



4.9 ★★★★★

561 Ratings

## Douglas F. Penate, MD

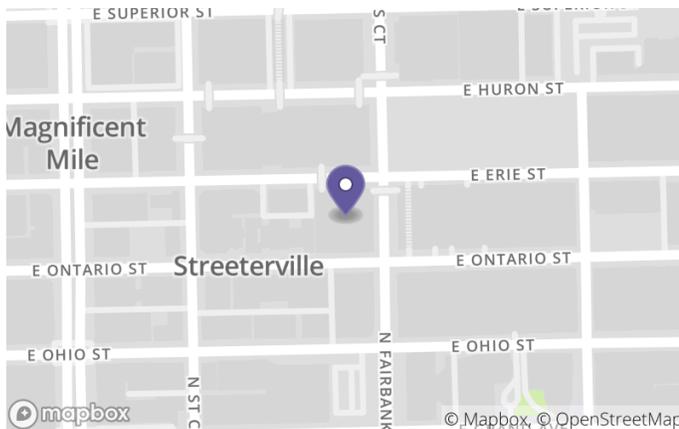
Northwestern Medical Group

Primary Specialty

**Internal Medicine**

● Accepts New Patients

### Location



#### Northwestern Medicine Primary & Specialty Care

259 E Erie St Ste 2300  
Lavin Family Pavilion  
Chicago, IL 60611  
📍 .06 mi

312.926.6000  
f 312.926.6332

### Insurance

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

### Practice Groups and Affiliations

Medical Group

Northwestern Medical Group

Physician Category

Northwestern Medicine Physician Network

On Medical Staff At

Central DuPage Hospital

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## Education

Medical Education	University of Illinois at Chicago College of Medicine - 2011
Residency	Loyola University Medical Center - 2014

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## Board Certifications

American Board of Internal Medicine (Certified)

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## Practice Focus Areas

Adult Medicine	Diabetes
Cholesterol Management	Elder Care
Comprehensive Primary Care	Gay and Lesbian Healthcare
Heart Disease Prevention	
Preventive Medicine	

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## Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

### Care Provider Ratings

#### Overall rating

4.9



561 Ratings

#### Friendly & Courteous

4.9 / 5.0 (435 reviews)

#### Clear Explanations

4.9 / 5.0 (427 reviews)

#### Includes You In Decisions

4.9 / 5.0 (420 reviews)

#### Follow-Up Instructions

4.9 / 5.0 (383 reviews)

#### Time Spent With Patient

4.8 / 5.0 (435 reviews)

#### Will Recommend to Others

4.9 / 5.0 (429 reviews)

#### Shows Concern

4.9 / 5.0 (431 reviews)

#### Explains Medications

4.9 / 5.0 (374 reviews)

#### Easy to Understand

4.9 / 5.0 (432 reviews)

#### Confidence in Doctor

4.9 / 5.0 (434 reviews)

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## Reviews From Patients

121 Reviews

JULY 13 2018

Several years ago I moved to the city and needed a doctor, when I called, he was the first available and

**am thrilled that was the case. He is a fantastic physician. He takes his time, is pleasant and always quick to respond.**

JULY 16 2018

**I really appreciate Dr. Penate's excellent bedside manner and his genuine concern for my health and well-being. What a great doctor! :)**

JULY 16 2018

**Dr Penate was easy to talk to and very knowledgeable.**

JULY 17 2018

**Dr Penate was excellent. He answered all my questions and was very helpful. Will definitely recommend.**

JULY 24 2018

**very satisfied. have already recommended him to friends and family**

JULY 25 2018

**Dr Penate was awesome! He was attentive, informative, and non-judgmental. He provided excellent care and advice, given that I hadn't had a primary care doctor or check-up in over 15 years. He was thorough with his exam and had all my blood work and immunizations completed. He also followed up with notes explaining my results and suggestions for improvement. I am very happy to have found a great primary care physician!**

JULY 28 2018

**Excellent doctor**

JULY 29 2018

**Dr. Penate was very pleasant and engaging. He has a good sense humor and comforting manner. He was clear discussing my high blood pressure and the process about switching from the medicine I take for it to a better one. I did not feel rushed at all; that I had his undivided attention. I was seeking a new primary care physician after having been with the same doctor for 25 years. I was not referred to Dr. Penate. I found Dr. Penate on your web-site. On the web-site, it stated that his areas of care included high blood pressure and LGBTQ individuals. I am gay. By my first impressions, I am very optimistic that he'll be a good doctor for me.**

AUGUST 2 2018

**Dr was excellent. made me feel very comfortable. i am positive his mannerism reduced my whitecoat syndrome.**

AUGUST 13 2018

**Overall Dr. Penate had my first experience with Northwestern Medical Group amazing. His bedside manner is amazing, his interest in my health and educating me on the options I have are very much appreciated. I am glad to have had chosen him to as my PCP.**

AUGUST 17 2018

**I am happy with my chose of my primary care taker. He is fantasticl**

**I am happy with my choice of my primary care doctor. He is fantastic!**

AUGUST 24 2018

**great Doctor**

AUGUST 25 2018

**dr. Penate is an excellent communicator**

AUGUST 26 2018

**Doug Penate is an exceptional doctor**

SEPTEMBER 12 2018

**He is great and I always recommend him**

SEPTEMBER 23 2018

**good**

SEPTEMBER 28 2018

**Dr. Penate takes his time in explaining things to me that is easily understood and very helpful.**

SEPTEMBER 28 2018

**dr. penate: thorough, seemed detail-oriented, educational/informative, was easy to talk to.**

OCTOBER 7 2018

**dr Douglas penate is a very good, personal doctor who not only knows what he is talking about but shows genuine concern and care in my treatment.**

OCTOBER 26 2018

**My visit was for an annual and kudos to the entire staff especially, Dr Penate, who was very thorough and took the time to answer questions, concerns, etc.**

OCTOBER 27 2018

**This was my first visit with Dr. Penate. I could not have been more pleased or impressed with Dr. Penate. He was professional, friendly, and a great communicator on my health issues.**

NOVEMBER 2 2018

**excellent**

NOVEMBER 6 2018

**This was my first visit with Dr. Penate. He was very cordial, spent the time to talk to me, explained things, listened to my long questions and explanations.**

NOVEMBER 11 2018

**Dr Penate was extremely generous with his time since this was our first visit and he had no later appointments. he was very thorough, and his explanations were very helpful. he, in fact provided so much information at one point I had to tell him I was becoming confused and he clarified his responses for me. he was very helpful, friendly and patient.**

NOVEMBER 23 2018

**my first visit to Dr Penate and he was great I will be back next time I need care.**

DECEMBER 2 2018

**first visit to this doctor, was gratified by his care and concern for me as a new patient.**

DECEMBER 10 2018

**Dr. Penate is an amazing practitioner, he listens to my concern and take time in answering my questions.**

DECEMBER 18 2018

**Dr. Penate took a lot of time with me to find out my concerns and address them. He was very approachable. This is was my first visit with Dr. Penate and the best experience I have ever had with a physician.**

DECEMBER 18 2018

**Dr. Penate is very thorough and attentive. He seems genuinely concerned about my health issues.**

DECEMBER 19 2018

**My first time with Dr. Penate; good experience; helpful email followups**

JANUARY 12 2019

**Dr. Penate was extremely personable and professional. I was particularly impressed with how he escorted an elderly patient ahead of my appointment out of his examining room and into the elevator lobby. He showed extraordinary kindness and genuine concern for her well being. Vety rare and reassuring!**

JANUARY 28 2019

**Dr listened and explained.**

JANUARY 29 2019

**this was a first visit with a new PCP. Dr Penate was friendly, engaging, informative and supportive. he will hopefully be my PCP for years to come.**

FEBRUARY 2 2019

**Everything about my visit was great.**

FEBRUARY 5 2019

**Dr. Penate is always extremely generous with his time spent with me. I deeply appreciate this - he is so relatable and provides individual, comprehensive care. I've referred him to a few people.**

FEBRUARY 10 2019

**MY DOCTOR IS THE GREATEST.**

FEBRUARY 11 2019

**very good experience**

FEBRUARY 14 2019

**Overall good experience, but spoke to me like a peer at times, which could come across as slightly unprofessional.**

FEBRUARY 16 2019

**it was my first time meeting dr. penate. I have a lot of confidence he will keep good track of me and make sure I'm well looked after**

FEBRUARY 22 2019

**Dr. Penate went above and beyond in terms of the time and attention that he gave me during our visit. He was great!**

FEBRUARY 25 2019

**New patient after losing my Doctor of >20 years. I was referred to Dr Penate and I have great confidence in him, I wasn't sure I could get that again. I look forward to being his patient for a long time.**

FEBRUARY 26 2019

**Very caring, and took enough time to talk and explain things to me.**

MARCH 3 2019

**Dr. Penate was knowledgeable and efficient. All of my concerns were addressed thoroughly, and everything was explained nicely.**

MARCH 8 2019

**If there was an "excellent" rating I would have given for amount of time spent with me by provider.**

MARCH 17 2019

**This was my first visit to Dr. Penate. He did not rush our appointment. He spent the right amount of time getting to know me and my medical history. He was very well spoken and explained everything very clearly.**

MARCH 18 2019

**Dr. Panate spent 40 min. with me, which is very good in the current environment.**

MARCH 25 2019

**Extremely pleased and satisfied with the help, guidance and support provided by Dr. Penate**

MARCH 25 2019

**Dr. Penate was great, he answered all of my questions and had a confident, considerate approach to handling patient care.**

MARCH 25 2019

**He is down to earth within his field and he took me through all that I was supposed to know about my condition and the medications prescribed for me.**

MARCH 26 2019

MARCH 26 2019

**First time with Dr. Penate and it was a very good experience.**

MARCH 28 2019

**all good**

MARCH 28 2019

**Dr. Penate is outstanding. When my PCP retired, he recommended that I move to Dr. Penate and I remain highly grateful for that advice.**

MARCH 31 2019

**Dr. Penate was very good.**

MAY 1 2019

**This was my first time for a physical with Dr. Penate. I was so pleased with his attention and his knowledge. It is so refreshing to meet an intern that you feel truly is concerned for your well being. I hope he will be with the practice for a long time! I would certainly ( and have already) recommend him to my friends and family.**

MAY 7 2019

**Dr. Penate creates a very positive, welcoming and informed experience. He is great at offering suggestions to improve personal wellness and achieve goals. He is a strong and capable advocate for me.**

MAY 11 2019

**Dr Panate gave me full explanation and I didn't feel the least rushed.**

MAY 11 2019

**Dr. Penate is wonderful! He listens, suggests, and respects me as a person. That sounds simple, but it is refreshing in this day and age. I always leave his office feeling inspired and empowered.**

MAY 15 2019

**I feel that Dr. Penate is a good and dedicated doctor.**

MAY 21 2019

**I always recommend him**

JUNE 1 2019

**Pleased with this doctor. Explained my concerns.**

JUNE 2 2019

**This was my first visit to this office and first exam by Dr. Penate. We got along very well and I intend to make him my primary care physician.**

JUNE 9 2019

**Awesome doctor and person. I would recommend him to all my friends and family!**

JUNE 14 2019

JUNE 14 2019

**Dr. Penate was great. He spent the most time with me than I think any physician ever has. Asked good questions, explained conditions/medications.**

JUNE 15 2019

**Dr Penate is the best doctor I have had in my 69 years. He shows you he cares and makes you feel very comfortable.**

JUNE 16 2019

**Dr. Penate was excellent.**

JUNE 17 2019

**Dr. Penate is very friendly and takes time to explain test results, why they are important, etc. I thought he was very thorough and spent plenty of time with me.**

JUNE 20 2019

**Dr. Penate is amazing, give the man a raise**

JUNE 22 2019

**Dr. Penate took the time and was very informative and concerned. He did not make us feel like he was rushing which he didn't.**

JUNE 30 2019

**Dr. Penate is excellent. Thorough, professional, knowledgeable, competent and kind. He has a great sense of humor and was easy to talk with.**

JULY 1 2019

**I have recommended Doctor Panate to my son as well.**

JULY 1 2019

**Dr. Penate really listens and offers excellent recommendations**

JULY 1 2019

**Dr. Penate is the best physician I've ever worked with.**

JULY 2 2019

**My doctor is very concerned about my health and the medication I am taking. He is very easy to talk to about my problems. He has empathy to his patients. He is not in a hurry to finish his time with me and makes sure all my questions are answered.**

JULY 6 2019

**great doctor**

JULY 6 2019

**Dr. Penate was generous with the amount of time and attention he gave me.**

JULY 11 2019

**His talents as a doctor and a person exceed expectations. What a great guy**

**His talents as a doctor and a person exceed expectations. What a great guy....**

JULY 15 2019

**Dr Penate is amazing and takes the time to listen to any ailments or concerns I may have. I appreciate the wonderful bedside manner and truly am appreciative of his absolutely fantastic care!**

JULY 17 2019

**First visit with Dr. Panate. Very confident in his ability and professionalism. Took time to discuss issues about life style and health. Very informative to ensure that I had an understanding of the effects of life style and its relation to health. Hope to continue to see Dr. Panate for my annual visits.**

JULY 18 2019

**Dr. Penate is the best. I trust him completely and really appreciate his care.**

JULY 23 2019

**Dr Penate always cheerful and to the point.**

JULY 26 2019

**All very good.**

AUGUST 5 2019

**Dr. Penate is an excellent physician.**

SEPTEMBER 8 2019

**I was very impressed with and think Dr. Penate is a very good communicator.**

SEPTEMBER 9 2019

**Dr. Penate was friendly, attentive and informative. He worked to establish a good rapport with me immediately and was easy to talk with. I have confidence in his abilities as a doctor. More doctors should take the time and care to listen to patients and develop relationships like Dr. Penate did.**

SEPTEMBER 15 2019

**Dr. Penate is an excellent physician. Very caring and knowledgeable.**

OCTOBER 4 2019

**\*Dr. Penate has only been my dr. for 3 years. Dr. Penate has been terrific as my "new" dr.**

OCTOBER 5 2019

**good experience**

OCTOBER 5 2019

**overall love the communication with the doctor in the portal. so helpful. I really think it's outstanding to communicate with the doctor through portal.**

OCTOBER 5 2019

**this was the first time I saw Dr. Penate. My regular doctor was booked. I was very impressed with Dr. Penate.**

OCTOBER 10 2019

**Dr. Penate is very empathetic and professional**

OCTOBER 12 2019

**Dr. Penate is a wonderful doctor. He's truly concerned about you and your health and offers suggestions on what you can do to improve.**

OCTOBER 12 2019

**great doctor. easy to talk to. gave great advice**

OCTOBER 14 2019

**Dr. Penate is a wonderful doctor and I always enjoy my visits with him. Very informed and considerate of my needs as I am in a wheelchair**

OCTOBER 15 2019

**Dr. Penate was excellent as usual. He was very attentive and took the time to listen and speak to me about my concerns.**

OCTOBER 21 2019

**Dr. Penate is a brilliant physician and major asset to this organization. Very impressed with this doctor.**

OCTOBER 24 2019

**I was extremely impressed with the amount of time Dr. Penate took to simply get to know me and my background and answer all of my questions/concerns.**

OCTOBER 31 2019

**I've already recommended Dr. Penate to others.**

NOVEMBER 1 2019

**Dr. Penate is an excellent doctor. The best care I've received of all of the doctors I've seen in my life.**

NOVEMBER 2 2019

**Dr. Penate found that I lack Iron, the first time that has been noted. As I understand, Iron for men is not the usual. Dr. Penate located the problem and I thank him for that. After taking Iron, I hope that the condition will be improved, say in about six months. Thanks again to my Doctor.**

NOVEMBER 6 2019

**Dr Penate energy, and his commitment to his patience comes through everything he does, every question and action he takes. I appreciate the way he looks for opportunities to improve my health.**

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## Languages Spoken

Spanish

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## Faculty Profile

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=30845>

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