



4.9 ★★★★★
140 Ratings

Roumen D. Balabanov, MD

Northwestern Medical Group

Primary Specialty

Neurology

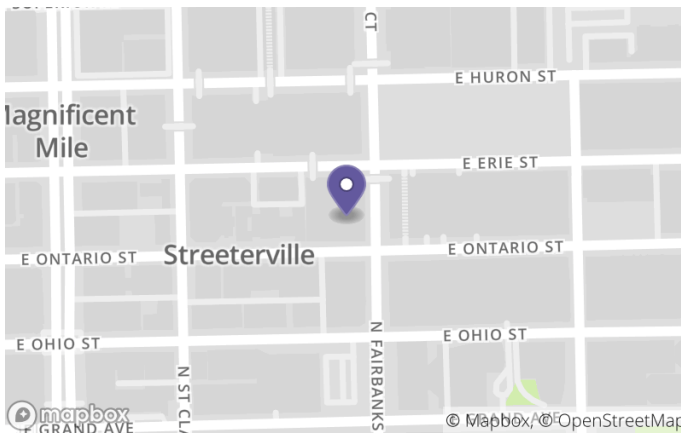
Secondary Specialties

neurology

multiplesclerosisandneuroimmunology

● Accepts New Patients

Location



Regenstein Center for Neurological Care

259 E Erie St Ste 1900
Lavin Family Pavilion
Chicago, IL 60611
📍 .07 mi

312.695.7950
f 312.695.5747

Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

Practice Groups and Affiliations

Medical Group

Northwestern Medical Group

Medical Group	NORTHWESTERN MEDICAL GROUP
Physician Category	nmpn
On Medical Staff At	Northwestern Memorial Hospital

Education

Medical Education	MD, Medical University Sofia Faculty of Medicine - 1991
Internship	Detroit Medical Center/Wayne State University (Sinai-Grace) - 1999
Residency	University of Chicago - 2002
Fellowship	University of Chicago - 2004

Board Certifications

American Board of Psychiatry and Neurology - Neurology (Certified)

Practice Focus Areas

Acute Disseminated Encephalitis (ADEM)	CNS Vasculitis
Autoimmune CNS disorders	Multiple Sclerosis
Autoimmune encephalitis	Neuromyelitis Optica
Neurosarcoidosis	
Transverse Myelitis	

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

Care Provider Ratings

Overall rating

4.9



140 Ratings

Reviews From Patients

134 Reviews

NOVEMBER 16 2020

He responds to my questions in a professional helpful manner.

NOVEMBER 16 2020

I have always been given reliable, helpful information and professional care.

NOVEMBER 16 2020

He is very friendly and listens to what you have to say. Makes suggestions besides medication. Reminds you as a patient to do the things you need to do for better health.

NOVEMBER 16 2020

Very accomodating. Never a long wait for your doctor. The waiting room is clean and has plenty of seating.

NOVEMBER 13 2020

Nice guy ! Attentive and made me feel like I mattered as opposed to just another appt.

NOVEMBER 13 2020

Even though they seem busy , they took the time to see me and spent time discussing my issues. I really appreciated the hands on approach of the staff and Dr Balabanov.

NOVEMBER 12 2020

He's awesome!!

NOVEMBER 9 2020

Excellent doctor, willing to take the time to answer my questions and provide me with the information needed to deal with my health issues.

NOVEMBER 9 2020

Kind and knowledgeable

NOVEMBER 9 2020

Ease of scheduling, kind Drs and staff. Question and answers are explained.

NOVEMBER 9 2020

He has the high level of expertise and experience I need for my care. He takes time to explain questions that I ask him.

NOVEMBER 9 2020

I feel confident in the high level of experience and expertise that my neurologist has.

NOVEMBER 9 2020

Dr. Balabanov has the best bedside manner and gives me so much hope. I fly across the country just to have my follow ups with him. Northwestern provides amazing care and is very efficient.

NOVEMBER 3 2020

See aboveKindnessEasy to talk toCalm demeanor ThoroughListening"communication skills

NOVEMBER 3 2020

Research based National ranking Quality of physicians

NOVEMBER 2 2020

He is a loyal, honest, professional neurologist that cares and knows the best medical options based on science and based on the individual patient rather than relying on a pool of random statistics.

NOVEMBER 2 2020

Dr. Balabanov is a top notch Neurologist! I travel from out of state to see Dr. B...he knows the medicine & science that best meets the needs for my neurological condition, MS. After 20 years of the same old lack of empathy or more likely lack of knowledge from small town "specialized neurologists" I knew I needed to research better skilled, specialized physicians to receive more aggressive & dedicated care since my condition was entering a serious phase of progression. I was diagnosed in 1997 but I've been fortunate to have shown little to no noticeable physical symptoms or progression until 2014-15. But when the last Neurologist told me to "go off all my meds, go home & play the cards that were dealt to me", sit around and wait to die....I knew I was "dealt" a bad hand of unrealistic, unprofessional, unethical healthcare. I never returned to that practice again but instead I'm now in the most loyal & best of care by Dr. R. Balabanov.

NOVEMBER 2 2020

Doctor really listened to me. Very kind staff.

NOVEMBER 2 2020

Thorough

NOVEMBER 2 2020

Excellent

NOVEMBER 1 2020

We trust him. Like a family

NOVEMBER 1 2020

Excellent and professional Dr

OCTOBER 30 2020

The doctor is great. I never felt as though I was being rushed or discounted. He encouraged me to share, never dismissing any of my concerns.

OCTOBER 30 2020

The folks in the Dept. were all professional and kind.

OCTOBER 29 2020

Dr. Balabanov is a great doctor, gives his time to attend to his patients and listens to them

OCTOBER 26 2020

I am happy with Doctor Balabanov took me a long time to find someone I connect with and I am blessed to have found him

OCTOBER 26 2020

I am Grateful for everybody there you're very nice to me every time I come if you are at home if you're comfortable and highly recommend this center for anybody that needs to see the neurologist

OCTOBER 23 2020

Good customer service, personable staff and doctor

OCTOBER 22 2020

Very knowledgeable and addressed my specific situation.

OCTOBER 22 2020

Informative and addressed all issues.

OCTOBER 21 2020

Great knowledge, interest, and care.

OCTOBER 21 2020

The doctors I have seen have shown great knowledge, care, and interest.

OCTOBER 20 2020

Dr Balabanov is the best! He listens and responds in language I can understand. The team is also very responsive and kind.

OCTOBER 12 2020

Great doctor! Great listener and explains in a way that is easy to understand!

OCTOBER 12 2020

Great staff and doctor!

OCTOBER 11 2020

Dr Balabanov is extremely knowledgeable, thorough, he listens and explains everything very well. I trust him completely.

OCTOBER 11 2020

My family has been treated with the utmost respect and effective care. The staff member, Will, who helped me check in was engaged, compassionate, and extremely friendly. All around great experience.

OCTOBER 10 2020

He's kind, patient and thorough.

OCTOBER 10 2020

Dr Balabanov worked hard to help get to the bottom of my neurological issues.

OCTOBER 7 2020

Before I met Dr. B I went to 3 other top MS doctors. Dr. B has literally saved my quality of life. He worked with me through all possible medication options and has assisted in providing long term remission. When I met him over 10 years ago at an MS clinic fundraiser he gave me the best advice in my life. the

medication you are taking for MS is causing worse side effects than your MS it is time to change medications. That was the moment I knew that Dr. B had the progressive strategies needed to manage my illness. His willingness to think out of the box has changes my life.

OCTOBER 7 2020

A sincere and Dedicated

OCTOBER 7 2020

They are extremely knowledgeable and caring for their Patients

OCTOBER 7 2020

Knolegable, caring professionals

OCTOBER 6 2020

Dr. Balabonov is an excellent dr.

OCTOBER 6 2020

Dr. Balabonov is a excellent neurologist and I recommend him to anybody who has ms

OCTOBER 5 2020

I dont have any MS friends to refer, but if i did i would

OCTOBER 5 2020

Dr. B seems generally concerned about my outcome

SEPTEMBER 30 2020

He is very knowledgeable & excellent at explaining technical procedures & plans.

SEPTEMBER 30 2020

Excellent physician. Great communication & explanations.

SEPTEMBER 28 2020

He's brilliant, he has aggressive treatment plans, which fortunately have changed my life a lot. He's kind, funny, positive, honest and a "cup half full" kind of guy

SEPTEMBER 28 2020

Dr Balabanov is wonderful

SEPTEMBER 27 2020

He's a great doctor and been his patient for 13years

SEPTEMBER 25 2020

Because everything I ask him he gives me the best answer to his ability and vary Professional

SEPTEMBER 24 2020

Dr B is great

SEPTEMBER 24 2020

I have been going to Doctor for 11 years and trust him and his judgments

SEPTEMBER 23 2020

Extremely Knowledgeable!!

SEPTEMBER 23 2020

Professional and very courteous

SEPTEMBER 20 2020

He is the best doctor. Thanks to him and his treatment plan for me I have been flare-up free for 13 years.

SEPTEMBER 19 2020

Cares as a doctor and as a person

SEPTEMBER 19 2020

Great doctor and staff

SEPTEMBER 17 2020

Excellent Doctor

SEPTEMBER 17 2020

The Doctor has Great bedside manor, very engaging, and gave much needed insight to the disease.

SEPTEMBER 16 2020

He knows nerves

SEPTEMBER 16 2020

Dr. B touches all bases in his treatments. Listens to all my concerns and situations.

SEPTEMBER 15 2020

Dr Balabanov makes me feel like he really cares about me and my treatment.

SEPTEMBER 15 2020

Treated with respect and concern by Dr and staff.

SEPTEMBER 14 2020

Doctor is very good at what he does. He help my wife with her sickness and we're thankful for his knowledge.

SEPTEMBER 14 2020

Doctors at Northwestern we're the only people that help my wife with what she has.

SEPTEMBER 14 2020

LISTSEN TO WHAT I HAD T SAY AND DIDNT TRY TO PUSH ANY OTHER MEDICINE ON ME

SEPTEMBER 10 2020

SEPTEMBER 10 2020

He listens to me and allows me to make decisions about my care.

SEPTEMBER 10 2020

I have always had a good experience at the Neurology Clinic. I trust the doctors and they are organized and petownt focused.

SEPTEMBER 8 2020

It is nice they actually sit and talk and listen not 2 minutes and running out the door

SEPTEMBER 3 2020

The best doctor!!!!

SEPTEMBER 3 2020

He takes time to talk to you and answer questions. Explains everything. Very positive. Extremely knowledgeable.

SEPTEMBER 3 2020

Great staff, doctors and nurses.

AUGUST 31 2020

He's the best thing ever!!!

AUGUST 28 2020

He was extremely thorough and genuinely interested in discovering the cause of my symptoms.

AUGUST 28 2020

Excellent doctor

AUGUST 28 2020

Good care

AUGUST 27 2020

I was very pleased with dr. Balabanov and his bedside manner. He was a calming and realistic presence in a time full of unknowns.

AUGUST 26 2020

Dr. B is excellent!! Very knowledgeable about treatment options following my HSCT.

AUGUST 26 2020

Very thorough and personable. Feel comfortable in discussing problems.

AUGUST 25 2020

Very knowledgeable, good bedside manner.

AUGUST 24 2020

Amazingly knowledgeable and friendly service. Always willing to listen to patient need.

AUGUST 24 2020

Dr. Balabanov is an amazing and extremely knowledgeable doctor when it comes to my condition. I appreciate having him at NW and not having to travel to other states!

AUGUST 24 2020

He is very knowledgeable, explains well, listens to what you have to say.

AUGUST 17 2020

Very nice and considerate doctor. Doctor is very informative and answers questions.

AUGUST 14 2020

Dr. Balabanov is a good doctor, he listens and cares for his patients.

AUGUST 13 2020

Dr. Balabanov is caring and very informative. I trust him with my medical needs.

AUGUST 11 2020

Dr. Balabanov has knowledge regarding his position and can be very informative and caring for his patients.

AUGUST 10 2020

I've had an excellent experience going to the neurologist at NW health. Dr. Balabanov and his team are great.

AUGUST 10 2020

He has never steered me wrong & is very collaborative. He keeps up with new research diligently and will bring it up if it might affect me. He is also kind & compassionate & he has a good sense of humor! (Very important for people with debilitating neurological diseases! 🙏🙏🙏)

AUGUST 10 2020

I followed Dr. Balaban to NW from Rush, & I would follow him if he moved again. The Neurology Dept staff is kind & competent. The Lab to get blood draws has made mistakes twice, causing me to need blood work again. It's a good thing I can get it done someplace else, because I live very far away. I would rather not use the NW lab.

AUGUST 3 2020

Very caring doctor who listens and wants to help you figure out problems

JULY 30 2020

My spouse and I were very impressed with Dr. Balabanov. He was extremely attentive and thorough. Clearly, he has a great understanding of the mechanics of the human body.

JULY 26 2020

Dr. Balabanov and his team are patient and caring. I know I am in good hands with Dr. Balabanov because of his knowledge and years of expertise. I always feel comfortable asking him questions because of his kind demeanor.

JULY 26 2020

Very understanding doctor.

JULY 23 2020

The staff are welcoming..Dr. B makes me feel like a real human being. I'm not just a number. He is so caring and knowledgeable.

JULY 22 2020

DR Balabanov is a excellent profesional.MD

JULY 15 2020

Dr B is the best!

JULY 14 2020

Extremely knowledgeable

JULY 14 2020

Dr. B will spend as much time as needed with you especially when you are newly diagnosed. He genuinely listens and responds to pain and symptom management.

JULY 13 2020

Dr Balabanov is imminent in the field of MS and he has a fantastic bedside manner

JULY 11 2020

Dr. Balabanov is personable, professional and appears genuinely interested. He's happy to answer any questions or concerns and never in a rush.

JULY 9 2020

I've seen 6 neurologists in 4 different states, including Mayo Clinic twice. Dr. Balabanov is the very best of all. Innovative & effective treatment, and he hears what I say.

JULY 9 2020

I feel very lucky to have found Dr. Balabanov. I think he is a knowledgeable & caring physician. All of the nurses & staff in Neurology are nice too.

JULY 7 2020

Very professional and polite, always trying to figure out solutions to better my health

JULY 4 2020

Dr. Balabanov is very professional and knowledgeable. Nothing short of amazing!

JULY 1 2020

Honest, caring, professional.

JUNE 30 2020

Dr Roumen is a excellent Neurologist.He explains everything.We are so happy having him

JUNE 30 2020

Dr. Balabanov is a excellent doctor as a neurologist who specializes in me!

JUNE 30 2020

Dr. Balabanov is very thorough and kind. I went to five neurologists before I found him, and he beats all of them put together in his her approaches your symptoms and you. Thank you Dr. Balabanov and your staff for your wonderful care!

JUNE 30 2020

He is so nice , so knowledgeable, he listens , he wants the best healthcare for me

JUNE 28 2020

I feel I am getting good treatment.

JUNE 28 2020

Dr Balabanov has been addressing and treating my MS well with new therapies to what is appropriate to what my body needs.

JUNE 26 2020

I really appreciate all of the time he spends to answer my questions and explain anything I don't quite understand. He is really exceptional.

JUNE 26 2020

I've always had a great experiences both with Dr. Balabanov and everyone at the infusion center.

JUNE 25 2020

Helpful and informative

JUNE 24 2020

Dr. Balabanov is very knowledgable and takes time with patients to explain things.

JUNE 23 2020

Always a good experience! I never feel rushed and doctor is a good listener.

JUNE 23 2020

Dr. B is is an excellent doctor and has a great bed-side manner. Even if i get bad news, i still feel better after an appointment with Dr B. I am grateful and lucky that he allows me to be his patient.

JUNE 21 2020

I've had Dr. Roumen D. Balabanov as my Nuerologist for years now and he's done an incredible job! He's always been very professional, courteous, helpful, and is the only Nuerologist I trust!

JUNE 20 2020

Dr. Balabanov provides accurate and compassionate visits for patients.

JUNE 18 2020

He was very informative and the consult I got was what I needed. I came in for a second opinion and he

gave me facts and was very informative.

JUNE 15 2020

Very knowledgeable physician, explains everything well.

JUNE 15 2020

Very knowledgeable physician, explains everything well,

JUNE 15 2020

Dr. B is very knowledgeable about the latest MS medicines and therapies. He is open to discussing lifestyle and diet changes as well which I appreciate. He never talks down to you as a patient and has a great sense of humor about life!

JUNE 13 2020

All of my questions were answered. Doctor were very polite.

JUNE 13 2020

Dr. B is always patient, positive, helpful, and informative which I greatly appreciate especially when I seem to be presrenting in the direct opposite of everything he tells me will happen!

JUNE 12 2020

Dr. Balabanov is extremely knowledgeable and personable. He gives thoughtful insight into a unique medical condition and has made himself readily available to us.

JUNE 12 2020

The doctor is very familiar with my MS treatment and what we have tried to limit my problems with the disease.

JUNE 12 2020

Doctor is knowledgeable is treating my MS and offers new treatments to me.

JUNE 8 2020

Dr. Balabanov has been very thorough and I trust in his medical care and knowledge.

JUNE 8 2020

I have been a patient of Dr. BALABANOV for more than five years. I am very pleased with the thorough care I have received.

Languages Spoken

bulgarian

Faculty Profile

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=35235>