



5.0 ★★★★★

113 Ratings

## Anjali U. Pandit, PhD

Northwestern Medical Group

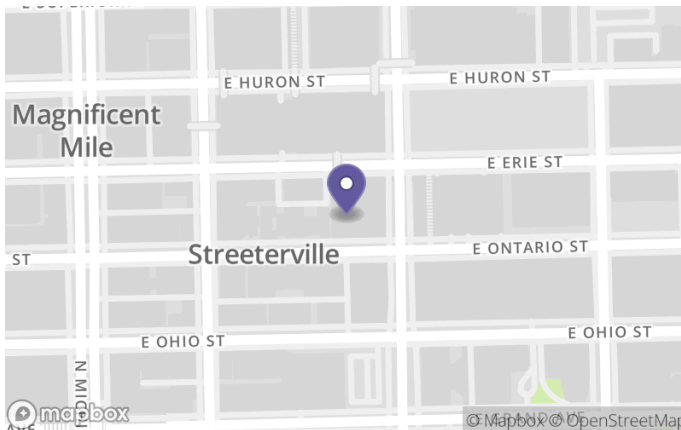
Primary Specialty

**Psychology**

Secondary Specialties

**Gastrointestinal Behavioral Health Psychology**

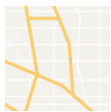
### Locations



#### Northwestern Medicine Digestive Health Center

259 E Erie St Ste 1600  
Lavin Family Pavilion  
Chicago, IL 60611  
📍 0.07 mi

312.695.6868  
f 312.695.2729



#### Northwestern Medicine Primary & Specialty Care Evanston

1630 Sherman Ave Ste 100  
Evanston, IL 60201  
312.695.6868

📍 11.07 mi

### Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

---

## Practice Groups and Affiliations

Medical Group	Northwestern Medical Group
Alignment Category	Northwestern Medicine Physician Network

---

## Education

Professional Education	PhD, Northwestern University Feinberg School of Medicine - 2015
------------------------	---

---

## Practice Focus Areas

Cognitive Behavioral Therapy	Medical Hypnosis
Functional GI Disorders	Pancreatitis
Inflammatory Bowel Disease	Pelvic Floor Dysfunction
Stress Management	
Weight Loss Surgery	

---

## Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

### Care Provider Ratings

#### Overall rating

5.0



113 Ratings

#### Reviews From Patients

69 Reviews

MARCH 23 2022

**Dr. Pandit is knowledgeable and friendly. She takes time to listen to my concerns.**

MARCH 19 2022

**Very kind and understanding. Took plenty of time at the apt.**

MARCH 13 2022

**Dr. Pandit is a great person/Dr. she listens to you and gives you the best medical advice she can and if**

**Dr. Pandit is a great person/Dr. she listens to you and gives you the best medical advice she can and if she's not sure she is honest and tells you she doesn't know!! I sincerely appreciate that.**

MARCH 7 2022

**She as well was informative and made sure I understood everything and made sure to answer any questions**

FEBRUARY 25 2022

**Made me feel comfortable and as if I was her only patient for the day.**

FEBRUARY 12 2022

**Patient, interested and caring**

FEBRUARY 11 2022

**Dr. Pandit is kind, empathetic, pragmatic, and an active listener. She is great at making me feel heard, and that my story, experiences, and views are valid. She also is open to the fact that everyone has a wide variety of experiences with the treatment plans and strategies she recommends.**

FEBRUARY 9 2022

**She really hears what one says and offers excellent advice**

FEBRUARY 6 2022

**Dr. Pandit is wonderful. She is caring, kind and patient. Never makes me feel judged. Very helpful.**

FEBRUARY 4 2022

**She is caring, insightful and uses tools and skills that help.**

FEBRUARY 3 2022

**She's enthusiastic and listens well.**

JANUARY 30 2022

**No words can describe her knowledge friendliness and professionalism.**

JANUARY 29 2022

**Expert, empathetic, warm.**

JANUARY 28 2022

**The comfort and the ease of talking and the relaxation from my visits ! Truly a blessing**

JANUARY 22 2022

**She is very knowledgeable and approachable and caring**

JANUARY 20 2022

**She was prepared & professional. I felt comfortable upon my initial engagement with her. I feel the care plan moving forward will be very beneficial to my recovery. I waited for an appointment as I felt it important to work with a member of the GI care center. I look forward to this aspect of my treatment.**

JANUARY 5 2022

**Pleasant and easy to talk to. Good listener and expertise.**

DECEMBER 29 2021

**My first impression of Dr. Pandit is that she will work with me on my goals and encourage me to meet them.**

DECEMBER 16 2021

**Good Listening skills, directive ability, and follow through**

DECEMBER 14 2021

**She is warm and very adept at therapy**

DECEMBER 8 2021

**A caring, patient presence.**

DECEMBER 7 2021

**Very caring and understanding**

NOVEMBER 20 2021

**Terrific**

NOVEMBER 12 2021

**Easy to talk to, knowledgeable, understanding, non-judgmental.**

NOVEMBER 12 2021

**The Doctor was very pleasant and informative**

NOVEMBER 10 2021

**Caring, supportive and expert service.**

NOVEMBER 7 2021

**She explains everything and offers helpful suggestions**

NOVEMBER 2 2021

**She is excellent**

NOVEMBER 2 2021

**Good listener easy to talk with understanding Very responsive**

NOVEMBER 1 2021

**Expertise and empathy.**

OCTOBER 30 2021

**Great listener, helpful in ways to assist my wellness.**

OCTOBER 26 2021

**Dr. Pandit is an excellent psychologist who interacted with me in a very professional and personal way. I**

**felt extremely comfortable with her from the very beginning.**

OCTOBER 25 2021

**Very good manner, I think as very comfortable**

OCTOBER 19 2021

**Professional and caring. Very comfortable with her**

OCTOBER 19 2021

**Dr. Pandit is incredible, she immediately put me at ease, engaged in expert dialogue, and exceeded my expectations for our visit. Although we were meeting for the first time, she was caring and empathetic, treating me as though she'd known me for years. Treated me like family.**

OCTOBER 19 2021

**She is relatable and shares valuable info.**

OCTOBER 14 2021

**Good listener and gives good recommendations**

OCTOBER 11 2021

**She takes the time to explain the treatment plan and answer questions.**

OCTOBER 8 2021

**Dr Pandit is easy to talk to and creates a comfortable environment.**

SEPTEMBER 27 2021

**She explains treatment plan and takes the time to get to know what brought you in for treatment.**

SEPTEMBER 27 2021

**She is fantastic!**

SEPTEMBER 24 2021

**I love Dr Pandit and how she can help me get to the root of my issue gently to help me figure out some solutions. She is the BEST. Please give her a raise.**

SEPTEMBER 17 2021

**Dr. Pandit is very hospitable. She listens and is willing to give me other options to solve the issues.**

SEPTEMBER 7 2021

**Atenta y profesional**

SEPTEMBER 1 2021

**She asks the right questions and listens and has good responses.**

AUGUST 31 2021

**She possesses a unique knowledge that has been extremely helpful to me.**

AUGUST 27 2021

**Caring, clear instructions and recommendations.**

AUGUST 24 2021

**Very good doctor Shows interest and a patient**

AUGUST 24 2021

**She is awesome. I have struggled with weight my whole life and she is the first person that has really helped me understand me.**

AUGUST 11 2021

**Very likely! Dr Pandit is so wonderful. I feel like she truly all around cares for my well-being. She compassionately listens to what Im saying.**

AUGUST 9 2021

**Very professional, knowledgeable and terrific manner.**

AUGUST 9 2021

**Very good and very caring**

AUGUST 8 2021

**She always listens and recommends a treatment plan.**

AUGUST 1 2021

**I thought she was thorough in her evaluation.**

AUGUST 1 2021

**I have had only one appointment with Dr. Pandit so it is difficult to give an accurate answer but our first visit was good.**

JULY 11 2021

**She knows how to ask questions, answer them and gives good insight into the condition.**

JULY 8 2021

**Very Attentive and professional**

JUNE 28 2021

**She is amazing. Sweet, kind, warm, patient, calm, and always makes me feel better about myself than when I walked in. I also appreciate her ability to collaborate on developing a plan in session and clearly recapping it before I leave, making sure it feels doable.**

JUNE 23 2021

**Dr. pandit is outstanding. She is caring, compassionate, knowledgeable professional and passionate about her work.**

JUNE 10 2021

**She is caring and has good recommendations for care.**

JUNE 9 2021

**Shes great**

JUNE 6 2021

**Dr. Pandit listens and is extremely genuine.**

MAY 27 2021

**She was very concerned and helpful.**

MAY 26 2021

**She is knowledgeable, empathetic and kind**

MAY 17 2021

**Very caring**

MAY 13 2021

**She was very informative and she seem like she really cared**

JANUARY 12 2021

**Excellent doctor who is so kind and patient.**

DECEMBER 14 2020

**She's very empathetic and helpful**

DECEMBER 4 2020

**Dr. Pandit is patient and caring, willing to adjust when possible to accommodate my disabilities and the differences in how I communicate. Its rare to find those qualities, and Im very grateful for the support she has been able to provide.**

---

## **Website**

<https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=35754>

---

## **Faculty Profile**

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=35754>