



4.9 ★★★★★

192 Ratings

## Vinita Mathew, MD

Northwestern Medicine Regional Medical Group

Primary Specialty

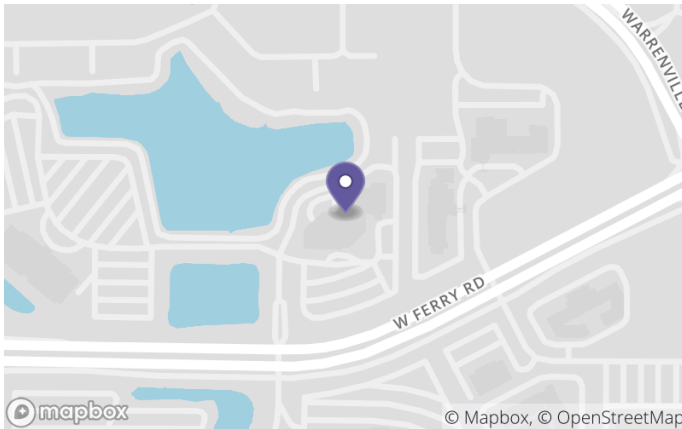
**Physical Medicine and Rehabilitation**

Secondary Specialties

physicalmedicineandrehabilitation

● Accepts New Patients

### Locations



#### Northwestern Medicine Regional Medical Group

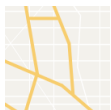
885 Roosevelt Rd Ste 300

Glen Ellyn, IL 60137-6141

📍 22.18 mi

630.225.2663

f 630.225.2399



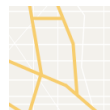
#### Northwestern Medicine Regional Medical Group

101 E 75th St Ste 100

Naperville, IL 60565-1469

630.225.2663

📍 27.97 mi



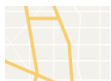
#### Northwestern Medicine Regional Medical Group

27650 Ferry Rd Ste 100

Warrenville, IL 60555-3845

630.225.2663

📍 28.44 mi



#### Northwestern Medicine Regional Medical Group



636 Raymond Dr Ste 100  
Naperville, IL 60563  
630.225.2663

📍 29.91 mi

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## Insurance Accepted

Insurance plans are subject to change. View insurance plans accepted at each hospital and by each NMHC physician group.

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## Practice Groups and Affiliations

Medical Group	Northwestern Medicine Regional Medical Group
Physician Category	nmpn rmg
On Medical Staff At	Central DuPage Hospital Northwestern Medicine Surgery Center

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## Education

Medical Education	MD, University of Otago School of Medicine - 2002
Internship	SSM St Mary's Hospital-St Louis - 2005
Residency	Washington University/B-JH/SLCH Consortium - 2008

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## Board Certifications

American Board of Physical Medicine and Rehabilitation - Physical Medicine & Rehabilitation (Certified)

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## Practice Focus Areas

Back/Neck/Spine	Joint Injections
Hip Disorders	Shoulder Problems
Interventional Pain Management	Spinal Injections
Trigger Point Injections	
Worker Injuries/Compensation	

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## Ratings & Reviews

At Northwestern Medicine, our patient's feedback is important to us. While different care providers have their own unique strengths, we strive to be as transparent as possible with our quality of care. [Read more](#)

## Care Provider Ratings

### Overall rating

4.9



192 Ratings

### Reviews From Patients

166 Reviews

NOVEMBER 13 2020

**Very positive and reassuring**

NOVEMBER 13 2020

**Friendly and on time**

NOVEMBER 13 2020

**She is patient and understanding. Empathic towards patients**

NOVEMBER 13 2020

**Always attentive to needs and explain the results**

NOVEMBER 12 2020

**Good listener, knowledgeable and put together a plan that will be helpful**

NOVEMBER 12 2020

**Knowledgeable and helpful**

NOVEMBER 6 2020

**Kind , compassionate and thorough practitioner and staff**

NOVEMBER 5 2020

**She does listen and was helpful.**

NOVEMBER 5 2020

**They are effective and Efficient**

NOVEMBER 4 2020

**Seemed though. Explained everything well**

NOVEMBER 4 2020

**Doctor and staff very good**

NOVEMBER 3 2020

**She understood everything I said and explained the reason of problems I have**

NOVEMBER 3 2020

**Expert doctor and best service**

NOVEMBER 3 2020

**Very attentive, answered all my questions.**

NOVEMBER 3 2020

**Great care, everyone was super kind and attentive. Erica the nurse, the X-ray tech and Dr. Mathew were all wonderful.**

NOVEMBER 2 2020

**Dr Mathews is very thorough and professional and explains why I am having pain.**

NOVEMBER 1 2020

**I would highly recommend Dr Matthew!She is very knowledgeable,professional-and kind.Great bedside manor.**

NOVEMBER 1 2020

**Dr Matthew, Erica and all employees-from the time you enter the building and reception area.They are all very courteous.And getting a appointment operators ,front desk and PCAs & related Employees are professional and kind.Dr Matthew gives me excellent care always.In addition Erica always calls meback same day,when I'm not feeling wellor having concerns.**

OCTOBER 30 2020

**Explained everything well, very helpful**

OCTOBER 30 2020

**Friendly knowledgeable staff**

OCTOBER 30 2020

**So kind**

OCTOBER 30 2020

**Great team**

OCTOBER 28 2020

**Service was excellent**

OCTOBER 28 2020

**Excellent service highly recommend it**

OCTOBER 28 2020

**Very understanding**

OCTOBER 28 2020

**Made everything very clear**

OCTOBER 26 2020

**She's a great doctor, and I coming to her**

OCTOBER 26 2020

**She is irreplaceable as far as I am concerned. She treats with care.**

OCTOBER 26 2020

**They are a great, caring people who work well together. I feel so lucky to have found them.**

OCTOBER 23 2020

**She actually cares about her patients and she examined my pain and my body condition health wise and realized the intense pain I am in. She gave me steps to take and suggestions which I took and pursued them. I highly recommended her**

OCTOBER 23 2020

**The service I received at that office**

OCTOBER 20 2020

**She was easy to understand. She understood me and was able to pinpoint my issues.**

OCTOBER 20 2020

**It was a pleasant experience. Timely, courteous, knowledgeable people.**

OCTOBER 20 2020

**She is sincere and knowledgeable**

OCTOBER 20 2020

**Doctor and staff are friendly**

OCTOBER 17 2020

**friendly people - explaining procedure and follow up**

OCTOBER 17 2020

**Knowledgeable, kind, and understanding.**

OCTOBER 13 2020

**I super glued accidentally my eye shut and I've been to three different places & no one could help me so thanks to Wheaton eye that got my eye open thanks**

OCTOBER 12 2020

**Dr. Mathew is so very kind and caring. She really listens to the patient and provides excellent care**

OCTOBER 12 2020

**Listens and knows what your issue's are What's needed for your care**

OCTOBER 12 2020

OCTOBER 12 2020

**Open honest care**

OCTOBER 12 2020

**She is careful and listens to her patients.**

OCTOBER 12 2020

**I have an incurable stenosis so not much could be done on my first visit.**

OCTOBER 8 2020

**She is thorough, patient and caring.**

OCTOBER 8 2020

**I always receive the very best care at all my appointments.**

OCTOBER 6 2020

**Dr. Mathew was very thorough.**

OCTOBER 6 2020

**Great care!**

OCTOBER 5 2020

**always helpfull**

OCTOBER 5 2020

**always good advice**

OCTOBER 5 2020

**Dr Matthew was very personable, thorough in explaining procedure, preparing me as a patient for what I'd experience, very compassionate. Excellent clinician.**

OCTOBER 5 2020

**Thorough, friendly staff throughout my visit.**

OCTOBER 2 2020

**Knowledgeable, patient, listens and gives advice**

OCTOBER 2 2020

**Professional, courteous and efficient**

OCTOBER 2 2020

**She takes the time to discuss your complaints and provides a complete treatment plan**

OCTOBER 2 2020

**Very professional staff from the time they check you in until you check out**

OCTOBER 2 2020

**Dr. Mathew and her team are so kind and helpful!**

OCTOBER 1 2020

**Knowledgeable and quick, friendly service**

SEPTEMBER 29 2020

**She's my favorite!**

SEPTEMBER 29 2020

**I have experience wonderful compassionate care from the ortho staff.**

SEPTEMBER 25 2020

**Is a very caring person**

SEPTEMBER 25 2020

**Dr. Mathews is very thorough and explains the reasons for the pain so that I can understand them.**

SEPTEMBER 25 2020

**Dr. Mathew took the time to listen to my needs and answered any questions I had.**

SEPTEMBER 25 2020

**The staff was so friendly, patient, and kind. The doctor and the nurse were very attentive to my issues.**

SEPTEMBER 25 2020

**In the past I have met dismissive doctors regarding the pain I am feeling. She was warm and kind and very empathetic. She was onboard with my decision I didn't want to keep the wait and see pattern I've been in for 8 weeks. I liked that she listened and her answers helped assure me I had been taking the right steps leading up to this appointment.**

SEPTEMBER 25 2020

**Readily available appointments, great teamwork between the coworkers.**

SEPTEMBER 24 2020

**She explained everything she was going to do to me told me that it could be painful told me everything I needed to know**

SEPTEMBER 24 2020

**Very nice all the way around from the 1st minute you walk in to seeing the doctor**

SEPTEMBER 24 2020

**Very thorough exam.**

SEPTEMBER 24 2020

**Thorough exam.**

SEPTEMBER 23 2020

**Dr. Matthew is compassionate and very pro-active in getting to the cause of my back issue. She is kind and helpful along with the staff.**

SEPTEMBER 23 2020

**Dr. Matthew is compassionate and very pro-active in getting to the cause of my back issue. She is kind and helpful along with the staff.**

SEPTEMBER 22 2020

**She is a very good specialist so nice person and take the time for listening all your consent**

SEPTEMBER 22 2020

**Is really good service**

SEPTEMBER 21 2020

**Very attentive to my needs, questions, concerns. Comfortable \bedside manner\" & demeanor."**

SEPTEMBER 21 2020

**Am very happy and impressed with Dr Mathew, and the NW system in general.**

SEPTEMBER 21 2020

**I would definitely recommend Dr. Mathew. She has been most helpful in addressing chronic issues with my spine. I appreciate her attention and professionalism, and that she always offers a range of treatment options.**

SEPTEMBER 20 2020

**Very pleasant makes you feel very relaxed nurses included**

SEPTEMBER 20 2020

**Very easy process. Felt comfortable with the tele medicine platform. Dr. Mathew is excellent. Very thorough and kind.**

SEPTEMBER 18 2020

**Doctor gave me clear direction on how to proceed**

SEPTEMBER 17 2020

**Personalized care**

SEPTEMBER 17 2020

**Good physicians**

SEPTEMBER 14 2020

**She is Great!!**

SEPTEMBER 14 2020

**The Doctors are Great!! The surgery center procedure room staff not so much. During my Shot procedure on August 20th my left foot was fractured when it hit a railing. I know I was moving around during the procedure that's probably why the railing was up. I was pretty out of it because I was coming out of anesthesia but remember hitting my foot on the railing. Why wasn't the railing put down for me to get off the table. The manager of the Surgery Center said no one saw anything which sounds even worse. When I was sitting off the table...**



**was no one watching me getting off the table???? I got an x-ray the following Monday after going to Dr. Ignatius. They said no foot bone injury. So 2 weeks later I go to Dr. Matthew for follow up and she sends me to Dr. Cisko. That takes another week to see her. So on September 10th Dr. Cisko says she thinks I have a hairline fracture or 2 and that's why it still hurts so much. I am NOT going to sue anyone!! I would just like a little something for me PAIN and SUFFERING. I now have to stay off my foot for three weeks. I am a realtor and I can't work if I can't walk. FYI, If I need more shots in my back, I would go back to Dr Matthew and the surgery center. Accidents do happen and maybe I moved too fast, who knows.**  
**Sincerely, Mary Ann Manna**

SEPTEMBER 14 2020

**Attentive and Knowledgeable on patients needs**

SEPTEMBER 14 2020

**Several medical issues are being immediately resolved**

SEPTEMBER 11 2020

**Very thorough and explaining condition and options**

SEPTEMBER 11 2020

**excellent care and interest.**

SEPTEMBER 10 2020

**Excellent care and bedside manner**

SEPTEMBER 10 2020

**Excellent care**

SEPTEMBER 8 2020

**Dr. Mathew was very pleasant and courteous. She listened attentively to my complaint and explained options very clearly.**

SEPTEMBER 8 2020

**The access to the Naperville facility is extremely difficult especially for patients who have back and leg problems which makes it difficult to navigate the ramp.**

SEPTEMBER 4 2020

**Dr. Matthew is totally Terrific !!**

SEPTEMBER 4 2020

**I just truly love all of the services which I have received from Northwestern Medicine Staffing. Dr. Vinita Matthew is Excellent, Skilled, Knowledgeable, Sincere, Kind, as well as a medical doctor friend.**

SEPTEMBER 4 2020

**Dr. Mathew was extremely pleasant, kind, and knowledgeable. She took time to discuss my issues and review my care plan.**

SEPTEMBER 4 2020

**Smooth, seamless experience from start to finish.**

SEPTEMBER 1 2020

**Doctor determined just what I'm in need of medically Gave information thoroughly so I could make adequate decision**

SEPTEMBER 1 2020

**Dr. Mathew takes her time to make herself familiar with my reason for visit prior to entering the exam room. She take time to talk with me and ask additional questions and presents her opinions and any options for treatment. I am a returning patient.**

SEPTEMBER 1 2020

**Superb combination of warmth and knowledge. IQ and EQ.**

SEPTEMBER 1 2020

**Professionalism of staff EMR makes it totally integrated.**

SEPTEMBER 1 2020

**Very pleasant and explained what she diagnosed my were. Listened to my concerns.**

SEPTEMBER 1 2020

**Dr mathew was very thorough and took the time to listen to my issues. Erica, nurse, also was attentive to my needs.**

AUGUST 31 2020

**Dr Mathew is very compassionate. She is an excellent physician and knows her patient well.**

AUGUST 31 2020

**Thorough and excellent care**

AUGUST 31 2020

**Dr Matthew is very professional,direct.Patient relatable and helps me manage.My neuropathy and pain very well..In addition pleasant bed side manor..I am very confident in here directions.Of care.I am fortunate to have Dr Matthew.as my physiatrist. She really cares about.my quality of care.**

AUGUST 31 2020

**Dr Mathew is very thorough, friendly and understands my issues. She makes my trigger point and nerve block appointments very soothing when I'm nervous about needles..I'm bringing my daughter to her for similar issues.**

AUGUST 31 2020

**She took the time to thoroughly explain my MRI and treatment options. She didn't rush the session and made sure to listen to my symptoms.**

AUGUST 27 2020

**She listens and she's great!**

AUGUST 27 2020

**Very concerned about your needs**

AUGUST 24 2020

**Awesome care as always**

AUGUST 22 2020

**Dr. Mathew is a true professional and has my complete faith as a doctor. She is great to talk with and handles my issues with class and care. She is wonderful !!!!**

AUGUST 20 2020

**Dr. Vinita Mathey is very professional, kind, and explains very well for every single step of the procedure she did. I am very pleased to have met a physician like her.**

AUGUST 18 2020

**She has helped me tremendously. She is a caring, excellent physician. She has reduced my pain and I am grateful to have her as my Doctor.**

AUGUST 18 2020

**I have had a great experience with Dr. Mathew and highly recommend her to everyone who is suffering from back pain.**

AUGUST 18 2020

**Dr. Mathew is great. Thorough exam, assessment and plan. Extremely friendly.**

AUGUST 18 2020

**Onsite xray and physical therapy. Vinita was very helpful and took the time to explain my situation in detail and did not make me feel rushed. It was a very personally positive experience.**

AUGUST 15 2020

**Dr. Mathew made me feel very secure in her diagnosis.**

AUGUST 15 2020

**A good person made me feel very safe and I talk to myself to feel good**

AUGUST 15 2020

**Dr. Mathew is a caring personable physician. I find her knowledgeable and explains things clearly about my treatment.**

AUGUST 11 2020

**Dr. Mathews was very thorough in her examination and advice for my follow-up plan.**

AUGUST 11 2020

**Dr. Mathew was very caring and helpful.**

AUGUST 11 2020

**She was thorough and easy to relate to. It was evident that she is a capable and experienced doctor.**

AUGUST 10 2020

**I think she is great! She has great people skills and professional skills.**

AUGUST 10 2020

**Very professional and nice.**

AUGUST 7 2020

**She always treated me very professionally and gave me so much attention and care. I was very comforted by her.**

AUGUST 5 2020

**I felt like although she explained my MRI to me very well , her bedside manners are not that great . I felt rushed . I felt like she was a but unfriendly.**

AUGUST 3 2020

**Very informative and understanding of my issue's. Plan of care initiated.**

AUGUST 3 2020

**Very personable, did not rush, very thorough**

AUGUST 2 2020

**Very knowledgeable and showed a concern regarding health issues..also flexible to my needs to make future appointments closest to me.**

JULY 31 2020

**Dr Mathew was very good, thorough, and understanding of my situation and symptoms.**

JULY 31 2020

**She is very helpful and thoroughly explained my x rays of my arthritic knees and hips. She gave me options to deal with the pain.**

JULY 30 2020

**Very courteous, great at .Answering my questions.Pleasant experience ...**

JULY 29 2020

**First, I was referred by others, and they were right. She delivered bad news with delicacy and professionalism. Her staff is superb as well.**

JULY 28 2020

**Dr Mathew was SUPER approachable and friendly. She made sure I understood every aspect of my situation as well as the plan for treatment. She didn't rush through ANY part of my visit, and took extra time to go over my MRI results with me. I had a GREAT visit.....**

JULY 27 2020

**She listens and discusses options without pressure.**

JULY 27 2020

**Always thorough, listens and discusses options, never pressured.**

JULY 27 2020

**Dr Mathews is very thorough with her explanation of the upcoming injection procedures. She is very caring and takes time to listen to all the symptoms and pain levels And concerns that I have.**

JULY 27 2020

**Very professional, and nice.**

JULY 24 2020

**Very friendly, thorough and explained everything. Great information on my condition.**

JULY 24 2020

**Very thorough and friendly. She explained what she was recommending and why.**

JULY 23 2020

**Very professional and welcoming, was able to explain situations concerning health going forward.**

JULY 21 2020

**She always gives me a good feeling when I leave.**

JULY 20 2020

**She was thorough in exam and explanations of process and findings. Lovely balance of professionalism and enthusiasm in her approach/personality.**

JULY 16 2020

**She was very helpful and easy to talk to. She gave me options on what we could do.**

JULY 16 2020

**Excellent care and excellent physician. She explains everything thoroughly and is always very kind.**

JULY 6 2020

**The doctor was extremely informative, explained everything before and during test. It was helpful because she knew it was an uncomfortable test and by communicating all the way through it made it easier to tolerate. She was very good at her job, and friendly too!**

JULY 1 2020

**Dr. Mathews was very thorough in explaining my situation... Also gave options for treatment....**

JUNE 30 2020

**Thoughtful, caring, treatment.**

JUNE 27 2020

**The treatment of cortisone shot was extremely painful, but Dr. Matthew is very nice.**

JUNE 27 2020

**DR. MATHEW IS EXCELLENT. KNOWLEDGABLE. AND HAS A GREAT SENSE OF HUMOR. I AM DOING MUCH**

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**BETTER WITH THE WORK AND CARE OF DR. MATHEW.**

JUNE 27 2020

**Vinita is very knowledgeable & she likes my jokes.**

JUNE 25 2020

**She is a doctor who takes time to listen and explain things.**

JUNE 25 2020

**She listens.**

JUNE 23 2020

**Very empathic,thinks outside the box,listens,discusses. I feel she cares,lovely woman,wonderful doctor.**

JUNE 20 2020

**Very personable, caring, friendly and knowledgeable.**

JUNE 20 2020

**Very professional, explained procedure to me before each step of doing the procedure. Very gentle and kind.**

JUNE 20 2020

**She really knows what she's doing.**

JUNE 19 2020

**She listens to me and truly cares about my well being**

JUNE 12 2020

**Professional and accurate**

JUNE 12 2020

**Dr Mathew is very professional and cares about my issues.**

JUNE 11 2020

**She listen to what you say very nice atmosphere. Explains evey thing to you. Does not jump in an look at you crazy like some doctors do.**

JUNE 9 2020

**She is compassionate, knowledgeable and gentle physician.**

JUNE 5 2020

**She answered my questions and had alternative methods to help me find resolution to my health issue**

JUNE 5 2020

**Dr Mathew was very attentive.**

JUNE 5 2020

**She is always trying to take steps to improve my condition.**

JUNE 2 2020

**She's The Best!! Shows a lot of concern for you and your issues**

JUNE 1 2020

**Dr. Mathew is everything a doctor should be. She listens, asks pertinent questions, states what treatment options are, stating pros and cons, gives her recommendation and explains why and then asks if I understand and what do I think/prefer. There is also no pressure to accept her recommendation, and I actually felt encouraged to freely discuss and choose. You should be proud to have her on staff.. I had worked for a large health care organization, and if they would have more caring doctors as Dr. Mathew their health care experience would be among the top in the country (which they never were).**

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### **Languages Spoken**

hindi

malayalam

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### **Website**

<https://content.nm.org/rmg.nm.org>