



4.8 ★★★★★  
1299 Ratings

## Steven E. Mayer, MD

Northwestern Medicine Regional Medical Group

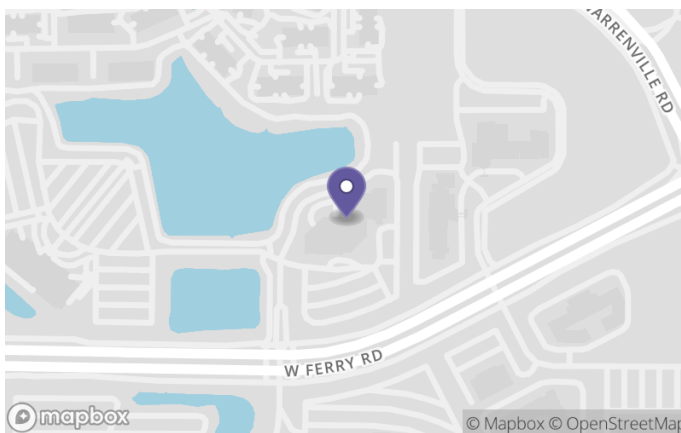
Primary Specialty

**Physical Medicine and Rehabilitation**

Secondary Specialties

**Sports Medicine**

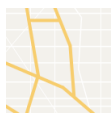
### Locations



#### Northwestern Medicine Regional Medical Group

101 E 75th St Ste 100  
Naperville, IL 60565-1469  
📍 27.97 mi

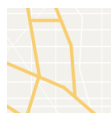
630.225.2663  
f 630.225.2399



#### Northwestern Medicine Regional Medical Group

27650 Ferry Rd Ste 100  
Warrenville, IL 60555-3845  
630.225.2663

📍 28.44 mi



#### Northwestern Medicine Regional Medical Group

351 Delnor Dr Ste 410  
Geneva, IL 60134-4220  
630.225.2663

📍 37.21 mi

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## Practice Groups and Affiliations

Medical Group	Northwestern Medicine Regional Medical Group
Alignment Category	Northwestern Medicine Physician Network
On Medical Staff At	Central DuPage Hospital Delnor Hospital Northwestern Medicine Surgery Center

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## Education

Medical Education	MD, Indiana University School of Medicine - 2002
Internship	Western Michigan University Homer Stryker MD School of Medicine - 2003
Residency	University of Wisconsin Hospitals and Clinics - 2006

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## Board Certifications

- American Board of Physical Medicine and Rehabilitation - Physical Medicine & Rehabilitation (Certified)
- American Board of Physical Medicine and Rehabilitation - Sports Medicine (Certified)

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## Practice Focus Areas

- Athlete - Older Adult
- Foot/Ankle
- Hip Disorders
- Running Injuries
- Sports Medicine
- Joint Injections
- Knee Disorders
- Musculoskeletal Medicine

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## Ratings & Reviews

At Northwestern Medicine, our patient’s feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

### Care Provider Ratings

Overall rating

4.8





1299 Ratings

## Reviews From Patients

100 Reviews

APRIL 29 2024

**Dr. Mayer is a caring and professional Dr. Explains everything clearly and takes the time to answer all my questions**

APRIL 28 2024

**Dr. Mayer was very nice and informative. He listens to his patients and gives options on several regimes that could benefit in my healing.**

APRIL 27 2024

**Everyone is good**

APRIL 24 2024

**Dr. Mayer is extremely knowledgeable and also listens to his patients.**

APRIL 23 2024

**He truly listens to his patients and cares for their well being. My mom is 80 years old and he always listens to any of her concerns. Truly a gem of a Doctor.**

APRIL 23 2024

**Very knowledgeable and personable**

APRIL 18 2024

**Excellent doctor who listens to the patient and works out a care plan customized to individual. Dr. Mayer is very friendly and personable.**

APRIL 18 2024

**Took his time, felt like I was included in the treatment plan.**

APRIL 15 2024

**His mannerism with people. He understands and listens to your concerns. He wants to help people.**

APRIL 11 2024

**I always feel listened to and he is very thorough on each visit. Never in a hurry and gives multiple options for next steps.**

APRIL 10 2024

**Dr. Mayer was professional and courteous and made me feel at ease for my first visit. His care staff, including Carol(?) I believe was her name was incredible as well!**

APRIL 5 2024

**Dr Mayer explained my issues well and respected my decision regarding my care.**

APRIL 4 2024

**Dr Mayer has been very supportive with my problems and has helped .e manage my pain.**

APRIL 4 2024

**I've seen Dr. Mayer for several years for different issues and am always pleased with the care that he and his team provide. Talk about the issue and he presents several options for treatment and he helps me decide with course of action I want to do.**

APRIL 4 2024

**He has been really helpful in helping me decide what to do about my crummy knees. He listens and explains things well.**

APRIL 4 2024

**Listened. Answered every question. Very courteous.**

APRIL 2 2024

**He showed compassion and concern, and answer all my questions.**

MARCH 27 2024

**he is nice and willing to work with me**

MARCH 26 2024

**Very kind and direct**

MARCH 22 2024

**Very clear in describing options**

MARCH 22 2024

**He is very thorough and knowledgeable.**

MARCH 15 2024

**He is very thorough and knowledgeable and make me feel comfortable.**

MARCH 7 2024

**Experienced, professional, efficient, explains everything in plain English.**

MARCH 6 2024

**Takes the time with you . Answers all your questions and explains your options.**

MARCH 6 2024

**Heâ€™s kind, knowledgeable, friendly and informative.**

MARCH 4 2024

**He listens my case and concerns carefully and gives me plenty of options for my treatment and he addressed all my problems and I'm happy with my experience.**

MARCH 2 2024

**He was thorough, caring, and very professional, more than my previous orthopedic doctor, and PA that**

He was thorough, caring, and very professional, more than my previous orthopedic doctor, and I'm glad I've used for years. So glad I got a second opinion, and now a new doctor.

FEBRUARY 29 2024

**He listens, looks, and treats you with care and professionalism**

FEBRUARY 29 2024

**I like him**

FEBRUARY 28 2024

**Clearly very knowledgeable and was an advocate for my daughter to get the proper PT for a sports injury**

FEBRUARY 21 2024

**He was friendly, explained things well and was patient in answering my questions.**

FEBRUARY 21 2024

**He listens to me. Does not push surgery which I do not want yet. Very personable.**

FEBRUARY 17 2024

**Very professional and friendly.**

FEBRUARY 16 2024

**Very attentive and thorough.**

FEBRUARY 13 2024

**Great guy, make you feel very comfortable and really knows his stuff.**

FEBRUARY 9 2024

**He was very personable and relatable and showed genuine concern for my issues. Very easy to talk to.  
Not feel rushed**

FEBRUARY 7 2024

**My doctor is awesome**

FEBRUARY 7 2024

**He is very kind and he knows what he's doing ! Great Doctor 🙌**

FEBRUARY 6 2024

**He was able to relate to my daughter's condition and was generally concerned with her care.**

FEBRUARY 6 2024

**Very nice**

FEBRUARY 3 2024

**He takes the extra step to make sure you are getting better and if something ain't working he want go and find out what it is beside saying you be fine or it's nothing like some the orthodpic I have seen before.**

FEBRUARY 3 2024

**again....putting the pt needs first**

FEBRUARY 1 2024

**Dr Mayer has helped me in so many way. When I leave after a visit my confidence level is high. Can't say enough good things about him.**

JANUARY 31 2024

**Concerned care for my issue, always helps me**

JANUARY 31 2024

**Very caring**

JANUARY 31 2024

**He paid attention to my son and answered all our questions.**

JANUARY 29 2024

**We had a very explainable conversation and I was very convinced of what the way he explained to me**

JANUARY 25 2024

**just a good doctor. he and i know what are the next steps for me. good or bad we are on the same page going forward with my health issues.**

JANUARY 25 2024

**Great care.**

JANUARY 25 2024

**He cares about his patients**

JANUARY 25 2024

**Very knowledgeable, Respectful listener, Practical diagnoses.**

JANUARY 24 2024

**Very kind. Trust his confidence in my care.**

JANUARY 23 2024

**Great Doctor.**

JANUARY 23 2024

**satisfaction**

JANUARY 19 2024

**Dr. Mayer is very supportive and kind.**

JANUARY 18 2024

**Very personable and knowledgeable.**

JANUARY 18 2024

JANUARY 18 2024

**Understanding of my needs**

JANUARY 18 2024

**Competent, easy going, knows his stuff.**

JANUARY 17 2024

**He takes his time and answers all questions. He takes his time and answers all questions, thoroughly and patiently.**

JANUARY 16 2024

**Easy to understand, and went through all my options**

JANUARY 16 2024

**very professional and he made me feel very comfortable with the anxiety I had getting the EMG! very easy to have a communication with which made it easier for me to take my mind off of getting shocked! So glad he did my EMG**

JANUARY 16 2024

**Very personable and easy to talk with**

JANUARY 11 2024

**Good guy!**

JANUARY 10 2024

**Same as above. He is especially kind to me.**

JANUARY 9 2024

**Great care**

JANUARY 3 2024

**He was on time. His service was quick, but thorough. Felt like I received the answers that I needed to receive without prompting.**

JANUARY 2 2024

**Dr Mayer is empathetic and attentive . Always respects the patient's time.**

DECEMBER 29 2023

**Highly capable MD**

DECEMBER 20 2023

**His attention to detail with patients.**

DECEMBER 19 2023

**Very concerned listens to the patient explains procedures very well before they're done very care oriented**

DECEMBER 19 2023

## **Very knowledgeable**

DECEMBER 19 2023

**He is very thorough.**

DECEMBER 17 2023

**He is very good at diagnosing and explaining.**

DECEMBER 14 2023

**Dr Mayer listens, evaluates and gives options.**

DECEMBER 14 2023

**He listens. Takes into consideration many factors before choosing options for courses of treatment and didn't push anything. Very patient practitioner**

DECEMBER 9 2023

**Overall excellent experience.**

DECEMBER 8 2023

**Straightforward and flexible.**

DECEMBER 4 2023

**He was efficient and explained things.**

DECEMBER 2 2023

**Very good at explaining the procedure and very thoughtful,**

DECEMBER 2 2023

**Same as above - very open to discussions and treated us with the utmost respect and care**

DECEMBER 1 2023

**Willing to work with you for the best outcome and help however he can.**

NOVEMBER 28 2023

**Dr. Mayer explains everything**

NOVEMBER 27 2023

**My wife and I have known him for many years.**

NOVEMBER 26 2023

**Dr. Mayer's examination revealed that I had a knot in the muscle of my lower back.**

NOVEMBER 22 2023

**Dr. Mayer exceeds expectations at every visit! Listens attentively to patient needs.**

NOVEMBER 22 2023

**He was very pleasant and personable**



NOVEMBER 19 2023

**Listens to my input, genuinely cares about helping me, makes adjustments in my care and his extensive experience**

NOVEMBER 16 2023

**Iâ€™m happy with the care I receive.**

NOVEMBER 15 2023

**Very good recommendations for pain management**

NOVEMBER 15 2023

**Works with me to address my issues**

NOVEMBER 14 2023

**He evaluates the overall health and proceeds with a conservative method.**

NOVEMBER 10 2023

**Dr. Mayer is the best !**

NOVEMBER 9 2023

**He is great also**

NOVEMBER 9 2023

**He takes time to listen and is thorough**

NOVEMBER 8 2023

**Dr. Mayer is very competent and very approachable. He asks questions and listened to my input. Very comfortable with him.**

NOVEMBER 4 2023

**Heâ€™s very good at talking me through the whole procedure, I appreciate that**

NOVEMBER 4 2023

**He is patient a good listener and has the patients best interest in mind**

NOVEMBER 3 2023

**He's the best. Knows his stuff. Diagnosed me straight away and fixed me straight away**

NOVEMBER 3 2023

**He knows me and works with me on our plan of treatment**

NOVEMBER 2 2023

**He is the most outstanding Dr. Who show he cares and looks into everything, explains everything so you understand. I would highly recommend Dr Steven Mayer to relatives, friends or anyone needing orthopedic care.**