



4.9 ★★★★★

369 Ratings

Michael S. Ziffra, MD

Northwestern Medical Group

Primary Specialty

Psychiatry

Location



Northwestern Medicine Department of Outpatient Psychiatry

676 N St Clair St Ste 1100
Arkes Pavilion
Chicago, IL 60611
📍 0.09 mi

312.695.5060
f 312.695.5010

Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

Practice Groups and Affiliations

| | |
|---------------------|---|
| Medical Group | Northwestern Medical Group |
| Alignment Category | Northwestern Medicine Physician Network |
| On Medical Staff At | Northwestern Memorial Hospital |

Education

Medical Education

MD, Northwestern University Feinberg School of Medicine - 2002

Residency

Beth Israel Deaconess Medical Center - 2006

Board Certifications

American Board of Psychiatry and Neurology - Psychiatry (Certified)

Practice Focus Areas

Adjustment Disorder

Bipolar Disorder

Adult Psychiatric Services

Cognitive Disorders

Anxiety Disorders

Mood Disorders

Obsessive Compulsive Disorder (OCD)

Treatment Resistant Depression

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

Care Provider Ratings

Overall rating

4.9



369 Ratings

Reviews From Patients

213 Reviews

AUGUST 17 2022

Hi is professional, friendly and effective.

AUGUST 10 2022

Patient, empathetic, knowledgeable and kind

AUGUST 1 2022

Doctor Ziffra is the best.

JULY 25 2022

Great listener, caring, we work as a team

JULY 22 2022

I don't want others to steal him from me

JULY 15 2022

Professional and courteous to me as his patient. He looked for the best alternative for my needs.

JULY 8 2022

Great psychiatrist. He's easy to talk to & very understanding of my lifestyle; we have a wonderful rapport.

JULY 8 2022

He's polite and above all, he listens

JUNE 30 2022

His books should be jammed packed of clients. Always in an enjoyable time.

JUNE 21 2022

Compassionate, knowledgeable, good listener

JUNE 21 2022

His IQ and support.

JUNE 14 2022

Thoughtful. Empathic. Includes me in decision making.

JUNE 8 2022

Dr. Ziffra is a brilliant man. I have implicit trust in his judgement.

JUNE 7 2022

Excellent Psychiatrist

JUNE 3 2022

He is very thorough and knowledgeable and has helped me with getting on the right meds.

JUNE 2 2022

Efficient and caring.

MAY 22 2022

He is very good

MAY 20 2022

Very easy to get a long with

MAY 19 2022

He listens and genuinely tries to help

MAY 17 2022

Smart, empathetic, insightful, direct, and he is a good listener

MAY 16 2022

Dr. Michael Ziffra is an amazing leader, mentor, and helper for myself. As a former Division 1 gymnast, I've seen a Psychologist for 7 years, and Dr. Ziffra has made an amazing positive impact on my life. He listens well, and we have great dialogue. The office is always nice and keeps me up to date.

MAY 12 2022

He's been my doctor for 15 years so I must like him.

MAY 10 2022

Could be better, however, I've seen him for three years now.

MAY 2 2022

He's been a terrific ally over the last couple years after really struggling to find a doctor who was able to help me.

APRIL 28 2022

Dr. Ziffra is a compassionate doctor. He listens to me and offers diverse resolutions. That allows me to try different ways to solve my issues and reaccess them as well. He can connect to my problems and give me guidance. I look forward to our sessions. I always feel better mentally after talking about my issues. He makes my problems look approachable. I feel much happier trying his advice to resolve or minimize my troubles.

APRIL 26 2022

Consistent and dependable.

APRIL 19 2022

He takes great pride in expressing and educating for clarity any questions or ideas to share

APRIL 13 2022

Compassion, validated, professional, very good strategies to help as I navigate through this area of my life. I never feel rushed and I feel he truly cares.

APRIL 12 2022

Dr. Ziffra, is very attentive to his patients.

APRIL 12 2022

What can I say? He's the best

APRIL 4 2022

Because he makes you feel very relaxed and get to the bottom of things and resolve them or come to some kind of resolution

MARCH 25 2022

Always available and helpful

MARCH 22 2022

I find Dr. Ziffra to be a wonderful person as well as doctor

MARCH 14 2022

Your nice as well as caring person

MARCH 14 2022

There's a reason he books up so fast!

MARCH 13 2022

Compassionate, intelligent, great listener. Genuinely wants to improve my quality of life.

MARCH 13 2022

Dr. Ziffra made me feel like he genuinely cares about getting me to feeling normal and on the right medications to get me there. He also listens about my life problems dealing with mental health and not just medication talk.

MARCH 13 2022

Dr. Ziffra is a good listener and is very thorough in my visits. The decisions about my care feel collaborative and I trust him with my care in an emergency.

MARCH 8 2022

Dr Ziffra is the best. Very matter of fact, not judgmental, and communicative.

FEBRUARY 25 2022

Professional, polite, mild mannered so easy to talk to, the doctor doesn't scare me. Thank you for helping me.

FEBRUARY 22 2022

Compassionate, knowledgeable, great listener

FEBRUARY 9 2022

I am confident that any person I recommended would also get great care.

FEBRUARY 6 2022

He was very knowledgeable and supportive

JANUARY 30 2022

Always listens, compassionate, very knowledgeable

JANUARY 17 2022

He's an excellent doctor.

JANUARY 12 2022

He is awesome & listens to ensure the best care for you

JANUARY 9 2022

Great listener and problem solver

JANUARY 4 2022

Dr. Ziffra is the best! He knows what I need.

JANUARY 1 2022

Great listener, allows me to participate in decisions

DECEMBER 26 2021

He's very thorough and has helped me a lot in these last few years.

DECEMBER 21 2021

Compassionate, intelligent, good listener

DECEMBER 20 2021

Dr. Ziffra is professional and friendly.

DECEMBER 13 2021

Feel respected, heard and well cared for as well as included in health decisions.

DECEMBER 6 2021

He is kind and a good listener

DECEMBER 4 2021

He is very good at his job

NOVEMBER 30 2021

Out of all my physicians I trust Dr. Ziffra the most. He is a brilliant clinician.

NOVEMBER 28 2021

Good listener, compassionate, dedicated.

NOVEMBER 21 2021

He listens and works with me to improve my quality of life.

NOVEMBER 21 2021

He is an excellent psychiatrist and an attentive listener.

NOVEMBER 18 2021

Polite, intelligent, empathetic

NOVEMBER 13 2021

Listens to my concerns

NOVEMBER 3 2021

Dr. Ziffra is very thorough and very compassionate and caring

NOVEMBER 1 2021

Dr Ziffra is an excellent doctor.

OCTOBER 19 2021

Dr. Ziffra is a phenomenal doctor. He listens and he understands. He doesn't forget ANYTHING. The man when it comes to Psychiatry!

OCTOBER 16 2021

Dr. Michael S. Ziffra always calls me on time and during our conversation we discuss my mental well-being and the best medication treatment.

OCTOBER 13 2021

Listened to my concerns and had a good understanding on the issues I have been dealing with. Very polite interaction.

OCTOBER 9 2021

He listens and lets me participate in treatment choices

OCTOBER 3 2021

Trustworthy doctor.

OCTOBER 2 2021

Personable, intelligent, caring, genuine.

SEPTEMBER 16 2021

Dr Ziffra is excellent. He takes the time and is very helpful.

SEPTEMBER 15 2021

Dr. Ziffra is very thorough and ensures that my needs are met as his patient aways.

SEPTEMBER 8 2021

I very much so trust his knowledge, thought processes, and how he makes me feel involved in the decisions made.

SEPTEMBER 3 2021

Good listener, cautious and prudent strategist about treatment.

AUGUST 20 2021

He is extremely helpful and really listens to your needs

AUGUST 20 2021

Cause he's a great doctor

AUGUST 3 2021

He is a excellent Doctor

JULY 29 2021

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He is very bright and he is comfortable to discuss the important issues. He is easy to talk to

JULY 27 2021

He is efficient, but takes time to listen when I have more to say. Makes the patient feel comfortable sharing feelings, non-judgmental.

JULY 26 2021

Dr. Ziffra has been helping me for close to a decade. I trust him, and I feel fortunate for his expertise.

JULY 23 2021

EXTREMELY KNOWLEDGABLE AND HELPFUL

JULY 13 2021

A very good and dedicated Psychiatrist.

JULY 13 2021

He's very generous, treats people like people

JULY 8 2021

Caring - understanding - smart.

JULY 7 2021

He is professional, responsive and kind

JULY 1 2021

Dr. Ziffra takes the time to listen to my needs. He gives me autonomy in making care decisions.

JUNE 29 2021

He is very professional and thorough.

JUNE 24 2021

He's been my doctor for almost 10 years and never had any issues. He's been absolutely wonderful.

JUNE 22 2021

Spends time and asks questions

JUNE 21 2021

Excellent care

JUNE 18 2021

AMAZING, COMPASSIONATE, EXTREMELY HELPFUL

JUNE 8 2021

He's a good psychiatrist. He listens, make suggestions, and is knowledgeable.

JUNE 4 2021

His insight and knowledge make me feel better. Talking to him and having an analytical and empathetic responses is why I like meeting with him

JUNE 3 2021

He's good at his job

JUNE 2 2021

Dr Ziffra treats the whole person. I feel heard during appointments and I always feel he takes my concerns seriously. Dr Ziffra always gives me options for care and treatment, which helps me feel hopeful.

JUNE 1 2021

Dr Ziffra listens and allows me to be an active partner in my care

MAY 28 2021

He explains everything great.

MAY 25 2021

Dr. Ziffra is thoughtful, kind, and does his best to offer me support, guidance, and good management of medications.

MAY 25 2021

Dr. Z is personable and easy to talk to. He was attentive to my needs and we discussed a wide range of topics in a short period of time.

MAY 25 2021

Goes over everything and provides details on why and how he came up with my treatment plan. I never feel like I'm in a world of the unknown. He explains things in simple terms & make sure you understand

MAY 17 2021

Professional, doesn't judge me, great listener, easy to talk with Dr Ziffra, includes me on the next step of care.

Faculty Profile

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=17059>