



4.8 ★★★★★

918 Ratings

## Anup A. Bendre, MD

Northwestern Medicine Regional Medical Group

Primary Specialty

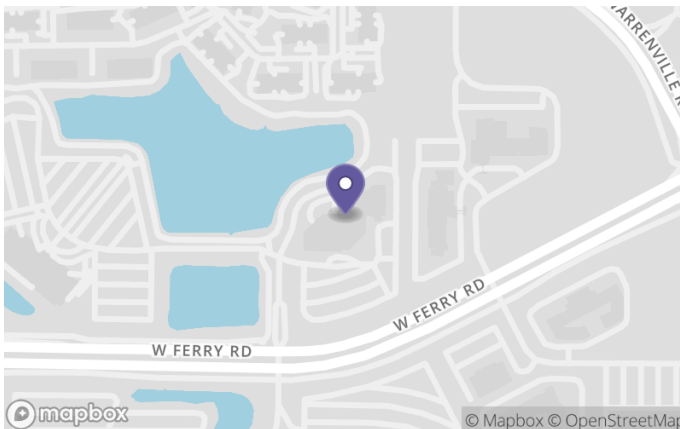
**Hand Surgery**

Secondary Specialties

**Orthopaedic Surgery**

● Accepts New Patients

### Locations



#### Northwestern Medicine Regional Medical Group

101 E 75th St Ste 100  
Naperville, IL 60565-1469  
📍 27.97 mi

630.225.2663  
f 630.225.2399



#### Northwestern Medicine Regional Medical Group

27650 Ferry Rd Ste 100  
Warrenville, IL 60555-3845  
630.225.2663

📍 28.44 mi

## Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

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## Practice Groups and Affiliations

Medical Group	Northwestern Medicine Regional Medical Group
Physician Category	Northwestern Medicine Physician Network Northwestern Medicine Regional Medical Group
On Medical Staff At	Central DuPage Hospital Delnor Hospital Northwestern Medicine Surgery Center

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## Education

Medical Education	MD, University of Illinois at Chicago College of Medicine - 1999
Residency	McGaw Medical Center of Northwestern University - 2004
Fellowship	Indiana Hand to Shoulder Center - 2005

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## Board Certifications

American Board of Orthopaedic Surgery - Orthopaedic Surgery (Certified)  
American Board of Orthopaedic Surgery - Surgery of the Hand (Certified)

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## Practice Focus Areas

Carpal tunnel syndrome	Hand and Wrist Injuries
Elbow Surgery	Hand and Wrist Microsurgery
Endoscopic Carpal Tunnel Surgery	Hand Reconstructive Surgery
Reconstructive Upper Extremity Surgery	
Tendon and Nerve Lacerations	

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## Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

## Care Provider Ratings

### Overall rating

# 4.8



918 Ratings

## Reviews From Patients

304 Reviews

AUGUST 29 2021

**He seems to really do well in his area of expertise.**

AUGUST 26 2021

**Patient and thorough**

AUGUST 24 2021

**Very kind, personable, competent and reassuring.**

AUGUST 24 2021

**Very friendly and down to earth.**

AUGUST 24 2021

**Nicely**

AUGUST 24 2021

**Good care**

AUGUST 11 2021

**Knowledgeable and caring**

AUGUST 10 2021

**Would certainly feel confident recommending Dr. Bendre. He was extremely informative, spoke in a manner I could understand the procedure and after care I needed. Direct yet very pleasant. Made me feel very confident in his care.**

AUGUST 9 2021

**He is the only one I would see.**

AUGUST 4 2021

**Dr. Bendre knowledgeable and experienced. No problem with the surgery.**

AUGUST 3 2021

**Quick and easy**

JULY 31 2021

**He seems very knowledgeable.**

JULY 29 2021

**Doctor saw issue immediately and has told a test that will tell him what the issue is with my thumb**

JULY 28 2021

**Knowledgeable Spends adequate time. I feel comfortable with his diagnosis**

JULY 27 2021

**Kind, gentle, thorough, good at his job.**

JULY 27 2021

**Expert in his field. Does well explaining things. Answers all questions. Nice**

JULY 26 2021

**yes. awesome doctor**

JULY 26 2021

**He did a good job!!!**

JULY 21 2021

**Explained my symptoms and possible treatments clearly.**

JULY 19 2021

**He is wonderful!! Very personable, compassionate & caring.**

JULY 18 2021

**Dr. Bendre is thorough and great at explaining complex medical terms. He has a calm confidence that shows his expertise and experience.**

JULY 17 2021

**Quickly discerns and addresses the issue he is seeing you for.**

JULY 16 2021

**Treatment was done efficiently and little pain.**

JULY 15 2021

**Knowledgeable and caring**

JULY 14 2021

**The Doctor was very attentive while he examined my hand .and answer questions. I didnt feel rushed .**

JULY 13 2021

**Hes a great doctor. And very kind.**

JUNE 29 2021

**Approachable and clearly explains options and plan of care**

JUNE 26 2021

**Dr. Bendre is very pleasant, explains clearly what he feels the problem is and options for treatment. When I leave an appointment with him I have a clear idea as to whats wrong and options for alleviating**

**when I have an appointment with him I have a clear idea as to whats wrong and options for alleviating the pain.**

JUNE 24 2021

**He gives an explanation for the condition he is treating you for.**

JUNE 24 2021

**Dr bendre is one of the best doctors that I ever seen. He is kind, understanding and he care about his patients. Very knowledge. I will definitely recommending him with my family and friends.**

JUNE 24 2021

**Did not give time to explain my pain and what made me come in.**

JUNE 23 2021

**I felt comfortable and cared .**

JUNE 23 2021

**Excellent caring doctor.**

JUNE 22 2021

**Great care**

JUNE 22 2021

**Dr Bendre is amazing & knows his profession well. Very kind & caring.**

JUNE 19 2021

**Listens to you.Provides helpful suggestions .**

JUNE 18 2021

**Dr. Bendre is an excellent doctor and took time to answer all my questions and explain forthcoming procedures.**

JUNE 17 2021

**Answer my questions, including me in treatment decisions**

JUNE 16 2021

**He did a great job explaining my issue and clearly explained the treatment going forward.**

JUNE 15 2021

**very profesional gave me confidence about my medical problem**

JUNE 12 2021

**Dr. Bendre is a great Ortho man for hand and arm joints. He always reassuring. Honest. Caring and a wonderful doctor. I was first there back in 2006. And was just there June 11. AWESOME STAFF. HIGHLY RECOMMENDED**

JUNE 10 2021

**He took good care of mv issues.**

JUNE 9 2021

**Very thorough**

JUNE 9 2021

**Doctor listened to me, provided me with good recommendations and feedback, answered all my questions. I didnt feel rushed**

JUNE 8 2021

**Very kind. Excellent explanation of my upcoming thumb surgery. Understands my fears.**

JUNE 8 2021

**Knows what he's doing**

JUNE 8 2021

**He was very thorough and did not make me feel like a number.**

JUNE 8 2021

**Again my first visit with him. He explained every thing clearly and gave me my options as well.**

JUNE 8 2021

**A very likeable doctor and I was thrilled to death when he let me look at the surgery to show me what was being done. He has a very laid back way about that puts one at ease**

MAY 26 2021

**Expertise**

MAY 26 2021

**Did not seem rushed, explaining things clearly.**

MAY 25 2021

**He lesson to the pation and answer**

MAY 25 2021

**Great staff, he didnt jump right up surgery but tried no surgical procedure first.**

MAY 22 2021

**Smart dude, explained everything well.**

MAY 21 2021

**Took time with me to explain the procedure**

MAY 20 2021

**Transparent. Honest. To the point and helpful in my treatment.**

MAY 19 2021

**Great explanation of treatment**

MAY 19 2021

**Dr. Bendre was very informative and patient in explaining my condition. His method for carpal tunnel surgery is less invasive and totally recommend Dr and office team.**

MAY 17 2021

**Never had surgery before. Doctor and staff made it a good experience.**

MAY 17 2021

**Dr. Bendre is excellent, but I hate the OAD policy that prohibits switching to doctors within a specialty.**

MAY 15 2021

**He is conservative, tries different, non-surgical treatment with surgery as a last resort.**

MAY 13 2021

**He listened to what I had to say and talked to me.**

MAY 13 2021

**Dr. Bendre provide excellent care for my son. He listed to our concerns and answered all of our question.**

MAY 12 2021

**very skilled, my carpal tunnel is 98% improved after surgery**

MAY 12 2021

**Patient, caring and willing to take the time that a patient needs**

MAY 12 2021

**Excellent surgeon**

MAY 11 2021

**He is thorough, explains the disease/injury process, options for treatment in a caring and understandable way**

MAY 8 2021

**I appreciate the efficient, friendly and knowledgable staff. I also like the quick speed Dr. Bendre works at. He answers all of my medical questions in language that I can understand.**

MAY 6 2021

**Very informative and takes the time to listen to questions. Doesn't push things and tries to do less invasive medicine first.**

MAY 6 2021

**His expertise and manner with patients.**

MAY 4 2021

**He was thorough and obviously very knowledgeable!**

MAY 4 2021

**Extremely professional**

APRIL 30 2021

**Very responsive, great information**

APRIL 28 2021

**Dr. Bendre performed a hand surgery for me about a year ago. I am very happy with the results. He explains the issue in very clear, concise terms.**

APRIL 27 2021

**Very nice and very knowledgeable.**

APRIL 27 2021

**Took time, answered questions, explained what to expect**

APRIL 27 2021

**Dr Bendre was willing to listen to my concerns and provide answers to my questions.**

APRIL 26 2021

**He has never gave me a reason not to recommended him. Good professional Doctor.**

APRIL 25 2021

**He explained things very well.**

APRIL 22 2021

**Positive experience**

APRIL 22 2021

**He explains things well and answers all questions.**

APRIL 20 2021

**Explained the situation well and provided guidance on finger injury and exercises.**

APRIL 20 2021

**Amabilidad, atención**

APRIL 19 2021

**Great Doctor, is upfront with what was going on. He set clear expectations.**

APRIL 17 2021

**Listens well and offers solutions.**

APRIL 16 2021

**He worked with me well and explained everything clearly, and bluntly**

APRIL 14 2021



## **Very professional and knowledgeable**

APRIL 14 2021

**Excellent physician - with good results**

APRIL 13 2021

**Very thorough**

APRIL 13 2021

**He is so through explaining all options and the nicest Doctor**

APRIL 13 2021

**Dr Bendre is a man of select words, I am always treated with compassion, professionalism and thorough care. I feel he is the only one for me to see!**

APRIL 11 2021

**Good service**

APRIL 10 2021

**Always listens and is very diligent about aftercare.**

APRIL 10 2021

**also good care and friendly and knowledgeable and easy communication.**

APRIL 9 2021

**He was very professional, explained everything we needed to know regarding our issue, and made us feel comfortable with our plan of care.**

APRIL 9 2021

**Great Doctor Takes is Time with you no Pressure**

APRIL 8 2021

**skilled and good taste in music!**

APRIL 8 2021

**He seemed like a very nice DR. I did however, only have one visit with him but I will say he explained in detail what he was going to do during my surgery and answered any questions I had very nicely. I won't know more until I actually have the surgery tho. But so far, so good!**

APRIL 8 2021

**He gets right to the point and answers all questions.**

APRIL 6 2021

**He's an accomplished hand surgeon. Following his advice and that of the therapist, I sailed through this 3-month experience.**

**WEBSITE**

<https://content.nm.org/rmg.nm.org>