



4.9 ★★★★★

529 Ratings

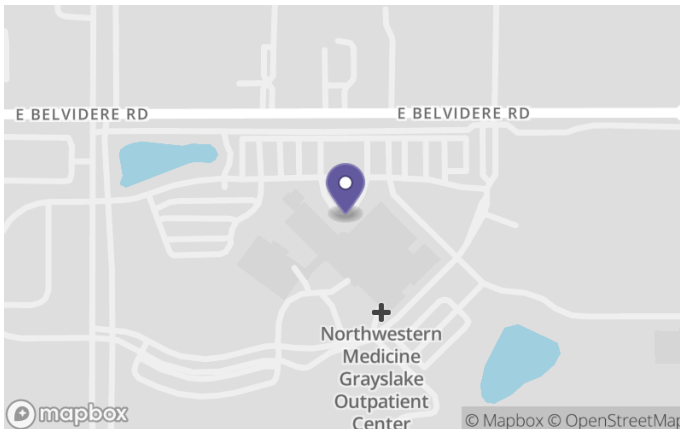
Jessica A. Cooksey, MD

Northwestern Medical Group

Primary Specialty

Sleep Medicine

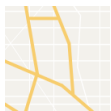
Locations



Northwestern Medicine Sleep Disorders Center

676 N St Clair St Ste 7-701
Arkes Pavilion
Chicago, IL 60611
📍 0.1 mi

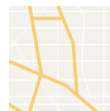
312.695.1800
f 312.926.4771



Northwestern Medical Group

1000 N Westmoreland Rd Level 1
Pavilion B
Lake Forest, IL 60045
847.535.7647

📍 27.97 mi



Northwestern Medical Group - Pulmonary Sleep Medicine

1475 E Belvidere Rd Ste 203
Pavilion A
Grayslake, IL 60030
847.535.7647

📍 36.58 mi

Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

group.

Practice Groups and Affiliations

Medical Group	Northwestern Medical Group
Alignment Category	Northwestern Medicine Physician Network
On Medical Staff At	Northwestern Lake Forest Hospital Northwestern Memorial Hospital

Education

Medical Education	MD, University of Maryland School of Medicine - 2008
Residency	New York Presbyterian Hospital (Columbia Campus) - 2011
Fellowship	Massachusetts General Hospital/BIDMC/Harvard Medical School - 2014 University of Chicago - 2016

Board Certifications

- American Board of Internal Medicine - Critical Care Medicine (Certified)
- American Board of Internal Medicine - Pulmonary Disease (Certified)
- American Board of Internal Medicine - Sleep Medicine (Certified)

Practice Focus Areas

Circadian Rhythm Sleep Wake Disorders	Obesity hypoventilation syndrome
CPAP/BiPAP Therapy	Parasomnias
Narcolepsy	Restless Leg Syndrome
Sleep Apnea	
Sleep Disorders	

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

Care Provider Ratings

Overall rating

4.9



529 Ratings

Reviews From Patients

283 Reviews

AUGUST 31 2022

She was very nice explain everything in the way That I understand I ask a couple questions She answer and explain to me very well

AUGUST 31 2022

Kind, professional manner. Knowledgeable and not condescending.

AUGUST 30 2022

She's compassionate and knowledgeable. These characteristics are imperative to my pulmonary health.

AUGUST 27 2022

Informed Sleep Care.

AUGUST 25 2022

I'm sure she's very capable. She made a good impression but I don't know her yet.

AUGUST 25 2022

Good attention to detail and followup

AUGUST 17 2022

Dr. Cooksey thoroughly discussed my test results and answered my questions.

AUGUST 16 2022

Very professional and knowledge

AUGUST 15 2022

Dr. Cooksey is attentive, and she was quite helpful in explaining the nature of my condition and possible treatment options.

AUGUST 15 2022

She really looked at my history before our 1st meeting. So she had an understanding of my many problems before the meeting. I'm a complex patient and this made me feel comfortable with a new Dr.

AUGUST 12 2022

She explained everything clearly , how we are going to proceed with the diagnosis , what will be done and how . She listens , attentive and clear in her explanations .

AUGUST 12 2022

Excellent communication

AUGUST 9 2022

Great communicator

Great communication.

AUGUST 8 2022

Excellent care and advice.

JULY 28 2022

Like I said, she is a great professional

JULY 21 2022

She is awesome listens and recommends appropriate care .

JULY 20 2022

Por la forma de como trata Los paciente

JULY 19 2022

She is great

JULY 12 2022

From sleep test to general meetings--- excellent

JULY 1 2022

Very informative

JUNE 30 2022

Very competent, caring and good doctor.

JUNE 30 2022

Very attentive, patient, answers all questions.

JUNE 28 2022

Very thorough exam. She answered all of my questions. I am happy that I was referred to her for my sleep apnea problems.

JUNE 27 2022

Extremely helpful and knowledgeable .

JUNE 26 2022

The appt was thorough and not rushed. I had all of my questions answered and received referrals for other potential services.

JUNE 24 2022

Very knowledgeable, prepared and friendly.

JUNE 18 2022

Focused, attentive and responsive.

JUNE 15 2022

She listen and explained options

MAY 31 2022

Dr. Cooksey knowledge and care that she gives to her patients is amazing. She explains things clearly and always responds to her emails and phone calls with helpful advice.

MAY 31 2022

Aparaty do nocnego oddychania Res-Med Air Curve 10 wymagają przy programowaniu ścisłej współpracy techników z lekarzem i Jessica Cooksey do tego się stosuje. Rekomenduje do tego gabinetu "Sleep" w Lake Forest i w Gracelake mimo, że sam mieszkam dużo bliżej kompleksu szpitalnego DuPage w Winfield.

MAY 27 2022

I'm very comfortable with Dr. Cooksey, she covered everything .

MAY 26 2022

She goes by the medical school book. Doesn't seem to see real life. Isn't motivating to help keeping up with the unpleasantness of cpap

MAY 24 2022

Efficient & thorough

MAY 24 2022

Knowledge and helpful

MAY 24 2022

Made me feel comfortable, and gave me super information.

MAY 20 2022

Dr. Cooksey was thorough and frank. She also offered to research my last pulmonologist (who retired & who I saw 6 years ago).

MAY 9 2022

Compassionate & knowledgeable. Helped me through sleep issues and gave referrals.

MAY 7 2022

She was very thoughtful and focused on problem solving.

MAY 3 2022

Knowledgeable and very helpful.

MAY 2 2022

Friendly and informative

APRIL 22 2022

Extremely friendly staff, answered all questions, explained options.

APRIL 15 2022

Dr Cooksey is knowledgeable and thorough.

APRIL 15 2022

DR Cooksey takes time to explain things and answers any questions completely.

APRIL 14 2022

She took the time to listen and explain everything well.

APRIL 14 2022

Very detailed, answer all questions.

APRIL 12 2022

She listens and cares about the patient.

APRIL 12 2022

She went above and beyond to provide me with care for my lungs. Absolutely an excellent doctor. May God bless her always

APRIL 8 2022

Es una doctora muy buena explica muy bien cada paso de la situación que uno vive

APRIL 7 2022

Carie pressing cares about the personal stuff for the person

MARCH 31 2022

Thorough and educational.

MARCH 30 2022

My appointment with Dr. Cooksey was well worth the wait to get in to see her. She was incredibly thorough and made no assumptions based on any prior treatment for my OSA but rather used the data as a diagnostic tool for improvement moving forward. I appreciated all of her insight and effort she made to troubleshoot any of my concerns. She dispelled some of my misconceptions so that I can manage my expectations moving forward. I give her a resounding 10/10 and look forward to follow-up.

MARCH 14 2022

Knowledgeable & professional

MARCH 2 2022

Dr. Cooksey was very nice, very thorough, and very professional. She asked a lot of good questions to get at the cause of my sleep problems. And she gave good advice.

FEBRUARY 21 2022

Very detailed and competent- as a new user of CPAP; she answered all my questions and concerns.

FEBRUARY 19 2022

Her instructions seem very reasonable and will make my potential problem more achievable.

FEBRUARY 17 2022

Very friendly and knowledgeable! Able to get me a New Cpap machine due to a recall! Got me a new style

Very friendly and knowledgeable. Able to get me a new cpap machine due to a recall. Got me a new style mask, and now I sleep so much better! Things are great!

FEBRUARY 17 2022

Had a good visit

FEBRUARY 15 2022

Dr Cooksey asked many questions to understand what my needs are and made recommendations.

FEBRUARY 15 2022

Promptness, graciousness and professionalism of Dr. Cooksey.

FEBRUARY 15 2022

She seemed a very interested and engaged care provider looking to assist me in my best sleep health outcome.

FEBRUARY 14 2022

dr. cooksey was caring, thorough, smart and very helpful

FEBRUARY 14 2022

Doctor is very professional, knowledgeable and very kind.

FEBRUARY 13 2022

Dr. Cooksey is not only extremely knowledgeable and professional in her practice, but she is also very pleasant to work with, patient and thorough in her interactions.

FEBRUARY 12 2022

Dr.Cooksey has a wonderful personality with which she exhibits when I have an appointment with her.She has given me suggestions and ways to work with my C-PaP unit.

FEBRUARY 12 2022

Excellent communication. Answered all my questions.

FEBRUARY 1 2022

No problems , easy to talk to .

FEBRUARY 1 2022

Everything is done in a timely manner

JANUARY 29 2022

Again, she is very knowledgeable. She always makes sure my questions are answered.

JANUARY 28 2022

Very competent and nice.

JANUARY 24 2022

The care and concern

JANUARY 12 2022

Dr. Cookery,s analysis and recommendations are clear understood. She listens and communicates clearly.

JANUARY 12 2022

Jessica allowed me to open up my mind to follow the instructions carefully. Jessica is very friendly that takes you to feel ready to continue at the level finishing the conversation with a happy face. I recommend highly recommend Dr.Jessica . Thanks

JANUARY 1 2022

Quality of care

DECEMBER 27 2021

She really cares about my treatment plan and is focused and persistent.

DECEMBER 27 2021

Dr was well prepared and very knowledgeable

DECEMBER 27 2021

My physician was clear and explained everything well.

DECEMBER 22 2021

Answered all my questions

DECEMBER 11 2021

I really like her. She is very nice and though.

DECEMBER 6 2021

She is very knowledgeable and on the two occasions i saw her she was friendly and courteous. However, the fact that it seems to be near impossible to communicate with her when needs arise causes me to wonder whether she is too busy. i value the relationships i have with my doctors at Northwestern (Drs. Jeff Kopin, Charles Davidson, Steve Hanauer) and elsewhere who are easy to reach, call me after a procedure or any medical issue. i never heard from Dr. Cooksey after my diagnosis of mild sleep apnea. I believe that MyChart was created to relieve physicians of having to communicate with their patients which is my main issue with Dr. Cooksey. All my calls and messages to her have been returned by a nurse or a tech. Again, not what i am used to.

DECEMBER 6 2021

She was great.

DECEMBER 5 2021

First visit. Appears very knowledgable

DECEMBER 1 2021

This was my first visit and she seems like a very good doctor and she seems to put together a very good team of people working for her and with her thank you all

NOVEMBER 30 2021

Kind and really cares for the patient. Takes her time and does not rush you listens and helps you.

NOVEMBER 29 2021

Well Informed

NOVEMBER 27 2021

Professional

NOVEMBER 17 2021

Thorough and professional

NOVEMBER 17 2021

Spent a lot of time evaluating and explaining everything. Made me feel at ease

NOVEMBER 15 2021

Good listener, who provided excellent insight to proposed treatment and answered all questions thoroughly and clearly.

NOVEMBER 8 2021

She is very calming, takes her time explaining everything.

NOVEMBER 8 2021

She was very transparent and very understanding

NOVEMBER 4 2021

Caring and listens to concerns. Knowledgeable!

NOVEMBER 2 2021

Listens and cares

OCTOBER 28 2021

She was thorough and pleasant. I felt like she was really listening to me and addressing my concerns. She also made statements that were educational and informations that reinforced things I am supposed to be doing.

OCTOBER 28 2021

She was not caring, just efficient

OCTOBER 23 2021

Felt very comfortable with her.

OCTOBER 21 2021

She listens, explains things very well, and clearly cares about her patients

OCTOBER 20 2021

I felt comfortable.

OCTOBER 18 2021

Dr Cooksey was very personable, efficient and provided a thorough exam.

OCTOBER 17 2021

Extremely thorough and knowledgeable

OCTOBER 13 2021

Very patient, extremely knowledgeable, thorough with all aspects of my health, explained elements of daily home device use and care, very kind and helpful

Faculty Profile

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=48974>