



4.7 ★★★★★
1040 Ratings

Paul L. Grindstaff, MD

Northwestern Medicine Regional Medical Group

Primary Specialty
Neurology

● Accepts New Patients

Location



Northwestern Medicine Regional Medical Group

360 E Station Dr Ste 300
Crystal Lake, IL 60014-8003
📍 41.95 mi

815.455.1800
f 815.455.1875

Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

Practice Groups and Affiliations

Medical Group Northwestern Medicine Regional Medical Group

Physician Category Northwestern Medicine Physician Network
Northwestern Medicine Regional Medical Group

On Medical Staff At
Huntley Hospital
McHenry Hospital
Woodstock Hospital

Education

Medical Education MD, American University of the Caribbean School of Medicine - 1999

Internship Loyola University Medical Center - 2001

Residency Loyola University Medical Center - 2004

Fellowship Loyola University Medical Center - 2005

Board Certifications

American Board of Psychiatry and Neurology - Neurology (Certified)

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

Care Provider Ratings

Overall rating

4.7



1040 Ratings

Reviews From Patients

407 Reviews

MARCH 26 2022

Dr. Grindstaff is fantastic.

MARCH 26 2022

Is friendly and knows what he's doing.

MARCH 24 2022

Efficient. Thorough.

MARCH 23 2022

Listening and explaining things well enough.

MARCH 23 2022

Quick and efficient.

MARCH 23 2022

He was caring and friendly

MARCH 23 2022

Professionalism

MARCH 22 2022

Answered my questionsâ€™.very pleasant!

MARCH 21 2022

Did not rush my appointment. All my concerns were answered. Hi

MARCH 20 2022

Dr explained everything in terms I was able to understand and answered my questions before they were asked.

MARCH 20 2022

He inspired trust, was straightforward, and knew his stuff.

MARCH 18 2022

I think people will like him and his staff

MARCH 16 2022

Worked him in the past and he provides knowledgeable explanation of my issues. Very comfortable visit

MARCH 16 2022

The doctor is easy to talk to, addressed my concerns and seems very thorough.

MARCH 15 2022

From the front check in, to the nurses to Dr. Grindstaff everyone was amazing, attentive, helpful and caring. We needed some assistance and everyone was amazing. Dr. Grindstaff listened to everything asked a ton of question and started us on a tentative plan which is more then any other doctor had done for us up until this point. We are great full to have gotten in for an appointment.

MARCH 14 2022

He was very professional, good bedside manner

MARCH 13 2022

It's too soon to make a more accurate recommendation as I haven't discussed the results of the tests with Dr Grindstaff. He's rushed and unfriendly, even condescending at times, but my biggest concern is competence. I hate to sound so negative. I really like Dr Macken, who helped me get control of my epilepsy and is genuinely warm. I'd give him a score of 10 if this survey were about him, and I'm hoping

for a great outcome with Dr Grindstaff but I have my doubts.

MARCH 11 2022

Great patient care, expertise, respect

MARCH 10 2022

very nice and respectful, all around amazing person!

MARCH 9 2022

Personable and through

MARCH 9 2022

I had a good experience

MARCH 9 2022

Kind professional and explains everything. I really like him.

MARCH 7 2022

Excellent care. Took time to explain tests.

MARCH 4 2022

Dr. Grindstaff isn't. It's not that he is mean, but he gives the impression that I am just another number/patient that he needs to see to get through the day. He does address my problems and explains things, but I get the feeling that he wants to get through the appointment as soon as possible.

MARCH 2 2022

Very friendly and I felt like he asked a lot of questions and listened to all my answers.

FEBRUARY 28 2022

Through, friendly, concerned with us and our situation

FEBRUARY 26 2022

He seems helpful and concerned but somehow no results or treatment recommendations get to me.

FEBRUARY 24 2022

He kept things simple for me and his aides were vary pleasant.

FEBRUARY 23 2022

Very nice.

FEBRUARY 18 2022

Professional, knowledgeable and friendly

FEBRUARY 16 2022

Awesome as always

FEBRUARY 15 2022

ersonality

personality

FEBRUARY 15 2022

Everyone is great

FEBRUARY 15 2022

Dr. Grinstaff was very thorough and explained in detail answered all my questions

FEBRUARY 14 2022

Pleasant Listens to you

FEBRUARY 8 2022

Very patient, pleasant and easy to work with.

FEBRUARY 8 2022

He was professional, caring and helpful in his suggestions for treatment.

FEBRUARY 7 2022

Because he LISTENED to me & understood what I was saying.

FEBRUARY 5 2022

He has a calm demeanor and concern for his patients and truly cares. Not like some clinics that have 2.5 mins to state the reason for being there, diagnose the case, hand out a script and get moving to the next patient. He takes the time to answer my questions and address my concerns. He gives me alternatives to just taking more medications. Then turn to medications if I really need them. I really like that that option.

FEBRUARY 3 2022

Seemed nice and thorough

JANUARY 28 2022

It is grateful to see him once a year after stroke in 2018 2/13.

JANUARY 27 2022

He is a nice Dr.

JANUARY 27 2022

Dr. Grinstaff is very patient, professional & not only answers my questions, but gives me additional information to help me understand & succeed in my recovery.

JANUARY 25 2022

Very focused and to the point

JANUARY 25 2022

Today was my first time at neurology and Dr. Grinstaff listened intently to everything I said and was very reassuring regarding finding answers and next steps.

JANUARY 24 2022

Straight forward Easy going

JANUARY 22 2022

He is very caring and understanding

JANUARY 21 2022

Dr. Grindstaff was forthright with his assessment and is helping to understand and treat my medical issues.

JANUARY 20 2022

Seems to be thorough; caring

JANUARY 20 2022

Professional friendly

JANUARY 15 2022

Everyone there is very professional

JANUARY 15 2022

Listen carefully to our concerns

JANUARY 15 2022

Very patient, always taking the time to answer all my questions, never makes me feel like I'm not intelligent.

JANUARY 14 2022

He listened to me. Answered all my questions. He was easy to converse with.

JANUARY 13 2022

I think Dr. Grindstaff is pretty thorough with his exam, testing and treatment.

JANUARY 12 2022

He took his time and explained things thoroughly

JANUARY 7 2022

Doctor took time to understand my problem and help me solve my problem

JANUARY 1 2022

I felt heard, not rushed, with follow up explained.

JANUARY 1 2022

The doctor made me feel comfortable and was very professional.

DECEMBER 30 2021

I have been seeing Dr Grindstaff for over 4 years and he has helped me immensely! He diagnosed my B12 deficiency and I am doing great now!

DECEMBER 29 2021

Super dr

DECEMBER 29 2021

He was very through.

DECEMBER 29 2021

I trust him

DECEMBER 14 2021

Quick and painless

DECEMBER 7 2021

Dr. Was very knowledgeable and helpful.

DECEMBER 4 2021

He did a good job with me

DECEMBER 3 2021

Professional and explained our concerns.

DECEMBER 2 2021

He showed me my scans explained everything to me

DECEMBER 1 2021

Neurology expertise is a 10! I have seen Doctor Grindstaff for close to 10 years when he was with Centegra. He is the reason I go to Northwestern Medicine. Extremely knowledgeable and proficient.

NOVEMBER 30 2021

Very professional and was willing to listen to my concerns and offered a solution. Did some testing in the office.

NOVEMBER 29 2021

Again,he explains everything and is very patient with the patient and family

NOVEMBER 26 2021

nice

NOVEMBER 26 2021

Listened very well

NOVEMBER 23 2021

Because I like him and his professionalism and understanding. I feel confident in his care.

NOVEMBER 21 2021

Everyone listens to what you have to say.

NOVEMBER 19 2021

He's very professional in his interactions.

NOVEMBER 18 2021

Very good Doctor

NOVEMBER 16 2021

Very professional and patient with listening to patient's issues.

NOVEMBER 15 2021

The Dr. truly listens and is thoughtful in his response to your issues.

NOVEMBER 15 2021

Thorough and confident and a good bedside manner.

NOVEMBER 14 2021

Seems like a good doctor

NOVEMBER 12 2021

Felt comfortable with him.

NOVEMBER 11 2021

He was very likable and personable. He explained everything he needed and helped me to get it done.

NOVEMBER 11 2021

He was kind, explained what he was doing

NOVEMBER 8 2021

We did not feel rushed and all of our questions were answered.

NOVEMBER 8 2021

Dr. Grindstaff is friendly, patient, and highly knowledgeable of complex issues. I was very anxious and Dr. Grindstaff was willing to take the time needed to explain all the various options and outcomes in terms I could understand.

NOVEMBER 4 2021

He is a very fine doctor. I feel very comfortable with him and I'm fortunate to have him for my continued care.

NOVEMBER 3 2021

We have to do procedure before I can answer

OCTOBER 31 2021

Doctor is always on time and is knowledgeable.

OCTOBER 29 2021

Dr grindstaff offered basic info to help with discomfort. Practical suggestions.

OCTOBER 25 2021

Dr. Grindstaff is amazing! I've already sent referrals to him and will continue to do so.

OCTOBER 25 2021

Dr. Grindstaff was very professional and took care of my concerns.

OCTOBER 24 2021

Good vibe.

OCTOBER 22 2021

I already have made a recommendation to my friend with similar conditions.

OCTOBER 20 2021

It was explained in the reasons section

OCTOBER 19 2021

He listened to what I had to say and took his time to talk with me.

OCTOBER 18 2021

He really does take the time to listen and include my Dad in on the conversation. That is appreciated more than you know.

OCTOBER 14 2021

Dr. Grindstaff was very caring and listened to our concerns. He helped us with our daughters pain as we worked to find out the cause.

AUGUST 31 2021

Thorough and explained everything what to ey

AUGUST 31 2021

Wasn't overly friendly. Pretty much down to business. And that's it