



4.8 ★★★★★  
1301 Ratings

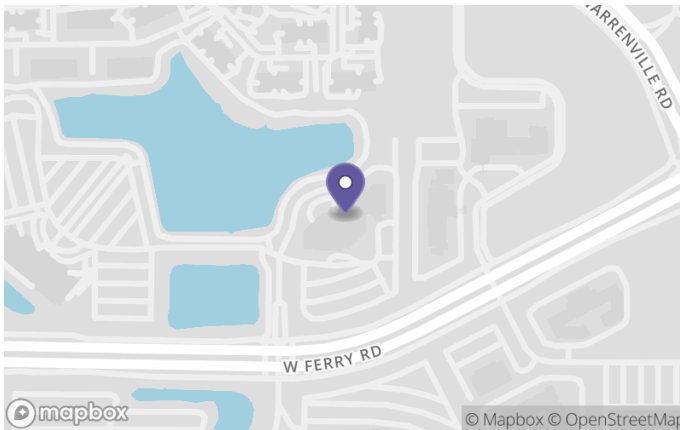
## Vinita Mathew, MD

Northwestern Medicine Regional Medical Group

Primary Specialty

**Physical Medicine and Rehabilitation**

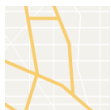
### Locations



#### Northwestern Medicine Regional Medical Group

885 Roosevelt Rd Ste 300  
Glen Ellyn, IL 60137-6141  
📍 22.18 mi

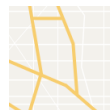
630.225.2663  
f 630.225.2399



#### Northwestern Medicine Regional Medical Group

101 E 75th St Ste 100  
Naperville, IL 60565-1469  
630.225.2663

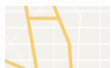
📍 27.97 mi



#### Northwestern Medicine Regional Medical Group

27650 Ferry Rd Ste 100  
Warrenville, IL 60555-3845  
630.225.2663

📍 28.44 mi



#### Northwestern Medicine Regional Medical Group



636 Raymond Dr Ste 100  
Naperville, IL 60563  
630.225.2663

📍 29.91 mi

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## Practice Groups and Affiliations

Medical Group	Northwestern Medicine Regional Medical Group
Alignment Category	Northwestern Medicine Physician Network
On Medical Staff At	Central DuPage Hospital Northwestern Medicine Surgery Center

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## Education

Medical Education	MD, University of Otago School of Medicine - 2002
Internship	SSM St Mary's Hospital-St Louis - 2005
Residency	Washington University/B-JH/SLCH Consortium - 2008

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## Board Certifications

American Board of Physical Medicine and Rehabilitation - Physical Medicine & Rehabilitation (Certified)

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## Practice Focus Areas

Athlete - Older Adult	Herniated Disc
Back/Neck/Spine	Hip Disorders
Degenerative Disc Disease	Interventional Pain Management
Joint Injections	
Musculoskeletal Medicine	

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## Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

## Care Provider Ratings

### Overall rating

# 4.8



1301 Ratings

## Reviews From Patients

87 Reviews

APRIL 29 2024

**Love her! Very nice and knowledgeable.**

APRIL 26 2024

**She listens to your concerns and gives excellent service**

APRIL 23 2024

**Dr Mathew is a Excellent Physiatrist in sports medicine,, Pain management & continued Physical therapy recommendations for activity Of daily living,working & managing disability challenges. Dr Mathew has a wonderful bedside manor,professional & extraordinary M.D. In addition her staff is excellent in care as well.**

APRIL 23 2024

**Thorough**

APRIL 22 2024

**She was nice and helpful**

APRIL 15 2024

**Dr. Mathew is an outstanding physician. She explained my condition in depth and is very personable. Thank you for providing exceptional care!**

APRIL 12 2024

**She listens like her very much!**

APRIL 12 2024

**She seemed to listen and go over everything!**

APRIL 10 2024

**I love her. I always feel like she is looking after my whole self and spirit. She really cares**

APRIL 9 2024

**So informative. So friendly. Appointment always very punctual. Wants us to call with [patient's first name] problems.**

APRIL 6 2024

**KNOWLEDGEABLE AND EXPLAINED CLEARLY**

APRIL 4 2024

**Felt very comfortable and really explained everything well**

MARCH 30 2024

**Good people on her team.**

MARCH 30 2024

**She had a nice manner and she fixed my problem!**

MARCH 29 2024

**Dr. Mathew is a wonderful professional, and I feel that I'm under competent, and professional care.**

MARCH 28 2024

**She listens and answers my questions.**

MARCH 28 2024

**Friendly.**

MARCH 26 2024

**Dr. Mathew really listened to my concerns and spent a good deal of time with me. I'm very happy with the care I received!**

MARCH 25 2024

**I like that she listens and understands.**

MARCH 22 2024

**Why not? She is great!**

MARCH 22 2024

**Very smart and thorough. Took her time with me**

MARCH 20 2024

**Went through all the steps before considering my decision. Very kind**

MARCH 18 2024

**Easy to talk to and she was very thorough and thoughtful about current and potential future needs and treatments.**

MARCH 16 2024

**Dr. Was very clear with her expectations.**

MARCH 14 2024

**She is an excellent doctor. She found the reason for my pain immediately after several other doctors were looking in the wrong places.**

MARCH 12 2024

**X your attention**

MARCH 12 2024

MARCH 12 2024

**She is great, very nice and her experience make you feel safe. I know with the MRI she'll have more elements to take next step on my treatment. Thanks!**

MARCH 12 2024

**Very Concerned & Patients**

MARCH 5 2024

**Good service**

MARCH 5 2024

**Dr. Mathew, is very knowledgeable and cares about her patience. She's an overall amazing person and doctor.**

MARCH 5 2024

**Very knowledgeable, takes time with me as a patient, explains things well and answers all questions. She is great at getting me the help and relief I need.**

MARCH 5 2024

**Over time Dr Mathew has addressed & provided me with Great care.Her knowledge and care plans have changed my life so much.**

MARCH 5 2024

**Dr. Mathew has been crucial in managing my pain and keeping track of my improvements on a regular basis. She is irreplaceable.**

MARCH 4 2024

**Dr Mathew is very efficient, easy to talk to and explains situations well.**

MARCH 4 2024

**Very thorough, takes time with patients, good follow up**

MARCH 1 2024

**Dr. Mathew has very good bedside manner. She also listens very closely to what you are saying in regard to your symptoms and then deploys the proper course of treatment. I was practically crippled and in so much pain when I first started seeing Dr. Mathew approx 18/months ago. Today I am doing so much better itâ€™s almost miraculous. Iâ€™m very glad I chose Northwestern but I knew doctors would be excellent as my sister was treated in spinal cord unit at Northwestern spinal cord unit after a catastrophic accident. I love Dr. Mathew! Sheâ€™s the best!**

FEBRUARY 28 2024

**Dr Mathew reviewed the MRI with me. She provided a clear diagnosis and provided me with different treatment options. She was personable and described the pros and cons of each option. I felt confident that she was very knowledgeable.**

FEBRUARY 27 2024

**She explained exactly what she was going to do, how it was to be done and walked me through each step**

**as she was doing the test. I was initially very nervous but after a few minutes with her, I knew I was in good hands.**

FEBRUARY 27 2024

**Thorough. Listens to our problems and help find solutions.**

FEBRUARY 25 2024

**Dr. Mathew is simply extremely gifted at her medical elective. In the very first visit she gained all of my confidence ... which makes me very confident going forward.**

FEBRUARY 24 2024

**Dr Mathew has a great bedside manor she explains everything that is easy to understand and has empathy for her Patients**

FEBRUARY 20 2024

**She is a kind, gentle person with great knowledge and the ability to talk to you on your level so that you understand exactly what is happening. She gives you options and let you choose.**

FEBRUARY 20 2024

**She knows her stuff and ids attentive to patientâ€™s needs.**

FEBRUARY 20 2024

**She is highly professional with a direct focus on helping the patient.**

FEBRUARY 20 2024

**She was pleasant, listen to me, addressed my issue and made recommendations**

FEBRUARY 18 2024

**Listens to me and responds with good care suggestions**

FEBRUARY 16 2024

**Talk to me. break it down for me .explain everything for me lâ€™m very thankful**

FEBRUARY 16 2024

**Dr Mathew is well prepared, listens & observes. She puts together a plan: to hear you, detect the source of your problem, and work with you to find a solution. She has had her own serious injuries in the oast, so she is compassionate & knowledgeable! and a great source of hope! Her team is soooo helpful too!**

FEBRUARY 14 2024

**Dr. Mathew & her staff are always very pleasant & considerate of me as a patient & concern for my heath issue.**

FEBRUARY 9 2024

**Explained how we will proceed in my care**

FEBRUARY 9 2024

**Explains the whole process she will do**

FEBRUARY 7 2024

**Explains in detail what's wrong and what's your best option**

FEBRUARY 7 2024

**Listens to my needs and explains everything as we go through treatment**

FEBRUARY 6 2024

**Explains everything very well, and great results.**

FEBRUARY 5 2024

**Dr Mathew explained everything and helpful**

FEBRUARY 5 2024

**Understanding compassionate**

JANUARY 31 2024

**I found her to be pleasant as well as patient with my questions. She took time to check my mobility and history considering my age and seemed understanding with my concerns, Dr, Mathew gave me her opinion of what she felt I was dealing with, how to cope and what procedures to take regarding Rx and therapy. She was very clear and open...I liked her and left reassured.**

JANUARY 30 2024

**She was great at explaining everything.**

JANUARY 30 2024

**Friendly, informative, created a plan.**

JANUARY 30 2024

**Dr, Mathew Is A Very Good!! Dr & A Good Listener .**

JANUARY 27 2024

**Excellent clinician , very personable.**

JANUARY 25 2024

**Because I really like the way she asks questions and really listens to her patients. Feeling heard by your health provider is vitally important!**

JANUARY 25 2024

**Dr. Mathew listens to what I describe. I appreciate the way she tells me everything she is doing when she gives an injection.**

JANUARY 24 2024

**Dr Mathew is very knowledgeable about my conditions regarding Spine & anatomy of body components. Regarding my neuropathy & Pain management she has made me as comfortable as can be Dr Mathew has improved my ADLs so much. I m very grateful for her genuine care,expertise & guidance with direction of P.T. and understanding of -my modelities. I am forever grateful she is always there to help**

**with ROMs & her Staff, Erica and Team" very professional & Pleasant.**

JANUARY 22 2024

**Very comfortable with her**

JANUARY 19 2024

**Dr. Mathew and Erika are the best team. they work great together and made sure all next steps were in order.**

JANUARY 18 2024

**Thank you**

JANUARY 16 2024

**Dr. Mathew gave me her undivided attention about my pain and a plan to treat it. Along the way, we decided the next move to help me.**

JANUARY 15 2024

**I love the way she pays attention to my needs.**

JANUARY 15 2024

**She is very great knowledgeable doctor**

JANUARY 15 2024

**Dr. Mathew takes an interested medical concern for her patients.**

JANUARY 13 2024

**Dr. Mathew is gentle and shows genuine concern. She has a good sense of humor. She shares both medical and insurance knowledge to support my overall wellbeing.**

JANUARY 5 2024

**Friendliness and professionalism**

JANUARY 4 2024

**Dr Mathew is great. She is very talented and I feel confident in her care**

JANUARY 2 2024

**Dr. Mathew is excellent at her specialty. I have recommended her to other colleagues. I have full confidence in her skills.**

JANUARY 1 2024

**She's terrific ðŸ™**

DECEMBER 29 2023

**The doctor listened to me and took me seriously about my pain and gave me hope.**

DECEMBER 26 2023

**Extremely personable and willing to listen and answer questions. Explores and presents treatment/surgery options**



**surgery options.**

DECEMBER 24 2023

**She takes a personal approach with the care and treatment**

DECEMBER 23 2023

**I have already recommended her to my sister and others as Doctor Mathew was able to help us with our pain issues. I have never had such relief.**

DECEMBER 21 2023

**Multiple members of my family already go to her for her skill**

DECEMBER 21 2023

**Dr Mathew really seemed to care about me and my problems.**

DECEMBER 19 2023

**Always prepared for your visit. Always on time. Good coordination with other office staff. They work as a team.**

DECEMBER 18 2023

**Understand me try to help me to find solution for my situation**

DECEMBER 14 2023

**Very good**

DECEMBER 14 2023

**She listened & cared what I had to say. Her recommendations for treatment were perfect for me.**

DECEMBER 12 2023

**She is wonderful**

DECEMBER 11 2023

**As always she is kind and trying her best to help me deal with the pain**

DECEMBER 7 2023

**Very informative**

DECEMBER 7 2023

**Dr Mathew has given me the care and direction of living With my disability, pain management, rehabilitation I trust Dr Mathew very much She is very kind and special to -me as a teaching physician as Well.Im grateful for her genuine care.**

DECEMBER 7 2023

**Dr Mathew is always willing to try alternative ways to treat my pain and muscle cramping. Trigger point injections have been very helpful in relieving my shoulder, elbow and CMC thumb pain and upper back cramping**

DECEMBER 5 2023

DECEMBER 5 2023

**Personable. Helpful. Easy to work with.**

DECEMBER 5 2023

**Listened, efficient and explained well. Her nurse or assistant, Elizabeth, that first met with me was wonderful.**

DECEMBER 5 2023

**Dr. Vinita listen to you very well. Explain nicely and taking care of the problem with politeness with smile. She is the best.**

DECEMBER 4 2023

**Same as above, but adding that her nurse was also amazing.**

DECEMBER 4 2023

**She's a wonderful doctor**

DECEMBER 1 2023

**Dr. Mathew is very gentle, she answers your questions, if you gave any, and explains what she is going to do. Dr. Mathew is great.**

DECEMBER 1 2023

**Dr. Matthew is very interested in what is best for my medical health.**

DECEMBER 1 2023

**I am very happy with Dr Mathew's questions, diagnosis, pain relief and offering various options.**

NOVEMBER 30 2023

**Explain good**

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## **Languages Spoken**

Hindi

Malayalam