



4.8 ★★★★★
1280 Ratings

Steven E. Mayer, MD

Northwestern Medicine Regional Medical Group

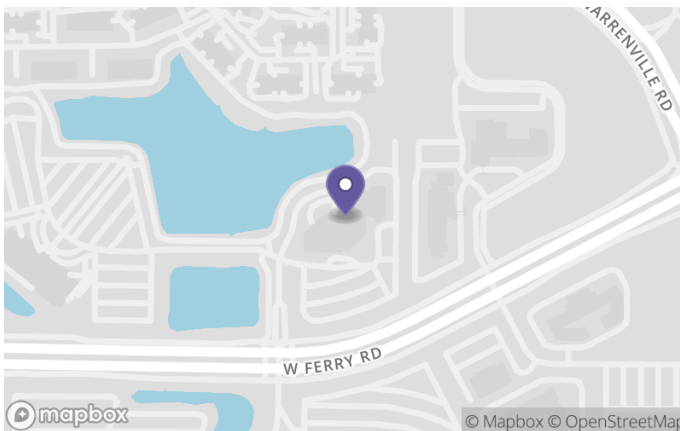
Primary Specialty

Physical Medicine and Rehabilitation

Secondary Specialties

Sports Medicine

Locations



Northwestern Medicine Regional Medical Group

101 E 75th St Ste 100
Naperville, IL 60565-1469
📍 27.97 mi

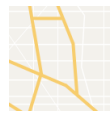
630.225.2663
f 630.225.2399



Northwestern Medicine Regional Medical Group

27650 Ferry Rd Ste 100
Warrenville, IL 60555-3845
630.225.2663

📍 28.44 mi



Northwestern Medicine Regional Medical Group

351 Delnor Dr Ste 410
Geneva, IL 60134-4220
630.225.2663

📍 37.21 mi

Practice Groups and Affiliations

Medical Group	Northwestern Medicine Regional Medical Group
Alignment Category	Northwestern Medicine Physician Network
On Medical Staff At	Central DuPage Hospital Delnor Hospital Northwestern Medicine Surgery Center

Education

Medical Education	MD, Indiana University School of Medicine - 2002
Internship	Western Michigan University Homer Stryker MD School of Medicine - 2003
Residency	University of Wisconsin Hospitals and Clinics - 2006

Board Certifications

American Board of Physical Medicine and Rehabilitation - Physical Medicine & Rehabilitation (Certified)
American Board of Physical Medicine and Rehabilitation - Sports Medicine (Certified)

Practice Focus Areas

Athlete - Older Adult	Joint Injections
Foot/Ankle	Knee Disorders
Hip Disorders	Musculoskeletal Medicine
Running Injuries	
Sports Medicine	

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

Care Provider Ratings

Overall rating

4.8





1280 Ratings

Reviews From Patients

84 Reviews

APRIL 29 2024

Dr. Mayer is a caring and professional Dr. Explains everything clearly and takes the time to answer all my questions

APRIL 28 2024

Dr. Mayer was very nice and informative. He listens to his patients and gives options on several regimes that could benefit in my healing.

APRIL 27 2024

Everyone is good

APRIL 24 2024

Dr. Mayer is extremely knowledgeable and also listens to his patients.

APRIL 23 2024

He truly listens to his patients and cares for their well being. My mom is 80 years old and he always listens to any of her concerns. Truly a gem of a Doctor.

APRIL 23 2024

Very knowledgeable and personable

APRIL 18 2024

Excellent doctor who listens to the patient and works out a care plan customized to individual. Dr. Mayer is very friendly and personable.

APRIL 18 2024

Took his time, felt like I was included in the treatment plan.

APRIL 15 2024

His mannerism with people. He understands and listens to your concerns. He wants to help people.

APRIL 11 2024

I always feel listened to and he is very thorough on each visit. Never in a hurry and gives multiple options for next steps.

APRIL 10 2024

Dr. Mayer was professional and courteous and made me feel at ease for my first visit. His care staff, including Carol(?) I believe was her name was incredible as well!

APRIL 5 2024

Dr Mayer explained my issues well and respected my decision regarding my care.

APRIL 4 2024

Dr Mayer has been very supportive with my problems and has helped .e manage my pain.

APRIL 4 2024

I've seen Dr. Mayer for several years for different issues and am always pleased with the care that he and his team provide. Talk about the issue and he presents several options for treatment and he helps me decide with course of action I want to do.

APRIL 4 2024

He has been really helpful in helping me decide what to do about my crummy knees. He listens and explains things well.

APRIL 4 2024

Listened. Answered every question. Very courteous.

APRIL 2 2024

He showed compassion and concern, and answer all my questions.

MARCH 27 2024

he is nice and willing to work with me

MARCH 26 2024

Very kind and direct

MARCH 22 2024

Very clear in describing options

MARCH 22 2024

He is very thorough and knowledgeable.

MARCH 15 2024

He is very thorough and knowledgeable and make me feel comfortable.

MARCH 7 2024

Experienced, professional, efficient, explains everything in plain English.

MARCH 6 2024

Takes the time with you . Answers all your questions and explains your options.

MARCH 6 2024

Heâ€™s kind, knowledgeable, friendly and informative.

MARCH 4 2024

He listens my case and concerns carefully and gives me plenty of options for my treatment and he addressed all my problems and I'm happy with my experience.

MARCH 2 2024

He was thorough, caring, and very professional, more than my previous orthopedic doctor, and PA that

He was thorough, caring, and very professional, more than my previous orthopedic doctor, and I'm glad I've used for years. So glad I got a second opinion, and now a new doctor.

FEBRUARY 29 2024

He listens, looks, and treats you with care and professionalism

FEBRUARY 29 2024

I like him

FEBRUARY 28 2024

Clearly very knowledgeable and was an advocate for my daughter to get the proper PT for a sports injury

FEBRUARY 21 2024

He was friendly, explained things well and was patient in answering my questions.

FEBRUARY 21 2024

He listens to me. Does not push surgery which I do not want yet. Very personable.

FEBRUARY 17 2024

Very professional and friendly.

FEBRUARY 16 2024

Very attentive and thorough.

FEBRUARY 13 2024

Great guy, make you feel very comfortable and really knows his stuff.

FEBRUARY 9 2024

**He was very personable and relatable and showed genuine concern for my issues. Very easy to talk to.
Not feel rushed**

FEBRUARY 7 2024

My doctor is awesome

FEBRUARY 7 2024

He is very kind and he knows what he's doing ! Great Doctor 🙌

FEBRUARY 6 2024

He was able to relate to my daughter's condition and was generally concerned with her care.

FEBRUARY 6 2024

Very nice

FEBRUARY 3 2024

He takes the extra step to make sure you are getting better and if something ain't working he want go and find out what it is beside saying you be fine or it's nothing like some the orthodpic I have seen before.

FEBRUARY 3 2024

again....putting the pt needs first

FEBRUARY 1 2024

Dr Mayer has helped me in so many way. When I leave after a visit my confidence level is high. Can't say enough good things about him.

JANUARY 31 2024

Concerned care for my issue, always helps me

JANUARY 31 2024

Very caring

JANUARY 31 2024

He paid attention to my son and answered all our questions.

JANUARY 29 2024

We had a very explainable conversation and I was very convinced of what the way he explained to me

JANUARY 25 2024

just a good doctor. he and i know what are the next steps for me. good or bad we are on the same page going forward with my health issues.

JANUARY 25 2024

Great care.

JANUARY 25 2024

He cares about his patients

JANUARY 25 2024

Very knowledgeable, Respectful listener, Practical diagnoses.

JANUARY 24 2024

Very kind. Trust his confidence in my care.

JANUARY 23 2024

Great Doctor.

JANUARY 23 2024

satisfaction

JANUARY 19 2024

Dr. Mayer is very supportive and kind.

JANUARY 18 2024

Very personable and knowledgeable.

JANUARY 18 2024

JANUARY 18 2024

Understanding of my needs

JANUARY 18 2024

Competent, easy going, knows his stuff.

JANUARY 17 2024

He takes his time and answers all questions. He takes his time and answers all questions, thoroughly and patiently.

JANUARY 16 2024

Easy to understand, and went through all my options

JANUARY 16 2024

very professional and he made me feel very comfortable with the anxiety I had getting the EMG! very easy to have a communication with which made it easier for me to take my mind off of getting shocked! So glad he did my EMG

JANUARY 16 2024

Very personable and easy to talk with

JANUARY 11 2024

Good guy!

JANUARY 10 2024

Same as above. He is especially kind to me.

JANUARY 9 2024

Great care

JANUARY 3 2024

He was on time. His service was quick, but thorough. Felt like I received the answers that I needed to receive without prompting.

JANUARY 2 2024

Dr Mayer is empathetic and attentive . Always respects the patient's time.

DECEMBER 29 2023

Highly capable MD

DECEMBER 20 2023

His attention to detail with patients.

DECEMBER 19 2023

Very concerned listens to the patient explains procedures very well before they're done very care oriented

DECEMBER 19 2023

Very knowledgeable

DECEMBER 19 2023

He is very thorough.

DECEMBER 17 2023

He is very good at diagnosing and explaining.

DECEMBER 14 2023

Dr Mayer listens, evaluates and gives options.

DECEMBER 14 2023

He listens. Takes into consideration many factors before choosing options for courses of treatment and didn't push anything. Very patient practitioner

DECEMBER 9 2023

Overall excellent experience.

DECEMBER 8 2023

Straightforward and flexible.

DECEMBER 4 2023

He was efficient and explained things.

DECEMBER 2 2023

Very good at explaining the procedure and very thoughtful,

DECEMBER 2 2023

Same as above - very open to discussions and treated us with the utmost respect and care

DECEMBER 1 2023

Willing to work with you for the best outcome and help however he can.

NOVEMBER 28 2023

Dr. Mayer explains everything

NOVEMBER 27 2023

My wife and I have known him for many years.

NOVEMBER 26 2023

Dr. Mayer's examination revealed that I had a knot in the muscle of my lower back.

NOVEMBER 22 2023

Dr. Mayer exceeds expectations at every visit! Listens attentively to patient needs.

NOVEMBER 22 2023

He was very pleasant and personable

NOVEMBER 19 2023

Listens to my input, genuinely cares about helping me, makes adjustments in my care and his extensive experience

NOVEMBER 16 2023

Iâ€™m happy with the care I receive.

NOVEMBER 15 2023

Very good recommendations for pain management

NOVEMBER 15 2023

Works with me to address my issues

NOVEMBER 14 2023

He evaluates the overall health and proceeds with a conservative method.

NOVEMBER 10 2023

Dr. Mayer is the best !

NOVEMBER 9 2023

He is great also

NOVEMBER 9 2023

He takes time to listen and is thorough

NOVEMBER 8 2023

Dr. Mayer is very competent and very approachable. He asks questions and listened to my input. Very comfortable with him.

NOVEMBER 4 2023

Heâ€™s very good at talking me through the whole procedure, I appreciate that

NOVEMBER 4 2023

He is patient a good listener and has the patients best interest in mind

NOVEMBER 3 2023

He's the best. Knows his stuff. Diagnosed me straight away and fixed me straight away

NOVEMBER 3 2023

He knows me and works with me on our plan of treatment

NOVEMBER 2 2023

He is the most outstanding Dr. Who show he cares and looks into everything, explains everything so you understand. I would highly recommend Dr Steven Mayer to relatives, friends or anyone needing orthopedic care.