



4.9 ★★★★★

113 Ratings

Kathryn N. Tomasino, PhD

Northwestern Medical Group

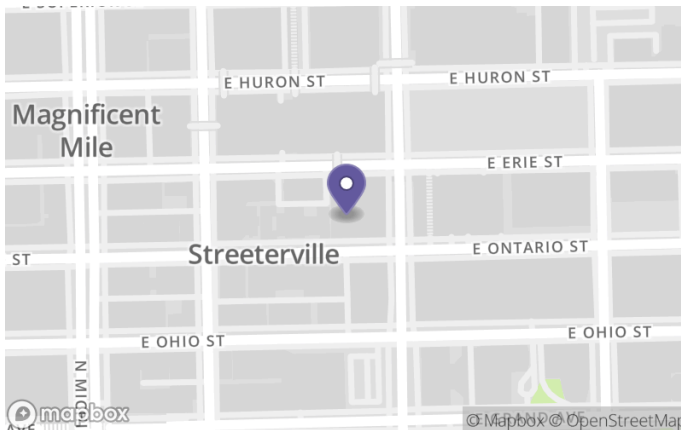
Primary Specialty

Gastrointestinal Behavioral Health Psychology

Secondary Specialties

Psychology

Location



Northwestern Medicine Digestive Health Center

259 E Erie St Ste 1600
Lavin Family Pavilion
Chicago, IL 60611
📍 0.07 mi

312.695.6868
f 312.695.2729

Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

Practice Groups and Affiliations

Medical Group

Northwestern Medical Group

Alignment Category

Northwestern Medicine Physician Network

Education

Professional Education

PhD, Illinois Institute of Technology Lewis College of Human Sciences - 2013

Practice Focus Areas

Cognitive Behavioral Therapy

Coping with Medical Illness

Emotional Reaction to Medical Diagnosis

Stress Management

Weight Loss Surgery

Functional GI Disorders

Inflammatory Bowel Disease

Medical Hypnosis

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

Care Provider Ratings

Overall rating

4.9



113 Ratings

Reviews From Patients

67 Reviews

AUGUST 30 2022

She is so thoughtful and I left each appointment with skills and a plan how to incorporate what I learned into my life.

AUGUST 23 2022

She was personal and set realistic expectations for her availability.

AUGUST 16 2022

She's so thoughtful and I'm learning much through our sessions.

AUGUST 9 2022

I appreciate her support and care.

JULY 30 2022

Warn, professional

JULY 29 2022

She was easy to talk to, and offered very helpful suggestions to help in reaching my health goals.

JULY 26 2022

Dr Tomasino is knowledgeable about IBS, explains things clearly and I'm confident we will get this under control. I know she would be able to help others like she is helping me so I would feel I could recommend her to someone else.

JULY 19 2022

Dr. Tomasino is so understanding and helps patients develop great skills.

JUNE 27 2022

I love Dr Tomasino!!!! I feel very comfortable with her. She is very nice and patient and I am person, that needs it. Dr Tomasino has very nice personality, but most importantly she is a wonderful doctor. I am happily waiting for next session with her and after session I have to say I am happy and I feel like I accomplished something. Dr Tomasino doesn't make me feel embarrassed.....and that make a nice , good and understanding doctor. She is very personable and is big plus!

JUNE 16 2022

Dr. Kathryn helps you be at ease and allows you to speak freely. Her methods and examples help convey her points and methods.

JUNE 16 2022

Very thoughtful Encouraging to improve mental and physical health

JUNE 16 2022

Very knowledgeable.

JUNE 11 2022

She was kind and had was concerned about me. She made me feel comfortable and listened.

JUNE 9 2022

She listens, is direct and explains her course of treatment and is realistic.

MAY 30 2022

She is always welcoming and concerned about your overall health care.

MAY 24 2022

She is knowledgeable and helpful.

MAY 20 2022

So kind and patient and knowledgeable!

MAY 13 2022

Easy to work with. Attentive to needs.

MAY 12 2022

She listened to me which isn't always the case. Her questions were spot on and reassured me that I was finally in the right place for my IBSC treatment

APRIL 30 2022

A wonderful provider.

APRIL 18 2022

Everyone I have dealt with has been very helpful.

APRIL 8 2022

She and Dr. Brenner have given me my life back!

APRIL 4 2022

Goals for therapy have been met. My symptoms are basically zero.

MARCH 22 2022

She makes your visit a very good experience and she is knowledgeable in her field I like her.

MARCH 8 2022

I think the conversations we had played a huge part in my improvements.

MARCH 4 2022

Doctor Kathryn made me feel Comfortable , she's very friendly, made me feel like I have know. For a long time .

FEBRUARY 26 2022

Professional, considerate, easy to talk to, on-time, organized,

FEBRUARY 25 2022

Very nice and easy to talk to.

FEBRUARY 17 2022

Dr Tomasino was very kind and patient

FEBRUARY 15 2022

Symptoms have begun to improve. I now have more tools to help address symptoms when they arise.

FEBRUARY 14 2022

She was very thorough and helped me understand the mind body connection

FEBRUARY 8 2022

She is kind, empathetic, knowledgable but explains in a way that is understandable and logical. Gives practical suggestions.

FEBRUARY 4 2022

Nice person to talk too

FFBRIIARY 3 2022

Dr. Tomasino was prepared, professional and a good listener. She provided next steps and the goals of our meetings.

JANUARY 18 2022

Very professional, kind, understanding, etc...

JANUARY 15 2022

Wow Kathryn is the best, she's patient, gives you great information, she's very attentive just an all around great psychologist

JANUARY 14 2022

I would recommend her to everyone.

JANUARY 10 2022

Very kind and compassionate and will work hard to fix me! :)

DECEMBER 24 2021

She is very concerned about her patients.

DECEMBER 24 2021

I've only had one session. I'm optimistic

DECEMBER 14 2021

Very interested in your health

NOVEMBER 13 2021

Dr. Kate is very empathetic and goes an extra mile to help patients. I highly recommend her

OCTOBER 30 2021

She is the best.

OCTOBER 29 2021

Great psychologist. Gives me great feedback.

OCTOBER 22 2021

Because she was very professional and very caring.. regarding the situation.

OCTOBER 15 2021

Asks the right questions.

OCTOBER 3 2021

Answered my questions, explaining everything in understandable ways as opposed to lots of medical, technical terminology Focus on understanding my issues and ways to deal with them going forward A very kind caring professional person

SEPTEMBER 24 2021

Dr. Tomasino is amazing and the therapy I did with her has changed my life!

AUGUST 4 2021

Dr. Tomasino is excellent, very professional, knowledgeable and a people person.

JULY 13 2021

She is easy to talk to, teaches me important and new information, and she teaches me skills that I can use to live with greater health and joy.

JULY 1 2021

She gives me good strategies. She individualizes for me. She is respectful, smart, and a great communicator!

JUNE 25 2021

She's very warm, kind, informative, and you can tell she cares in your overall health and well-being. Thank you!

JUNE 4 2021

Ok doctor

MAY 20 2021

She went beyond the gastrointestinal issues to offer real help.

MAY 18 2021

She was easy patient and super knowledgeable

APRIL 29 2021

Superb professionalism, highly knowledgeable and deeply compassionate.

APRIL 19 2021

Dr. Tomasino is very professional and respectful. Questions and concerns were answered about the evaluation. Diet and Medical procedures were discussed which increased my understanding and eased my apprehension. I felt very positive and comfortable during our meeting.

MARCH 30 2021

She's helpful and smart

MARCH 23 2021

Dr. Tomasino is so kind and understanding and is really helping me address my GI issues through therapy!

MARCH 20 2021

She is knowledgeable, attentive, caring, a truly wonderful clinician.

MARCH 9 2021

Kate is very caring and concerned in a person's health. She is very friendly and listens well

FEBRUARY 19 2021

Dr Tomasino's guidance and counsel has been critical in my health and well-being.

FEBRUARY 17 2021

She was very easy to talk with. She made me feel comfortable and let me know that she would be with me for support before during & after my procedure.

JANUARY 15 2021

She was very good to explain to me

DECEMBER 7 2020

I really liked her but also just getting to know her! She seems great!

DECEMBER 4 2020

Dr Tomasino recommendations were helpful and insightful

NOVEMBER 20 2020

Found her to be good listener ... flexible... professional.... good manner of being. Introduction phase ... courtship. Not enough time under belt/hood to determine more than that.

Website

<https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=38030>

Faculty Profile

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=38030>