



4.9 ★★★★★

504 Ratings

Roumen D. Balabanov, MD

Northwestern Medical Group

Primary Specialty

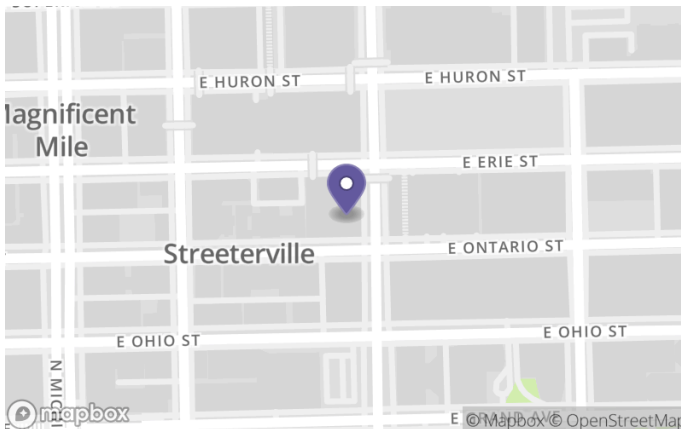
Neurology

Secondary Specialties

Multiple Sclerosis and Neuroimmunology

● Accepts New Patients

Location



Regenstein Center for Neurological Care

259 E Erie St Ste 1900
Lavin Family Pavilion
Chicago, IL 60611
📍 0.07 mi

312.695.7950
f 312.695.5747

Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

Practice Groups and Affiliations

Medical Group

Northwestern Medical Group

Physician Category Northwestern Medicine Physician Network

On Medical Staff At Northwestern Memorial Hospital

Education

Medical Education MD, Medical University Sofia Faculty of Medicine - 1991

Internship Detroit Medical Center/Wayne State University (Sinai-Grace) - 1999

Residency University of Chicago - 2002

Fellowship University of Chicago - 2004

Board Certifications

American Board of Psychiatry and Neurology - Neurology (Certified)

Practice Focus Areas

Acute Disseminated Encephalitis (ADEM)

Autoimmune CNS disorders

Autoimmune encephalitis

Neurosarcoidosis

Transverse Myelitis

CNS Vasculitis

Multiple Sclerosis

Neuromyelitis Optica

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

Care Provider Ratings

Overall rating

4.9



504 Ratings

Reviews From Patients

234 Reviews

AUGUST 9 2021

Very personable and wise.

AUGUST 9 2021

He is the best at his profession at Northwestern.

AUGUST 7 2021

Great knowledgeable , compassionate physician

AUGUST 3 2021

Very nice doctor! He was very helpful and informative. He reassured me that I was making the right decisions for my daughter.

AUGUST 2 2021

Dr Balabanov is very thorough in explaining your test results. He reviews your history and listens to you explain your new symptoms.

JULY 29 2021

Very impressive intellect and the ability to discuss in layman's terms.

JULY 27 2021

He took the time to hear what I was going through and did not rush with his exam and history. He was very kind and caring

JULY 23 2021

Dr. Balabanov is a very good doctor. We followed him here from RUSH.

JULY 21 2021

They could not help me. Waste of time

JULY 21 2021

Dr. Balabanov is an excellent listener and paid attention to what I was telling him. He was very sincere and kind, and made me feel extremely comfortable. I enjoyed how he also took the time to explain everything in detail for me to understand.

JULY 21 2021

They are good

JULY 20 2021

Because he had a lot experience I know him for very long time

JULY 19 2021

He has been my neurologist since 2005.

JULY 15 2021

Listened. Important recommendations. His expertise and patience and demeanor.

JULY 15 2021

Dr Balabanov was excellent. He spent a lot of time with me and really is interested in finding the root cause of my problems.

JULY 14 2021

Professor Balabanov is an extraordinary doctor, professional, friendly, taking care for his patients, knowledgeable at any aspect at the medicine. He loves his job, his soft voice calms his patients. I strongly recommend Dr. Balabanov

JULY 13 2021

Good job

JULY 13 2021

Dr Balabanov is a passionate, educated doctor with exceptional bedside manner. He is also always very detailed with information, cares about getting to the bottom of it, and explains in a way that I can absorb. Appointments are never rushed, and yet, he is always on time for appointments. Dr B is also able to answer all my questions thoroughly and easy to understand. 10 years as my neurologist, and I'm lucky to have him on my team. A+

JULY 8 2021

Dr Balabanov really seems to understand my issues and provided a plan of attack.

JUNE 28 2021

Very knowledgeable and kind

JUNE 28 2021

Dr. Balabanov is a highly skilled and intelligent neurologist. Without him, I have no doubt that my MS would have continued to deteriorate at rapid speed.

JUNE 24 2021

All of the reasons from above. Dr B has listened to my medical issues, communicates very well why he is doing what he is to treat my condition. Is up to date on what is going on with new treatments with MS.

JUNE 24 2021

Great Doctor ,wouldn't have anyone else.

JUNE 24 2021

Personable and knowledgeable.

JUNE 21 2021

Knowledgeable. Thorough. Takes time. Current.

JUNE 14 2021

Dr. Balabanov by far and away exceeded my expectations and care that I had previously received at the University of Chicago Neurology department. He had the right amount of medical knowledge and soft skills.

JUNE 14 2021

He is very friendly and professional. Very knowledgeable and patient. He tends to my needs and what I need. Outstanding doctor!!! He has an A+ in my book.

JUNE 4 2021

I find we aren't on the same page working for my overall neurological health at times

JUNE 3 2021

Even though he was not able to see me on video, he was very patient and personable, I never felt like he was rushing me. He listened to everything I said and any questions I had were answered clearly. He explained what is going on very well and in a way I could understand.

JUNE 3 2021

He was a very kind doctor. He was thoughtful and sincere.

JUNE 1 2021

Very nice, listens well and is honest with what his plans for for treatment for you.

MAY 27 2021

Highly recommend physician!! Dr Balabonv is an excellent physician. He is highly competent, aware of details of the report, He is empathetic, intelligent and,an excellent communicator I received highest quality care from doctor and he is helping through my health crisis . Five stars Thank you

MAY 26 2021

Helpful, offers solutions, listens, cares and smart!

MAY 25 2021

He really listened as well as explained everything

MAY 24 2021

Doctor you can trust.

MAY 20 2021

Took the time to answer my questions and made sure I understood everything. Explained what to expect going forward

MAY 20 2021

Knowledgeable & patient manner.

MAY 20 2021

A very concerned doctor

MAY 19 2021

He cares for his patients, adapting your treatment to the constant changes MS brings.

MAY 17 2021

Knowledgeable staff. Lots of time spent with me Very helpful

MAY 17 2021

didn't read my chart before, struggled with listening and repeated questions that i had answered

multiple times. invalidating.

MAY 15 2021

Best, most perceptive & caring neurologist out of the seven I've seen in four states including Mayo Clinic.

MAY 11 2021

He always takes time to explain things. you never feel rushed through your visit even if he is running behind.

MAY 11 2021

Very involved and concerned for his patients. Excellent doctor!!!

MAY 10 2021

Knowledgeable. Friendly.

MAY 10 2021

Dr. Balabanov takes his time with me during my check ups with him. I am confident I am getting the best medical care from him.

MAY 7 2021

He spent a lot of time talking to my adult son and I both dealing with MS. He is very caring and concerned about your needs!!

MAY 4 2021

He listens to his patients, he gives you ideas on how you can improve certain problems that comes of having MS and he explains to you in detail on how certain ideas he gives to his patients that will help them plus he also advises on stuff that can help to correct foot drop

MAY 3 2021

After a frustrating experience with Loyola's Neurology Department, I felt like Dr. Balabanov really listened to what I said and gave helpful suggestions for both medications and diet changes to better manage my long covid symptoms.

APRIL 30 2021

Knowledgeable, kind, and great sense of humor.

APRIL 28 2021

Knowledgeable and guides you in the right direction

APRIL 27 2021

Level of compassion. Took time to talk with me. Explained things well.

APRIL 27 2021

Dr. B has been my Dr ever since I was diagnosed 13 years ago. He's knowledgeable, caring and I trust him completely.

APRIL 26 2021

He seems like a thoughtful and intelligent practitioner.

APRIL 22 2021

Doctor Roumen D. Balabanov is very professional and knowledgeable in his field of practice. He displays excellent communication skills and spends extra time really listening to his patients. He is very effective in helping and supporting them and this makes him the number one physician.

APRIL 21 2021

He is awesome

APRIL 20 2021

He was very friendly and explained everything to me very well. He made me feel like I could ask questions at any time and that they would be there to support me.

APRIL 20 2021

Roumen D Balabanov He is very profesional

APRIL 18 2021

I feel very comfortable with him. I feel he knows my MS and treatments very well.

APRIL 17 2021

I think he's brilliant. He's been able to improve my health situation like no one else has. He's kind, patient and funny

APRIL 15 2021

I really liked speaking to the doctor he really help me out a lot thank you

APRIL 13 2021

He was very informative and had great bedside manner.

APRIL 10 2021

Dr. Balabanov genuinely cares about my well being & he shares his knowledge and experience to better serve my health care needs. He also refers me to other healthcare specialists for services outside his scope but related to my condition.

APRIL 9 2021

This was my very first appointment with Dr Balabanov. He answered all my questions & I felt like he really listened to me. I did not feel like he rushed thru the appointment. I would definitely return to this doctor to handle any neurology issues

APRIL 8 2021

He's a gift

APRIL 8 2021

I felt heard and listened to.

APRIL 7 2021

Extremely knowledgeable. Including me in on treatment options.

APRIL 6 2021

As stated above he is caring and really listens.

APRIL 2 2021

Good listener sympathetic to my needs and quite responsive with solutions and alternatives

MARCH 31 2021

He offered some hope

MARCH 29 2021

He listens he sits just very knowledgeable

MARCH 28 2021

Caring, knowledgeable strong communication

MARCH 24 2021

He is knowledgeable and compassionate.

MARCH 24 2021

Dr. Balabanov is a good listener, answers all your questions and wants the best for his patients.

MARCH 17 2021

He's so knowledgeable and understanding.

MARCH 16 2021

Dr. B is the most responsive, competent and caring neurologist on the country.

MARCH 16 2021

We took pride in knowing the changes in each other .

MARCH 16 2021

He seems like a nice person and if you see him once already diagnosed with ms, perhaps he is amazing, but my experience was not (see above).

MARCH 15 2021

Always listens and asks great questions. Very knowledgeable and I trust his opinion always!

MARCH 13 2021

Dr. Balabanov is very informative he keeps me updated with my status

MARCH 8 2021

He's so thorough. He answers all my questions. He is really optimistic and positive. There is no better doctor to treat MS

MARCH 7 2021

MARCH / 2021

I have and because I trust him

MARCH 5 2021

Es el mejor neurólogo para mi Me ayudo mucho con mi salud gracias a él ya Camino bien

MARCH 1 2021

Pays attention and answers all questions and concerns.

MARCH 1 2021

I've been having this daughter for over 15 years and that's why I would recommend him

FEBRUARY 24 2021

Again, there's personal reasons that I'm taking care of.

FEBRUARY 19 2021

Amazing doctor with great bedside manner and really listens to me

FEBRUARY 18 2021

He is the BEST

FEBRUARY 18 2021

Very professional, compassionate and knowledgeable. Addressed all symptoms.

FEBRUARY 15 2021

Thorough and wants the best for my husband.

FEBRUARY 15 2021

Dr. Balabanov is a wonderful doctor

FEBRUARY 11 2021

Dr was 45 minutes late then hung up on me.

FEBRUARY 8 2021

Very caring and listens and answers questions

FEBRUARY 8 2021

He listens, he's up to date in the latest medicines, he has a great attitude and is open to my ideas and questions.

FEBRUARY 4 2021

Great listener and showed interest into finding out the underlying issues. Went to 5 doctors who spent less than 35 mins combined assessing underlying issues.

FEBRUARY 4 2021

He's patience, has empathy and sympathy. Kind and generally personable.

FEBRUARY 1 2021

He is a very good doctor

JANUARY 28 2021

The doctor's assistant asked excellent questions. My discussion with Dr. Balabanov was excellent. His suggestions for how to remediate my issues made very good sense. I came away from our meeting with hope.

JANUARY 28 2021

He is very personable and explained clear

JANUARY 27 2021

He is very knowledgeable

Languages Spoken

Bulgarian

Faculty Profile

<http://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=35235>