date _____

Instructions: The following scales have been designed to find out about your back pain and how it is affecting you. Please answer ALL the scales, and mark the ONE number on EACH scale that best describes how you feel.

1. Over the past week, on average, how would you rate your back pain?

No pain Worst pain possible

0 1 2 3 4 5 6 7 8 9 10

2. Over the past week, how much has your back pain interfered with your daily activities (housework, washing, dressing, walking, climbing stairs, getting in/out of bed/chair)?

No interference Unable to carry out activity

0 1 2 3 4 5 6 7 8 9 10

3. Over the past week, how much has your back pain interfered with your ability to take part in recreational, social, and family activities?

No interference Unable to carry out activity

0 1 2 3 4 5 6 7 8 9 10

4. Over the past week, how anxious (tense, uptight, irritable, difficulty in concentrating/relaxing) have you been feeling?

Not at all anxious Extremely anxious

0 1 2 3 4 5 6 7 8 9 10

5. Over the past week, how depressed (down-in-the-dumps, sad, in low spirits, pessimistic, unhappy) have you been feeling?

Not at all depressed Extremely depressed

0 1 2 3 4 5 6 7 8 9 10

6. Over the past week, how have you felt your work (both inside and outside the home) has affected (or would affect) your back pain?

Have made it no worse Have made it much worse

0 1 2 3 4 5 6 7 8 9 10

7. Over the past week, how much have you been able to control (reduce/help) your back pain on your own?

Completely control it No control whatsoever

0 1 2 3 4 5 6 7 8 9 10

_____
Examiner

OTHER COMMENTS: _____

With Permission from: Bolton JE, Breen AC: The Bournemouth Questionnaire: A Short-form Comprehensive Outcome Measure. I. Psychometric Properties in Back Pain Patients. *JMPT* 1999; 22 (9): 503-510.

NECK BOURNEMOUTH QUESTIONNAIRE

Patient Name _____ Date _____

Instructions: The following scales have been designed to find out about your neck pain and how it is affecting you. Please answer ALL the scales, and mark the ONE number on EACH scale that best describes how you feel.

1. Over the past week, on average, how would you rate your neck pain?

No pain Worst pain possible

0 1 2 3 4 5 6 7 8 9 10

2. Over the past week, how much has your neck pain interfered with your daily activities (housework, washing, dressing, lifting, reading, driving)?

No interference Unable to carry out activity

0 1 2 3 4 5 6 7 8 9 10

3. Over the past week, how much has your neck pain interfered with your ability to take part in recreational, social, and family activities?

No interference Unable to carry out activity

0 1 2 3 4 5 6 7 8 9 10

4. Over the past week, how anxious (tense, uptight, irritable, difficulty in concentrating/relaxing) have you been feeling?

Not at all anxious Extremely anxious

0 1 2 3 4 5 6 7 8 9 10

5. Over the past week, how depressed (down-in-the-dumps, sad, in low spirits, pessimistic, unhappy) have you been feeling?

Not at all depressed Extremely depressed

0 1 2 3 4 5 6 7 8 9 10

6. Over the past week, how have you felt your work (both inside and outside the home) has affected (or would affect) your neck pain?

Have made it no worse Have made it much worse

0 1 2 3 4 5 6 7 8 9 10

7. Over the past week, how much have you been able to control (reduce/help) your neck pain on your own?

Completely control it No control whatsoever

0 1 2 3 4 5 6 7 8 9 10

_____
Examiner

OTHER COMMENTS: _____

With Permission from: Bolton JE, Humphreys BK: The Bournemouth Questionnaire: A Short-form Comprehensive Outcome Measure. II. Psychometric Properties in Neck Pain Patients. *JMPT* 2002; 25 (3): 141-148.