4.8 ★★★★★
89 Ratings

Alexander X. Sheng, MD
Shirley Ryan AbilityLab

Primary Specialty
Physical Medicine and Rehabilitation

Secondary Specialties
Sports Medicine

Accepts New Patients

Locations

Center for Spine Health at Northwestern Memorial Hospital
259 E Erie St Ste 1450
Lavin Family Pavilion
Chicago, IL 60611
0.07 mi
312.695.7746
f 312.694.6387

Shirley Ryan AbilityLab
355 E Erie St
Chicago, IL 60611
312.238.7767
0.16 mi

Insurance Accepted
Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

Practice Groups and Affiliations

<table>
<thead>
<tr>
<th>Medical Group</th>
<th>Shirley Ryan AbilityLab</th>
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<td>Physician Category</td>
<td>Independent Practitioner</td>
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<td>Northwestern Medicine Physician Network</td>
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<td>Northwestern Memorial Hospital</td>
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Education

<table>
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<tr>
<th>Medical Education</th>
<th>MD, Rush University Medical College - 2006</th>
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<tr>
<td>Internship</td>
<td>Rush University Medical Center - 2007</td>
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<td>Residency</td>
<td>University of Washington School of Medicine - 2010</td>
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<td>Fellowship</td>
<td>Washington University/B-JH/SLCH Consortium - 2011</td>
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Board Certifications

- American Board of Physical Medicine and Rehabilitation - Physical Medicine & Rehabilitation (Certified)
- American Board of Physical Medicine and Rehabilitation - Sports Medicine (Certified)

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. Read more

Care Provider Ratings

Overall rating

4.8

89 Ratings

Reviews From Patients

95 Reviews

NOVEMBER 11 2020
Because he was kind and attentive.

I met my Dr for the first time today. He was cordial and attentive. Gave me answers to questions before I asked. He included me in my treatment plan.

Same as above. His awareness of my past history & his fresh approach to my circumstances were encouraging to me.

After past less-than-positive experiences w/ my ortho doctor, I was assigned to Dr Sheng whom I saw today. Very pleased w/ the visit & his fresh approach.

Again knowledgeable, professional and made me feel comfortable

Professional, knowledgeable took time to explain the situation and options

Service is good

For of all he is very pleasant and professional. You can tell he loves his job and helping people. I appreciate him taking the time to help me. Thank you again Dr. Sheng.

He is the one off the good doctors that i see in past 2 years

Al staff are so friendly

Dr Sheng was great. informative and friendly, good patient care, explained my diagnosis and conservative treatment options.

I was seen promptly. Dr. Sheng gave me a clear and detailed diagnosis and treatment(s) plan.

He is wonderful .

Everyone was kind and knowledgeable
Hes awesome and very thorough!

NOVEMBER 2 2020

Dr. Sheng provided a detailed examination and recommended options to address the condition.

NOVEMBER 2 2020

I really enjoyed the informative visit with Dr. Sheng

NOVEMBER 1 2020

He was great

NOVEMBER 1 2020

I've been a patient of the orthopedic department for years. Dr sheng was very thorough and explained everything to me as well as answered All my questions. Very personable

OCTOBER 30 2020

Spent time to explain and give me hope to stop my back pain . Also facilitates amazing as well as Dr Sheng-got X-ray and reading of it while there

OCTOBER 30 2020

Dr Sheng thorough explained my situation and will work with my PT . Excited and thrilled to have found such a great resource-Doctor to keep me healthy-Thank you!!

OCTOBER 28 2020

Great communicator

OCTOBER 28 2020

Very efficient appointment

OCTOBER 22 2020

Clear explanations and very easy to talk to

OCTOBER 22 2020

Clean and efficient

OCTOBER 21 2020

Gave me confidence and good bedside manner.

OCTOBER 21 2020

Prompt, professional service.

OCTOBER 21 2020

I can not tell you how much I appreciated the time and care Dr Sheng took with me during my appointment. He was extremely kind and thoughtful during my appointment. I will be recommending him to everyone seeing similar treatment moving forward.

OCTOBER 21 2020

Ease of appointment scheduling. Entire staff is very nice and courteous.
Ease of appointment scheduling. Entire staff is very nice and courteous.

OCTOBER 21 2020
He was patient and thorough

OCTOBER 21 2020
Dr. Sheng was very helpful and informative

OCTOBER 21 2020
I was very impressed with his medical knowledge. He was very thorough and very nice.

OCTOBER 21 2020
The doctors were so helpful and thorough. I appreciate their thoroughness and knowledge.

OCTOBER 18 2020
The doctor was great. He took his time and answered all of my questions

OCTOBER 15 2020
He listens

OCTOBER 14 2020
Great work!

OCTOBER 14 2020
Amazing work, very supportive.

OCTOBER 14 2020
Dr. Sheng was interested in me and my situation and why I came. He seemed well-prepared, had read my records. The next steps he proposed are reasonable, and not too drastic.

OCTOBER 14 2020
It seems to be well run, people were friendly, made sure that I knew what was happening at each stage of my visit. This is all based on one visit.

OCTOBER 14 2020
His professionalism and ability to listen to my complicated history, then come up with a comprehensive plan to address my problems.

OCTOBER 14 2020
Their professionalism and ability to listen to all my complicated history, then come up with a comprehensive plan to address my problems.

OCTOBER 14 2020
I would give Dr. Sheng a high rating but not the the whole ortho department

OCTOBER 13 2020
Very comfortable.
OCTOBER 13 2020
I have always been happy with the department over the years from young to old man. You always feel like they care.

OCTOBER 10 2020
The doctors mannerisms and concern was very comforting. Since we just started I am not sure as to what the end result will be. I pray that God uses him in the direction to completely take care of and get rid of the chronic pain I've been experiencing.

OCTOBER 10 2020
First visit, so only one impression. I trust him to be knowledgeable as he was referred to me by others in the dept, and that is what is most important when I am in need of hip replacement but need proper management until I am ready to undertake the surgery. I did feel a bit rushed, and because he expressed confusion over notes in my record regarding past injections, I wish there had been more clarity about my past efforts to manage the pain of the situation so that he would be certain in his recommendation of how to proceed.

OCTOBER 10 2020
Finest team of Orthopedic specialists in Chicago

OCTOBER 9 2020
Kind, listens, informative, personable and knowledgeable

OCTOBER 7 2020
I was seen quickly and the doctors took their time asking questions and explaining. I also love the fact they are offering me a wholistic therapy treatment

OCTOBER 6 2020
Dr. Sheng is very honest and direct while being personable and caring.

OCTOBER 6 2020
Good Experience

OCTOBER 5 2020
I felt he was very smart and knew his stuff, I liked him

OCTOBER 5 2020
The doctor was knowledgeable and explained things to me,

SEPTEMBER 30 2020
Ancillary staff very professional and polite. Appointment on time. Knowledgeable MD.

SEPTEMBER 29 2020
He was relaxing to talk and recommended Physical Therapy before any other procedures would be done.

SEPTEMBER 29 2020
The Doctor was completely open and his suggestions are what I am following.
SEPTEMBER 29 2020
Great doctor very respectful and made me feel comfortable

SEPTEMBER 29 2020
Professional service, the Dr explained and answered my questions. I felt comfortable and at ease

SEPTEMBER 23 2020
He listens and works with you to find out what the cause is

SEPTEMBER 23 2020
Very pleased with service

SEPTEMBER 23 2020
He was dismissive and arrogant. He contradicted his fellow, who I felt more confident in her bedside manner and examination.

SEPTEMBER 15 2020
Proof is in the pudding.

SEPTEMBER 15 2020
Remedies still coming. Visit was good.

SEPTEMBER 13 2020
Very thorough took time explaining

SEPTEMBER 11 2020
Very knowledgeable and professional, highly recommend.

SEPTEMBER 11 2020
Excellent service!

SEPTEMBER 10 2020
Dr. Alexander Sheng was very attentive to my case. I appreciate that so much!

SEPTEMBER 9 2020
Outstanding Dr.

SEPTEMBER 9 2020
Dr. Sheng & his staff is Outstanding

SEPTEMBER 8 2020
Dr Sheng was most knowledgeable about my condition, compared to other doctors I've seen for same condition. Also empathetic.

SEPTEMBER 8 2020
Everyone was helpful, friendly and professional.
SEPTEMBER 4 2020
Good listener. Made me a part of the process; asked relevant questions.

SEPTEMBER 4 2020
Very efficient and friendly

SEPTEMBER 2 2020
Good doctor

SEPTEMBER 2 2020
Everything was good

SEPTEMBER 1 2020
Easy to talk to. Responds to calls in a timely manner.

AUGUST 29 2020
Personable, attentive, and knowledgeable about my conditions, treatment options, and timing of possible interventions. Conversed in terms I understood.

AUGUST 28 2020
Very knowledgeable and went over MRI images in very good detail.

AUGUST 18 2020
His conclusions were clear cut, and he presented a good solution. He also has a warm friendly demeanor, and a nice sense of humor.

AUGUST 17 2020
Treated me with the utmost respect gave me all of his attention

AUGUST 14 2020
Very knowledgeable and personable. Dr. Sheng took his examining me and answering all of my questions. I would highly recommend him in the future.

AUGUST 12 2020
Very knowledgeable and professional doctor!

AUGUST 12 2020
Very professional, caring and wants to resolve your medical issue.

AUGUST 2 2020
Professional, listened, explored different options with for treatment.

JULY 30 2020
He was strait to the point and addressed the issue fast !!

JULY 15 2020
Dr. Sheng explained everything thing clearly. Very professional and pleasant. I felt very comfortable and
Dr. Sheng explained everything clearly. Very professional and pleasant. I felt very comfortable and confident with my visit with him.

JULY 15 2020
Dr. Sheng bedside manner is exceptional. He took his time talking to you and explaining your option instead of telling you what to do.

JULY 15 2020
Dr. Sheng was very empathetic and knowledgeable.

JULY 2 2020
Dr. Shang is outstanding. He is very knowledgeable and takes the time to explain using laymen's terms. It was a very comfortable experience.

JULY 1 2020
Dr. Sheng gave me lots of time, was super empathetic to my pain, explained the root cause of my pain, answered all of my questions, and came up with new solutions for me to try to treat my back pain. He was absolutely great!

JUNE 30 2020
Pays attention to his patients

JUNE 24 2020
He's always informative and provides information in terms that you can understand. He's an excellent physician.

JUNE 5 2020
Doctor Sheng was friendly, attentive and knowledgeable. My mom had all her diagnostic tests completed at the same visit which was very helpful. Definitely we would recommend him to all our friends.

JUNE 5 2020
His experience, thorough assessments and follow up

JUNE 5 2020
Excellent follow up and care, knowledge

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Languages Spoken

Chinese

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Faculty Profile

http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=32815

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Independent Disclaimer
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