



4.8 ★★★★★
154 Ratings

Jennifer M. Mundt, PhD

Northwestern Medical Group

Primary Specialty

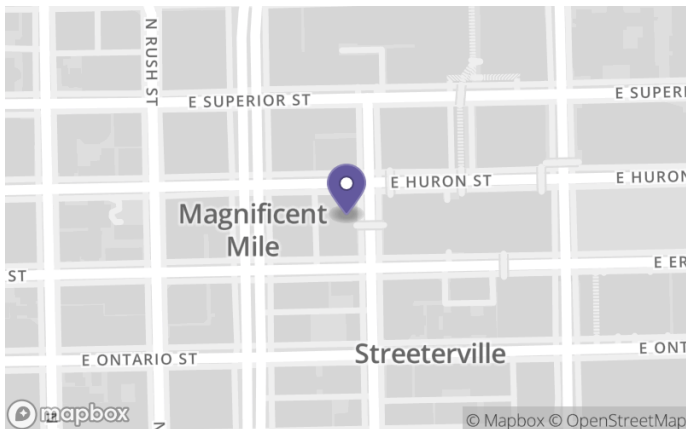
Sleep Psychologist

Secondary Specialties

Psychology

● Accepts New Patients

Location



Northwestern Medicine Sleep Disorders Center

676 N St Clair St Ste 7-701
Arkes Pavilion
Chicago, IL 60611
📍 0.1 mi

312.695.7950
f 312.695.5747

Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

Practice Groups and Affiliations

Medical Group

Northwestern Medical Group

Physician Category Northwestern Medicine Physician Network

On Medical Staff At Northwestern Memorial Hospital

Education

Professional Education PhD, University of Florida College of Public Health and Health Professions - 2017

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

Care Provider Ratings

Overall rating

4.8



154 Ratings

Reviews From Patients

81 Reviews

MARCH 27 2022

Dr. Mundt is a very nice, caring person ,but did nothing to help my condition.

MARCH 24 2022

Very pleasant and helpful.

MARCH 9 2022

We really communicated well, via phone, on our first visit.

MARCH 7 2022

Dr Mundt was very understanding and patient with me and took the time to listen to my concerns and come up with solutions.

FEBRUARY 28 2022

Dr Mundt is a great listener, asks insightful questions, and has an excellent mannerism. She provides thoughtful, rational, counsel.

FEBRUARY 17 2022

Dr. Mundt is great

FEBRUARY 10 2022

have only had 2 appts with her so far, but she seems very knowledgeable, and is easy to talk to

JANUARY 11 2022

easy to talk to, competence

JANUARY 8 2022

Dr Mundt is very compassionate , thorough and helpful.

JANUARY 2 2022

I need more time working with Jennifer.

DECEMBER 30 2021

Responsive and concerned

DECEMBER 16 2021

Dr Mundt listens well and inspires confidence.

NOVEMBER 20 2021

I thought Jennifer was fantastic! I am typically underwhelmed with medical care. However, I loved her personality, attitude, empathy with my circadian rhythm "disorder", openness to ideas, and realization "one size" solutions do not fit all. She seemed flexible, asked great questions, and she was a GREAT LISTENER. I look forward to my next appointment with her. I feel like this is really someone that I can work with.

NOVEMBER 9 2021

Will listen to your needs and help work through your problems.

NOVEMBER 5 2021

Dr. Mundt is very effective in understanding the patient's situation by seeking to understand with empathy. She is very thorough. Following the patient's assessment, she is exceptional effective in communicating practical solutions to address my insomnia.

NOVEMBER 4 2021

Dr. Mundt seemed very interested in helping me and not rushed in the appointment.

OCTOBER 25 2021

We had a very good discussion and a path forward that I will be helpful to my needs.

OCTOBER 22 2021

She was patient and listened and after explaining to her certain information about my own history and problems she was very considerate and kind

OCTOBER 13 2021

Very empathetic and personable

SEPTEMBER 8 2021

She is very attentive and understanding. She is also very thorough and patient.

AUGUST 25 2021

Jennifer appears really concerned Always very thoughtful

AUGUST 24 2021

She is thoughtful

AUGUST 24 2021

Compassionate and caring

AUGUST 22 2021

She is very intelligent and thoughtful and helpful and sincere and knowledgeable

AUGUST 19 2021

Good suggestions and explains why for suggestions

AUGUST 17 2021

She is very understanding and is always professional.

AUGUST 3 2021

She.is very empathetic.

AUGUST 2 2021

Dr. Mundt is just a wonderful person. Very easy to relate to.

JULY 25 2021

Great listener who responded with pointed advise for my individual care supplemented with reasonable explanations to back up her advise.

JULY 24 2021

Too soon to know if her directives in helping me resolve my problem will be successful

JULY 22 2021

She really listened. Made good suggestions

JULY 20 2021

Empathetic and solutions focused

JULY 18 2021

Knowledgeable, easy to talk to and I'm making progress

JULY 7 2021

She is extraordinary, and attentive to Healthcare needs.

JULY 1 2021

Listened well

JULY 1 2021

Because I am open minded to the process and optimistic I will benefit from her care plan

JUNE 30 2021

Great doctor. Very kind, caring and compassionate.

JUNE 24 2021

Goal oriented focused empathic

JUNE 9 2021

Dr. Mundt is very thorough and professional.

JUNE 2 2021

Just seemed very easy to work with she understood my problems and needs

JUNE 1 2021

Great at listening and shaping the conversation to be most helpful. Good feedback showing understanding of my issues.

MAY 26 2021

She has helped me immensely.

MAY 25 2021

She helps me by seeing where I am different from other patients and how I am the same

MAY 23 2021

Dr. Mundt has been great at helping me with my sleep issues by providing me with several suggestions and tools over the last five months. She is patient and very easy to talk to and this is why I would recommend her.

MAY 22 2021

She is helping me solve a long time problem.

MAY 19 2021

Dr. Mundt is incredibly approachable and kind. I am very comfortable with her and I feel like I am talking with a friend.

MAY 5 2021

She is very helpful to me.

MAY 4 2021

Dr. Mundt was very thorough and professional.

APRIL 29 2021

Felt heard, & a plan in place.

APRIL 22 2021

She was also very sympathetic.

APRIL 18 2021

Excellent care!

APRIL 17 2021

Helpful, informative and she really tries to understand your concerns.

APRIL 15 2021

She's awesome! She listens and empathizes with the patient. She included me in her treatment plan by asking me for my thoughts of her suggestions for future care. I definitely look forward to seeing her again in the future.

APRIL 10 2021

She clearly understands my problem and I have confidence that she will help me solve it

APRIL 6 2021

She is thorough

MARCH 25 2021

Helpful.

MARCH 25 2021

Empathetic , helpful, efficient.

MARCH 20 2021

Jennifer is an incredible psychologist and is an amazing asset for any patient with Hypersomnia.

MARCH 18 2021

Great manner very knowledgeable. I am confident that she will help me with my sleep disorder.

MARCH 18 2021

Very empathetic and straightforward

MARCH 7 2021

Dr. Mundt is knowledgeable and helpful to me.

MARCH 1 2021

Dr. Mundt seem to have a good plan, and she cares about helping her patients with their problem.

FEBRUARY 21 2021

excellent treatment: probing questions, cogent, competent analysis, thoughtful suggestions.

FEBRUARY 19 2021

I like her vibe

FEBRUARY 11 2021

Just her commitment to her patients.

FEBRUARY 9 2021

Friendly

FEBRUARY 9 2021

As I said, she seemed knowledgeable and was prepared and had a plan

FEBRUARY 8 2021

Very easy to talk to, very knowledgeable and great bedside manner.

FEBRUARY 5 2021

Dr. Mundt is knowledgeable and provided helpful information. She listened to me and answered my questions.

FEBRUARY 4 2021

I think that Dr Mundt is a caring and intelligent provider. I have enjoyed working with her on my health issues.

JANUARY 26 2021

She is very personable and a great listener. I felt her assessment and questions and suggestions were very productive.

JANUARY 22 2021

Dr. Mundt is a good listener. She reviewed my records to better understand my situation and was able to provide a good insights and an action plan with recommendations how to iimprove my condition.

JANUARY 22 2021

I have only had one appointment with Dr. Mundt, but she provided me with helpful information and listened and answered my questions.

JANUARY 14 2021

Very Helpful

JANUARY 13 2021

She is very good at explaining and very knowledgeable in her field. I am thankful she was my doctor. Dr Mundt helped me very much, She made our sessions comfortable for me.

DECEMBER 15 2020

Showed a understanding of my problems with sleep. Helpful and easy to talk to.

DECEMBER 12 2020

Jennifer is kind and caring.

NOVEMBER 30 2020

I felt cared and listened. Dr. Mundt is very knowledgeable. She partners up with you to find answers and solutions for what you are experiencing.

NOVEMBER 24 2020

Gave good advice

NOVEMBER 23 2020

Very easy to talk to

NOVEMBER 18 2020

She is so patient and explains so I understand. She takes time and listens well and comes up with what I can do to improve my sleep. I am so glad I got her. I appreciate her very much.

Faculty Profile

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=41965>