



4.8 ★★★★★
750 Ratings

Steven E. Mayer, MD

Northwestern Medicine Regional Medical Group

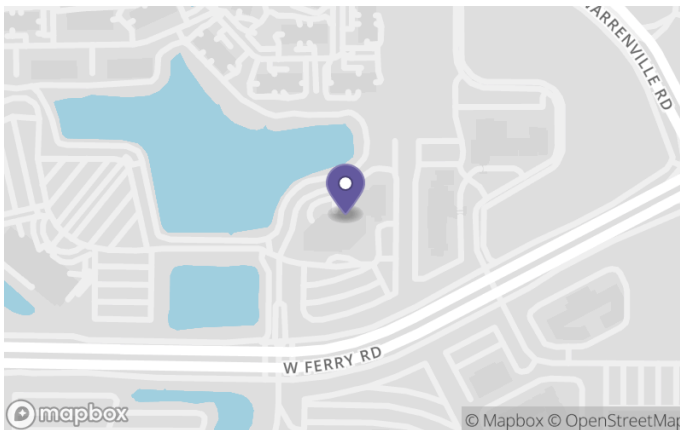
Primary Specialty

Physical Medicine and Rehabilitation

Secondary Specialties

Sports Medicine

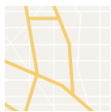
Locations



Northwestern Medicine Regional Medical Group

101 E 75th St Ste 100
Naperville, IL 60565-1469
📍 27.97 mi

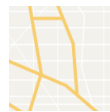
630.225.2663
f 630.225.2399



Northwestern Medicine Regional Medical Group

27650 Ferry Rd Ste 100
Warrenville, IL 60555-3845
630.225.2663

📍 28.44 mi



Northwestern Medicine Regional Medical Group

351 Delnor Dr Ste 410
Geneva, IL 60134-4220
630.225.2663

📍 37.21 mi

Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

Practice Groups and Affiliations

Medical Group	Northwestern Medicine Regional Medical Group
Alignment Category	Northwestern Medicine Physician Network
On Medical Staff At	Central DuPage Hospital Delnor Hospital Northwestern Medicine Surgery Center

Education

Medical Education	MD, Indiana University School of Medicine - 2002
Internship	Western Michigan University Homer Stryker MD School of Medicine - 2003
Residency	University of Wisconsin Hospitals and Clinics - 2006

Board Certifications

American Board of Physical Medicine and Rehabilitation - Physical Medicine & Rehabilitation (Certified)
American Board of Physical Medicine and Rehabilitation - Sports Medicine (Certified)

Practice Focus Areas

Athlete - Older Adult	Joint Injections
Foot/Ankle	Knee Disorders
Hip Disorders	Musculoskeletal Medicine
Running Injuries	
Sports Medicine	

Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

Care Provider Ratings

Overall rating

4.8



750 Ratings

Reviews From Patients

405 Reviews

AUGUST 31 2022

He is very personable. Makes you feel at ease and he's not like other orthos that rush through the exam. He takes his time and explains everything.

AUGUST 31 2022

He seemed very knowledgeable and answered any questions I had.

AUGUST 30 2022

Attentive to health concerns and thorough

AUGUST 28 2022

professional...courteous...reassuring

AUGUST 27 2022

He listens to all my issues and and set a plan that works every time.

AUGUST 27 2022

Dr. Mayer made me feel as if I were the most important person in the room, not just another patient. He was genuinely concerned about my issues and assured me that he would take care of me to resolve the problem.

AUGUST 26 2022

He may be a fantastic mechanic but if youre looking for someone whose interested in listening and digging in to solve a potential issue he's not your guy

AUGUST 25 2022

Great doctor

AUGUST 25 2022

Very friendly and knowledgeable

AUGUST 24 2022

He is very caring and understanding and knowledgeable

AUGUST 23 2022

Detail conscious to a high degree. Personal, professional.

AUGUST 23 2022

He was clear in his explanation about what was taking place step by step of the way. Kind and respectful.

AUGUST 22 2022

His knowledge

AUGUST 20 2022

HE'S PLEASANT AND LISTENS TO MY ISSUES.

AUGUST 18 2022

Ive seen Dr. Mayer off and on over the past 15 years. Im comfortable with his bed side manners when it comes to his attention to all aspects of pain management.

AUGUST 18 2022

He listens to his patients. He offers advice and a concrete treatment plan. He is open to discussion.

AUGUST 16 2022

Dr. Meyer also had a calming effect he took time to explain the procedure pre-op. During the procedure he explained everything he was doing. I would highly recommend Dr. Meyer to friends and relatives.

AUGUST 16 2022

I cannot say enough about the skill, explanations and overall professionalism of Doctor Steven E. Mayer. He very care about his patients !!!

AUGUST 13 2022

Straight to the point & listens. Awesome doctor!

AUGUST 13 2022

Mentioned I was reviewing your file for over 30 mins, but I was only 10 mins late.

AUGUST 12 2022

Gave impression of confidence and capability. No issues during or immediately after.

AUGUST 10 2022

Dr. Mayer is and has the ability to listen to patients.

AUGUST 9 2022

Great personality fun to be around and he solve my problem that's what is important

AUGUST 9 2022

He was on time and too the point.

AUGUST 8 2022

Answers all questions and concerns.

AUGUST 8 2022

Information on visit planning future healthcare .

AUGUST 7 2022

They don't come any better

AUGUST 7 2022

I believe I have received good advice and treatment, but no luck in long lasting pain relief.

AUGUST 6 2022

Dr. Maier is kind and listens to me

AUGUST 6 2022

Great Dr. Explained everything well. Very thorough. Very caring

AUGUST 5 2022

I have seen Dr. Mayer for a couple different issues and I feel safe when I am referred to him. I know that he has my best interests when we discuss the treatments available. He takes the time to make sure that I understand all options available.

AUGUST 4 2022

Communicated and listened well. His details and explanations were clear and concise.

AUGUST 4 2022

Dr. Mayer is a wonderful doctor. He listens. He's caring. Dr Mayer is awesome. I HIGHLY recommend Dr. Steven Mayer for your orthopedic need. ????? !

AUGUST 3 2022

Dr Mayer is excellent at what he does to treat his patients

AUGUST 3 2022

Dr Mayer is extremely thorough and really cares about your well-being! I've trusted him for years. Highly recommend!! A+ doctor!

AUGUST 2 2022

Very nice explained everything to me so I understood and what the plan would be going forward

AUGUST 2 2022

Dr. Mayer is extremely nice and tender. Always asking me how I feel and explaining every step of the procedure.

AUGUST 1 2022

He listens he cares and he's always on time there is never any waiting

JULY 29 2022

Listened to my concerns, addressed all of them, and helping me to resolve them!

JULY 29 2022

In every visit I've had with Dr. Mayer he has been very kind, easy to talk to and really took the time to listen to me and made me feel comfortable. He offered really good suggestions for treatment starting with the least invasive and really considered the pain I was in. He really went above and beyond trying to help me get to the bottom of what is going on.

JULY 28 2022

He listens and lays out plan and options clearly.

JULY 28 2022

Sincere, good listener, explains all options and consequences, remembers specifics about me.

JULY 27 2022

I've been a patient of Dr Meyer and he is so nice and knowledgeable.

JULY 26 2022

Dr. Mayer's attention to detail and straightforward approach were keys in my opinion.

JULY 26 2022

None better from my experience. Patient, knowledgeable, communicative and great personality.

JULY 26 2022

Interested, caring

JULY 25 2022

Excellent Dr

JULY 25 2022

He really cares for his patients. When I walked in for my appointment Dr. Mayer was literally pushing a patient who was in a wheelchair to the waiting room to meet his wife. It wasn't his nurses or anyone else - it was the doctor. He gives very personalized care to his patients. When finished with what I came in for we discussed another issue I was having and he was able to help with that as well! It helped speed up my care significantly. I would refer him to anyone :)

JULY 23 2022

Expected more detail regarding problem and possible solutions. Very brief interaction. Seemed knowledgeable.

JULY 22 2022

Dr.explain let patient know what he recommended!

JULY 13 2022

Steven E.Mayer ,MD is extraordinary professional,knowledgeable and caring doctor,

JULY 13 2022

Dr. Mayer has always been patient and professional and cats about my concerns.

JULY 13 2022

Excellent exam. Discussed treatment and ordered physical therapy.

JULY 9 2022

Friendly, caring, helpful, knowledgeable

JULY 9 2022

Very professional and caring

knows what he is doing

JULY 6 2022

Good listener, calming, professional,

JULY 4 2022

Excellent and knowledgeable

JULY 1 2022

I felt very comfortable with the doctor his bedside manners were very good and he helped me with my problem

JUNE 30 2022

On time, tries options

JUNE 28 2022

Dr Mayer is a true professional. He provided my son excellent care.

JUNE 28 2022

Was satisfied with his care which was very good!!!

JUNE 27 2022

Very caring.

JUNE 26 2022

Very professional, and knowledgeable. Answered all my questions

JUNE 23 2022

Seemed knowledgeable and ordered an MRI and I feel confident he can help me

JUNE 23 2022

His knowledge, he explains everything, he reviews prior notes or xays. Then let's you know his findings.

JUNE 21 2022

Very nice MD. Spent a sufficient amount of time with me. Explained everything well and answered all my questions.

JUNE 21 2022

He is the best! I have been going to Dr Mayer for epidurals for years.

JUNE 21 2022

Kind, good listener, wise and wholistic thinker

JUNE 18 2022

Great doctor!

JUNE 18 2022

Very personal and professional care . Takes time to care and lessen

JUNE 18 2022

He listened to my concerns and his and nurses were ad wrll very helpful ..doctor explained my procedure and made sure I understood .gave my instructions when going home..I left smiling

JUNE 17 2022

He thoroughly told me everything that was going to be done beforehand then also explained it as it was being done. He kept checking in to make sure I was doing okay.

JUNE 16 2022

To the point. Good listener.

JUNE 15 2022

He's been my Dr. for several years and I feel he cares about my health and always gives me choices for my treatment. He discusses the pros and cons to help me make the best decision for me. Takes all the time for my visit and I never feel rushes me.

JUNE 14 2022

Very thorough and on time

JUNE 14 2022

Dr Mayer is extremely knowledgeable and compassionate. I'm very grateful for his excellent care.

JUNE 14 2022

Very informative doctor

JUNE 11 2022

listens and thinks

JUNE 9 2022

He was great !!

JUNE 9 2022

Dr Mayer is very thoughtful in explaining options, a good listener and patient even when you asked the same question, he will find a different way to explain. With the medical field so specialized, it is helpful to have an advocate who can refer you to a different speciality as needed.

JUNE 9 2022

Takes times to listen to u .

JUNE 7 2022

He is easy to talk to and explain my situation and he listened and came up with my predicament how to help me

JUNE 3 2022

Excellent doctor

JUNE 3 2022

Always straight forward n helps get some pain relief without surgery first

JUNE 2 2022

Listens to concerns, helps with my pain management

JUNE 1 2022

DR.Steven E. Mayer is very good doctor,He take time and explain to my satisfaction my treatment

MAY 27 2022

He is very capable of relieving my pain and he is friendly.

MAY 26 2022

Fantastic bed side manner.

MAY 21 2022

He does a good job!

MAY 18 2022

My trust in him

MAY 18 2022

Friendly, thorough, willing to explain and answer questions

MAY 17 2022

Staff was so helpful with my mobility issues, very caring

MAY 12 2022

He's a great doctor really cares about his patients

MAY 11 2022

Dr. Mayer is caring, competent, explains the physiology/pathology well. He communicates treatment options with me. He provides the best care.

MAY 11 2022

Nicest Doctor you'll ever want to meet.

MAY 10 2022

He's very great to and explains everything

MAY 8 2022

He is very caring, good listener , administers all shots very skillfully!

MAY 3 2022

24 hours later back top if back hip pain was just as severe as before. Laying on ice pack on right hip was very painful for first 10 minutes than faded away. Got up off toilet and excruciating pain. Has to hold on the towel bar to try and straighten up and rub back / top of hip. Right leg has mild itching and not

severe sciatica, but was better before surgery maybe due to Gabapentin. Pain in hip in back is above surgical area and hurts to turn right also. Worst in am and positional. Maybe hip Injection?

MARCH 28 2022

Very knowledgeable, friendly, efficient, personable.

MARCH 26 2022

Pleased w/the manner of procedures

Website

<https://content.nm.org/rmg.nm.org>