



4.8 ★★★★★

104 Ratings

## Melinda R. Ring, MD

Northwestern Medical Group

Primary Specialty

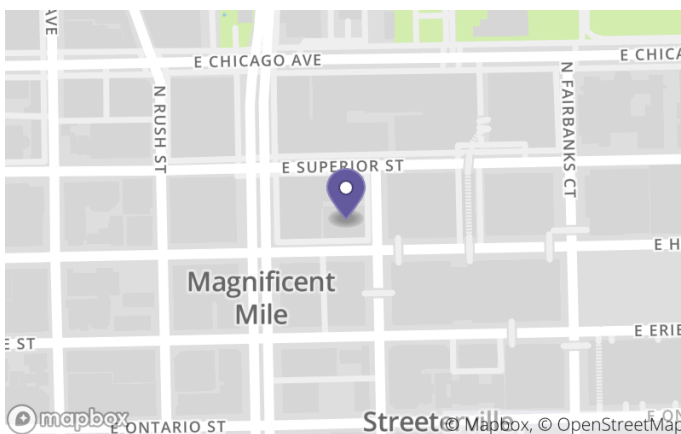
**Integrative Medicine**

Secondary Specialties

**Internal Medicine**

● Does Not Schedule or Accept New Patients

### Location



#### Northwestern Medicine Osher Center for Integrative Medicine

150 E Huron St Ste 1100  
Chicago, IL 60611  
📍 .11 mi

312.926.DOCS (3627)  
f 312.926.6285

### Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

### Practice Groups and Affiliations

Medical Group

Northwestern Medical Group

Physician Category

Northwestern Medicine Physician Network

### Education

Medical Education

University of Chicago Pritzker School of Medicine - 1994

Residency

University of Chicago - 1997

### Board Certifications

American Board of Internal Medicine (Certified)

### Practice Focus Areas

Dietary Supplements/Herbs

Holistic/Alternative Medicine

Hormone Replacement Therapy

Weight Management

Women's Health

Menopause

Nutrition

Perimenopause

### Ratings & Reviews

At Northwestern Medicine, our patient’s feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

#### Care Provider Ratings

Overall rating

4.8



104 Ratings

Friendly & Courteous

4.8 / 5.0 (73 reviews)

Clear Explanations

4.8 / 5.0 (75 reviews)

Includes You In Decisions

4.8 / 5.0 (74 reviews)

Follow-Up Instructions

4.7 / 5.0 (73 reviews)

Time Spent With Patient

4.8 / 5.0 (74 reviews)

Will Recommend to Others

4.7 / 5.0 (74 reviews)

Shows Concern

4.8 / 5.0 (75 reviews)

Explains Medications

4.8 / 5.0 (68 reviews)

Easy to Understand

4.8 / 5.0 (75 reviews)

Confidence in Doctor

4.8 / 5.0 (75 reviews)

#### Reviews From Patients

20 Reviews

JULY 30 2018

Dr. [Name] is a board-certified [Specialty] physician who has been part of the [Department] at Northwestern Memorial Hospital since [Year].

**Dr. Ring is a truly superb doctor. She is always kind, empathetic, easy to talk with, and incredibly knowledgeable. She explains things thoroughly and is able to answer any questions I have, looking up info online for me if needed. I have several medical issues that have similar symptoms, so it has sometimes been complex. Dr Ring has provided me with excellent care, and has even been able to balance my thyroid and hormone levels while I was going through Perimenopause and Menopause....not an easy feat. I have never had a doctor as thorough in identifying and treating medical issues. I wish all my family and friends could see her. She is brilliant, and I appreciate her guidance and caring more than she knows. I trust her completely with my medical care. Thank you so much, Dr Ring.**

DECEMBER 18 2018

**Dr. Ring is an empathic listener. She asked me how I was handling my grief since my husband's death. She was not in a hurry. She took her time with me. I appreciated her concern.**

JANUARY 19 2019

**i think Dr. Ring is one of the best Doctors I have ever seen.**

FEBRUARY 1 2019

**Dr Ring is actually the only doctor that I have found that takes time and care with her patients. She goes into details with you. She allows you to be comfortable to share all issues and that matters in overall healthcare as she can connect dots better. She truly is trying to improve your health for the better versus "treating" you and the symptoms. I find her a remarkable doctor.**

APRIL 5 2019

**VERY GOOD EXPERIENCE.**

MAY 2 2019

**I recomeded dr Ring to multiple people already**

MAY 4 2019

**Dr. Ring is an excellent doctor. My most favorite doctor out of all the doctors I've seen! She is very informative and takes the time to listen and explain issues that are concerning. I am so grateful that I am a patient of hers!**

JUNE 7 2019

**\*Dr. Ring id the best doctor I have ever had. She is sensitive, incredibly smart, caring, efficient. She REALLY knows everything I ever ask about she goes above & beyond in caring for patients. Extraordinary doctor.**

JULY 4 2019

**Dr. Ring is always helpful and thinks outside of the box. I am not a text book patient and she always tries to find solutions for me. Great Doctor!**

JULY 19 2019

**Not sure what I would do without Dr. Ring's innovative and caring advisement!**

AUGUST 8 2019

AUGUST 18 2017

**Dr. Ring is an excellent doctor. I have been seeing her for several years and have always been pleased with our appointments and followup.**

AUGUST 30 2019

**Dr. Ring is not only as expert in her field but also has a keen sense of how to best connect with her patient.**

SEPTEMBER 3 2019

**\*Dr. Melinda Ring is top notch! Accessible through MyChart - responds in timely way - Very personable - inspires confidence both in her core medical skills & integrative medicine skill & knowledge.**

SEPTEMBER 5 2019

**\*Dr. Ring is unique and a very knowledgeable physician in her practice. I really look forward to my follow-up visits. She's so thorough, and shows concern with your overall health status. Some of my health challenges has improve with \*Dr. Ring treating me.**

OCTOBER 4 2019

**Dr Ring is thorough, compassionate about her work and her patients. She has tremendous knowledge and a vast tool set of methods and techniques to address concerns. She's a fantastic medical professional!**

OCTOBER 27 2019

**Superb physicians!! I feel absolutely confident in Dr.Ring**

---

## **Website**

<http://ocim.nm.org/>

---

## **Faculty Profile**

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=15727>